

老年患者消化内科护理的安全隐患与对策研究

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【摘要】：目的：分析老年患者消化内科护理的安全隐患和对策。方法：选取 2020 年 3 月至 2021 年 4 月消化内科收治的老年患者 80 例，随机分为观察组和对照组各 40 例，对照组采取常规护理，观察组经过分析安全隐患后实施相应对策，对比效果。结果：①护理满意度。观察组护理满意度 95.00% 高于对照组 80.00% ($P<0.05$)；②负面情绪。观察组 SAS 评分、SDS 评分低于对照组 ($P<0.05$)；③不良事件。观察组不良事件发生率 5.00% 低于对照组 15.00% ($P<0.05$)。结论：通过对消化内科老年护理的安全隐患进行分析，后实施对应对策可有效改善患者的不良情绪，降低不良事件发生率，提高护理满意度。

【关键词】：安全隐患；老年；对策；消化内科；护理干预

Study on the Hidden Danger and Countermeasures of Nursing Care in Digestive Department of Elderly Patients

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Abstract: Objective: To analyze the potential safety hazards and countermeasures of nursing care in digestive department of elderly patients. Methods: 80 elderly patients admitted to the Department of Gastroenterology from March 2020 to April 2021 were randomly divided into the observation group and the control group with 40 cases each. The control group received routine nursing care. The observation group implemented corresponding countermeasures after analyzing the potential safety hazards, and compared the effects. Results: Nursing satisfaction. 95.00% of nursing satisfaction in the observation group was higher than 80.00% in the control group ($P<0.05$); Negative emotions. SAS score and SDS score in the observation group were lower than those in the control group ($P<0.05$); Adverse events. The incidence of adverse events in the observation group was 5.00% lower than that in the control group (15.00%, $P<0.05$). Conclusion: By analyzing the potential safety hazards of elderly nursing in the Department of Gastroenterology, the implementation of corresponding countermeasures can effectively improve the patients' bad mood, reduce the incidence of adverse events, and improve nursing satisfaction.

Keywords: Hidden danger; Elderly; Countermeasures; GI Medicine; Nursing intervention

1 资料和方法

1.1

80

2020	3	2021	4		
40	22	18		65~76	69.36
± 0.51		40	23	17	66~77
				70.26 ± 0.48	$P>0.05$

[1]

1.2

SAS SDS

1.4

SPSS21.0

$\bar{x} \pm s$ % t X^2 P 0.05

2 结果

2.1

	28	70.00%		10
25.00%	2	5.00%	95.00%	38/40
	21	52.50%		11
27.50%	8	20.00%	80.00%	32/40
$X^2=13.502$ $P<0.05$				

2.2

	SAS	52.03 ± 0.52	SDS	50.41
± 0.14				
	SAS	51.86 ± 0.49	SDS	51.38
± 0.22				
$t=0.532$ 0.352 $P>0.05$				

A

	SAS	35.35 ± 6.53	SDS	35.31
± 5.37				
	SAS	40.94 ± 4.27	SDS	41.12
± 6.67				
$t=4.802$ 6.335 $P<0.05$				

B

2.3

	1	2.50%	0	0.00%
1	2.50%	5.00%	2/40	
	2	5.00%	1	2.50%
3	7.50%	15.00%	6/40	
$X^2=13.502$ $P<0.05$				

3 讨论

[2]

[3]

1.3

[4]

[5]

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