

# 高龄腰椎骨折手术患者采用无缝隙护理配合工作模式的效果评价

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**【摘要】：**目的：分析无缝隙护理配合工作模式应用在高龄腰椎骨折手术患者中产生的效果。方法：选择我院 2020 年到 2022 年接收的 70 例高龄腰椎骨折手术患者为研究对象，将其按照随机数表方式分组，35 例实施基础护理，设定为对照组，35 例实施无缝隙护理配合工作模式，设定为观察组。分析两种护理方法产生的护理效果差异。结果：观察组手术配合度明显高于对照组，观察组术后并发症发生率明显低于对照组，观察组术后 VAS 评分明显低于对照组，观察组 SAS、SDS 评分明显低于对照组，观察组护理满意度明显高于对照组，（ $P<0.05$ ）为差异显著，有统计学意义。结论：高龄腰椎骨折手术患者采用无缝隙护理配合工作模式能够提高患者护理配合度，保证护理效果，同时还能改善心理状况，获得患者护理满意评价，值得临床重视并采纳。

**【关键词】：**腰椎骨折；手术；无缝隙护理配合工作模式；基础及护理

## Effect Evaluation of Seamless Nursing and Working Mode in Elderly Patients with Lumbar Fracture Surgery

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**Abstract:** Objective: To analyze the effect of seamless nursing cooperation mode in elderly patients undergoing lumbar fracture surgery. Methods: 70 elderly patients with lumbar fracture who were received in our hospital from 2020 to 2022 were selected as the research objects, and they were grouped according to the random number table. 35 patients were given basic nursing care, which was set as the control group, and 35 patients were set as the observation group, who were given seamless nursing cooperation. To analyze the difference of nursing effect between the two nursing methods. Results: The degree of operation cooperation in the observation group was significantly higher than that in the control group, the incidence of postoperative complications in the observation group was significantly lower than that in the control group, the VAS score in the observation group was significantly lower than that in the control group, the SAS and SDS scores in the observation group were significantly lower than that in the control group, and the nursing satisfaction in the observation group was significantly higher than that in the control group ( $P<0.05$ ). Conclusion: The seamless nursing cooperation mode for elderly patients undergoing lumbar fracture surgery can improve their nursing cooperation, ensure the nursing effect, improve their psychological status, and obtain satisfactory evaluation of patients' nursing, which is worthy of clinical attention and adoption.

**Keywords:** Lumbar fracture; Surgery; Seamless nursing cooperation mode; Basic and nursing

[2]

[3]

## 1 资料与方法

### 1.1

2020 2022 70 35

35

18 51.43% 17 48.57%

72 86 73.23 ± 2.10

19 54.29% 16 45.71%

71 88 73.25 ± 2.13

P 0.05

70

36

### 1.2

#### 1.2.1

### 1.3

= +

/

= + + /

VAS 12

#### 1.2.2

24

10

SAS

SDS

SAS

50

50

50

59

60

69

70

SDS

|     |                 |          |          |                       |           |
|-----|-----------------|----------|----------|-----------------------|-----------|
|     | 53              | 53-62    | 63-72    | 12 2.86%              | 17 48.57% |
| 73  |                 |          |          | 6 17.14%              | 82.86% 29 |
|     |                 |          |          | 14 40%                | 19 54.26% |
| -90 | 100             | 90       | 60       | 2 5.71%               | 94.29% 33 |
|     | 60              |          | =        | $X^2=6.455$ $P=0.011$ |           |
| +   | /               |          |          | $P<0.05$              |           |
| 1.4 |                 |          |          |                       |           |
|     | SPSS20.0        |          |          | 3 讨论                  |           |
| t   | $\bar{x} \pm s$ |          | $\chi^2$ |                       |           |
|     | %               | $P<0.05$ |          |                       |           |

## 2 结果

### 2.1

|                       |           |           |
|-----------------------|-----------|-----------|
|                       | 13 37.14% | 15 42.86% |
| 7 20%                 | 80% 28    |           |
| 15 42.86%             | 18 51.43% |           |
| 2 5.71%               | 94.29% 33 |           |
| $X^2=9.114$ $P=0.003$ |           |           |
| $P<0.05$              |           |           |

[4]

### 2.2

|                       |         |         |
|-----------------------|---------|---------|
|                       | 2 5.71% | 3 8.57% |
| 2 5.71%               | 20% 7   |         |
| 0 0%                  | 1 2.86% | 1 2.86% |
|                       | 5.71% 2 |         |
| $X^2=9.114$ $P=0.003$ |         |         |
| $P<0.05$              |         |         |

[5]

### 2.3

|                  |                  |                  |
|------------------|------------------|------------------|
|                  | SAS              | SDS              |
|                  | SAS              | 80.12 $\pm$ 1.33 |
| 82.13 $\pm$ 1.24 | SAS              | 80.10 $\pm$ 1.30 |
| SDS              | 82.17 $\pm$ 1.25 | SAS              |
| SDS              | t=4.201          | p=0.011          |
| 51.22 $\pm$ 1.11 | SDS              | 52.19 $\pm$ 1.14 |
| SAS              | 40.12 $\pm$ 0.34 | SDS              |
| SAS              | t=6.019          | p=0.001          |
| p=0.001          |                  | SDS              |
|                  | P 0.05           | SAS              |
|                  | $P<0.05$         | SDS              |

### 2.4

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