

研究优化急诊护理流程在急诊胸痛患者抢救中的效果

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【摘要】：目的：分析抢救急诊胸痛患者时实施优化急诊护理流程的效果。方法：选取 2020 年 7 月至 2021 年 12 月收治的急诊胸痛患者 74 例，随机分为观察组和对照组各 37 例，对照组给予常规急诊护理流程，观察组实施优化急诊护理流程，对比效果。结果：观察组住院时间、SAS 评分、停留时间、SDS 评分、评估时间均低于对照组（ $P<0.05$ ）；观察组不良事件发生率 5.41% 低于对照组 16.22%（ $P<0.05$ ）。结论：优化急诊护理流程可以有效抢救急诊胸痛患者，减少救治时间，降低不良事件发生率。

【关键词】：急诊胸痛；不良事件；优化急诊护理流程；心理状态；评估时间；住院时间

To Study the Effect of Optimizing Emergency Nursing Process in Emergency Chest Pain Patients

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Abstract: Objective: To analyze the effect of optimizing emergency nursing process when rescuing patients with emergency chest pain. Methods: 74 patients with emergency chest pain admitted from July 2020 to December 2021 were randomly divided into the observation group and the control group, 37 patients in each group. The control group was given routine emergency nursing procedures, and the observation group was given optimized emergency nursing procedures to compare the effects. Results: The hospitalization time, SAS score, stay time, SDS score and evaluation time in the observation group were lower than those in the control group ($P<0.05$); The incidence of adverse events in the observation group was 5.41% lower than that in the control group (16.22%, $P<0.05$). Conclusion: Optimizing the emergency nursing process can effectively rescue the patients with emergency chest pain, reduce the rescue time, and reduce the incidence of adverse events.

Keywords: Emergency chest pain; Adverse events; Optimize the emergency nursing process; Mentality; Evaluation time; Length of stay

1 资料和方法

1.1

74 2020 7 37
12

[2] 20 17 57.13 ± 0.85
37 19 18 56.29 ± 0.74
 $P>0.05$

1.2

[3]

± 9.11 min 9.53 ± 2.23 min 26.54
 ± 5.21 min

4.65 $\pm$ 0.84 min 69.46 $\pm$ 9.65 min
13.11 $\pm$ 2.93 min 38.93 $\pm$ 5.96 min
t=5.714 6.358 5.203 6.320 P<0.05

2.2

0 0.00% 1 2.70%

1 2.70% 5.41% 2/37

3min

0 0.00% 3 8.11% 3 8.11%

16.22% 6/37

$X^2=15.336$ P<0.05

2.3

SAS 62.84 $\pm$ 3.30 SDS 61.72

± 3.28

62.94 $\pm$ 3.32 61.83 $\pm$ 3.31

t=0.825 0.336 P>0.05

35.71 $\pm$ 1.90 33.48 $\pm$ 1.87

48.05 $\pm$ 2.24 46.60 $\pm$ 2.20

t=5.214 6.325 P<0.05

3 讨论

120

[5]

[6]

50%

60min

[7]

1.3

[4]

SAS

SDS

[8]

1.4

SPSS19.0

%

X^2

$\bar{x} \pm s$

t

P 0.05

2 结果

2.1

2.95 $\pm$ 0.68 min

52.60

[9]

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