

联合阿司匹林肠溶片和氯吡格雷在冠心病心绞痛临床治疗中的应用

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【摘要】目的：分析探讨阿司匹林肠溶片联合氯吡格雷在冠心病心绞痛临床治疗中的应用效果。方法：选取我院2018年10月-2021年10月接收治疗冠心病心绞痛患者80例为观察对象，随机将其分为观察组与对照组，其中对照组患者采用阿司匹林肠溶片治疗，观察组患者采用阿司匹林肠溶片联合氯吡格雷治疗，将两组患者治疗后的血清胆红素改善情况、不良反应发生率、治疗效果以及患者生活质量进行比较。结果：观察组患者血清胆红素改善度明显优于对照组，两组数据对比差异有统计学意义（ $P<0.05$ ）；观察组患者不良反应发生率低于对照组，两组数据对比差异有统计学意义（ $P<0.05$ ）；观察组患者临床治疗总有效率高于对照组，两组数据对比差异有统计学意义（ $P<0.05$ ）；观察组患者生活质量评分均优于对照组，两组数据对比差异有统计学意义（ $P<0.05$ ）。结论：采用阿司匹林肠溶片联合氯吡格雷治疗冠心病心绞痛患者可以有效改善临床指标情况，降低不良反应发生率，提高患者治疗效果，值得推广使用。

【关键词】阿司匹林肠溶片；氯吡格雷；冠心病；心绞痛；临床治疗

Clinical Application of Aspirin Enteric Coated Tablets Combined with Clopidogrel in the Treatment of Coronary Heart Disease and Angina Pectoris

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Abstract: Objective: To analyze the clinical effect of aspirin enteric coated tablets combined with clopidogrel in the treatment of coronary heart disease angina pectoris. Methods: 80 patients with angina pectoris of coronary heart disease who were treated in our hospital from October 2018 to October 2021 were selected as the observation objects, and they were randomly divided into the observation group and the control group. The patients in the control group were treated with aspirin enteric coated tablets, and the patients in the observation group were treated with aspirin enteric coated tablets combined with clopidogrel. The improvement of serum bilirubin, incidence of adverse reactions The therapeutic effect and quality of life of patients were compared. Results: The improvement of serum bilirubin in the observation group was significantly better than that in the control group, and the difference between the two groups was statistically significant ($P<0.05$); The incidence of adverse reactions in the observation group was lower than that in the control group, and the difference between the two groups was statistically significant ($P<0.05$); The total effective rate of clinical treatment in the observation group was higher than that in the control group, and the difference between the two groups was statistically significant ($P<0.05$); The quality of life scores of patients in the observation group were better than those in the control group, and the difference between the two groups was statistically significant ($P<0.05$). Conclusion: Aspirin enteric coated tablets combined with clopidogrel can effectively improve the clinical indicators of patients with coronary heart disease angina pectoris, reduce the incidence of adverse reactions, and improve the treatment effect of patients, which is worth popularizing.

Keywords: Aspirin enteric coated tablets; Clopidogrel; Coronary heart disease; Angina pectoris; Clinical treatment

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	80.54 ± 1.64	88.75 ± 2.64	88.98	
± 1.65	88.97 ± 1.21	80.66 ± 1.43		
	66.73 ± 3.16	73.24 ± 1.30		
77.63 ± 1.42	79.46 ± 1.77	$68.21 \pm$	AB	
2.92				
	P<0.05			

3 讨论

P<0.05

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