

系统护理干预对上下肢闭合性骨折术后疼痛的干预分析

凌建兰

盐城新东仁医院 江苏 盐城 224000

【摘要】：目的：探究分析系统护理干预对上下肢闭合性骨折术后疼痛的干预。方法：选取于2020年1月至2022年3月，至我院接受上下肢闭合性骨折术的患者共100例，作为本次研究对象。根据患者的入院序列数为基础，采用随机数字分组的方式，将100例患者随机分为对照组以及观察组。对照组采用常规护理模式进行干预；观察组采用系统护理模式进行干预。对比分析对照组以及观察组的疼痛程度；护理满意度。**结果：**经护理干预后，观察组在疼痛程度；护理满意度方面明显优于对照组，其中（ $P<0.05$ ），差异具有统计学意义。**结论：**在对接受上下肢闭合性骨折术的患者进行护理的过程中，采用系统护理模式进行干预，能够有效提升患者的护理满意度，同时能够显著改善患者的疼痛程度，在实际应用的过程中具有优良的效果，值得进一步的推广与应用。

【关键词】：系统护理；上下肢闭合性骨折术；疼痛程度；护理满意度

Analysis of Interventions of Systematic Nursing Interventions for Postoperative Pain in Closed Upper and Lower Extremity Fractures

Jianlan Ling

Yancheng New Dongren Hospital Jiangsu Yancheng 224000

Abstract: Objective: To explore and analyze the effect of systematic nursing intervention on postoperative pain of closed fractures of upper and lower extremities. Methods: A total of 100 patients with closed fracture of upper and lower extremities from January 2020 to March 2022 were selected as the subjects of this study. Based on the number of admission sequences of patients, 100 patients were randomly divided into control group and observation group by random number grouping. The control group was intervened with conventional nursing mode; The observation group was intervened with systematic nursing mode. The pain degree of the control group and the observation group was compared and analyzed; Nursing satisfaction. Results: After nursing intervention, the observation group was in pain degree; Nursing satisfaction was significantly better than that of the control group ($P<0.05$), the difference was statistically significant. Conclusion: In the process of nursing the patients receiving the operation of closed fracture of upper and lower extremities, the intervention of systematic nursing mode can effectively improve the patient's satisfaction with nursing, and can significantly improve the patient's pain degree. It has excellent effect in the process of practical application, and is worth further promotion and application.

Keywords: System care; Closed fractures of the upper and lower extremities; Degree of pain; Nursing satisfaction

[5-6]

[1-2]

[3-4]

1 资料与方法

1.1

	50	37
13	26-69	48.32
± 2.18	50	

36 14 27-69

48.42 ± 2.20

P 0.05

1.2

1.2.1

1.2.2

1

37.5

1.3

PPT

VAS

=

1.4

SPSS22.0

t

$\bar{x} \pm s$

χ^2

%

P<0.05

PPT

2 结果

2.1

P 0.05

6

VAS

4.11 ± 0.68

6

VAS

2.80 ± 0.70

t=9.492 P=0.001

12

VAS

6.09 ± 0.71

12

VAS

4.89 ± 0.73

t=8.333 P=0.001

24

VAS

3.15 ± 0.67

24

VAS

2.44 ± 0.80

t=4.811 P=0.001

48

VAS

2.12 ± 0.40

48 VAS 1.05 ± 0.22
t=16.574 P=0.001
2.2

P 0.05

1	[(%)]				
	50	17	19	14	72.00%
	50	33	16	1	98.00%
χ^2	-	-	-	-	13.255
P	-	-	-	-	0.001

3 讨论

[7-8]

参考文献:

- [1] .
[J]. ,2022,9(04):748-750+753.
- [2] , , .
[J]. ,2022,38(06):112-114.
- [3] , .
[J]. ,2021,30(09):942-944.
- [4] .
[J]. ,2020,24(27):3875-3877.
- [5] , , .
[J]. ,2020,6(16):135-137.
- [6] .
[J]. ,2020,41(03):741-743.
- [7] .
[J]. ,2018,10(21):112-114.
- [8] .
[J]. ,2018,29(05):829-830.