

实施集束化护理干预在内镜黏膜下剥离术治疗后应用效果观察

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【摘要】：目的：探讨实施集束化护理干预在内镜黏膜下剥离术治疗后应用效果。方法：将我院 2021 年 1 月-2022 年 1 月 80 例内镜黏膜下剥离术患者，双盲随机法分二组。对照组给予常规护理，实验组实施集束化护理干预。比较两组护理前后焦虑 SAS 评分和抑郁 SDS 评分、护理满意度、排气时间、住院时间、并发症率。结果：实验组焦虑 SAS 评分和抑郁 SDS 评分低于对照组，护理满意度高于对照组，排气时间、住院时间短于对照组，并发症率低于对照组， $P<0.05$ 。结论：内镜黏膜下剥离术患者实施集束化护理干预效果确切，可缓解患者不良情绪，减少并发症，缩短恢复时间和提高满意度。

【关键词】：集束化护理干预；内镜黏膜下剥离术治疗；应用效果

Observation on the Application Effect of Cluster Nursing Intervention after Endoscopic Submucosal Dissection

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Abstract: Objective: To explore the effect of cluster nursing intervention after endoscopic submucosal dissection. Methods: 80 cases of endoscopic submucosal dissection in our hospital from January 2021 to January 2022 were randomly divided into two groups. The control group was given routine nursing, while the experimental group was given cluster nursing intervention. The SAS score of anxiety and SDS score of depression, nursing satisfaction, exhaust time, hospitalization time and complication rate were compared between the two groups before and after nursing. Results: The SAS score of anxiety and SDS score of depression in the experimental group were lower than those in the control group, the satisfaction of nursing was higher than that in the control group, the exhaust time and hospitalization time were shorter than those in the control group, and the complication rate was lower than that in the control group ($P<0.05$). Conclusion: The effect of cluster nursing intervention in patients with endoscopic submucosal dissection is accurate, which can relieve the patients' bad mood, reduce complications, shorten recovery time and improve satisfaction.

Keywords: Cluster nursing intervention; Endoscopic submucosal dissection; Application effect

[1-2]

2021 1 -2022 1 80

[3] “ ” ICU

SAS

SDS

1 资料和方法

1.1

2021 1 -2022 1 80
40
35-76 55.21 ± 2.27 2
29: 11 34-75 55.78 ± 2.56
27: 13 P 0.05

1.2

1 3
8-10
NBI
2

3

3

4

4

1 3 6 1 1

1-2 5 1 1

2

1.3

1

SAS

SDS

24

24~48

1.4

SPSS23.0

χ^2

t

P

0.05

2 结果

2.1

SAS

SDS

SAS

SDS

P

0.05

P 0.05 1.
1 SAS SDS $\bar{x}$
 $\pm s$

		SAS	SDS
		54.56±6.56	56.37 ± 4.36
		33.12±3.21	38.21 ± 1.12
		54.66±6.45	56.56 ± 4.89
		45.56±4.61	45.12±2.56

[5-6]

2.2

P 0.05

40 100.00

32 80.00

[7-8]

2.3

15.24 ± 1.41h

5.89 ± 1.56d

25.74 ± 1.55h

8.21 ± 1.62d P

0.05

参考文献:

2.4

[1]

[J].

P 0.05

1

2.5%

4

,2022,20(2):125 -128.

4

20.0%

[2]

[J].

,2020,5(47):106,

3 讨论

112.

[3]

[J].

,2019,38(13):151-153.

[4]

[J].

,2022,28(13):169-171.

97%

[5]

[J].

,2021,39(11):

159- 161.

[6]

, , , .

7%

24

[J].

,2021,20(11):47-49.

3.5%~4.0%

[7]

[J].

ESD)

x

[3-4]

[J].

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[8]

[1]

[1].

[J].

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