

康复护理在肺癌围术期的应用进展

孙莹莹 蒋 慧 黄海妮

前海人寿南宁医院 广西 南宁 530200

【摘 要】：肺癌具有较高的死亡率，大多数为非小细胞肺癌，不同于小细胞肺癌，常属于局限性病变，手术在治疗中占有重要地位，为确保手术顺利进行，同时帮助患者快速出院，围术期的护理质量十分关键。与常规护理相比，康复护理除包括一般基础护理内容外，且应用各科专门的护理技术，有助于残余机能恢复。随着康复医学的快速发展，康复护理作为其中的主要组成部分，重视程度越来越高，但在肺癌围术期中，实际应用情况有待进一步研究。基于此，本文通过讲述康复护理含义，明确肺癌围术期护理要点，详细说明康复护理在肺癌围术期的具体应用，旨在为临床选择该种护理方式提供参考。

【关键词】：康复护理；肺癌；围术期

Application Progress of Rehabilitation Nursing in Perioperative Period of Lung Cancer

Yingying Sun Hui Jiang Haini Huang

Qianhai Life Insurance Nanning Hospital Guangxi Nanning 530200

Abstract: Lung cancer has a high mortality rate, most of which are non small cell lung cancer. Unlike small cell lung cancer, it is often a localized disease. Surgery plays an important role in treatment. In order to ensure the smooth operation and help patients discharge quickly, perioperative nursing quality is very important. Compared with conventional nursing, rehabilitation nursing includes general basic nursing, and the application of specialized nursing techniques in various departments contributes to the recovery of residual functions. With the rapid development of rehabilitation medicine, rehabilitation nursing, as one of the main components, has been paid more and more attention. However, in the perioperative period of lung cancer, the actual application needs further research. Based on this, this article explains the meaning of rehabilitation nursing, clarifies the key points of perioperative nursing for lung cancer, and details the specific application of rehabilitation nursing in the perioperative period of lung cancer, in order to provide reference for clinical selection of this nursing mode.

Keywords: Rehabilitation nursing; Lung cancer; Perioperative period

前言

[2]

[1]

1 康复护理含义

15%

85%

[4]

2.2

50%-90%

36

[3]

2.3

2 肺癌围术期护理要点

2.1

3 康复护理在肺癌围术期的具体应用

3.1

堃 [5]

81

SAS

SDS

6h

6h

4 结语

3.2

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3.3