

生理盐水与牙龈炎冲洗剂口腔护理对比研究

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【摘要】：目的：研究对患有口腔问题的患者进行生理盐水和牙龈炎冲洗剂的口腔护理，并研究其临床效果和应用价值。方法：研究对象选择 2020 年 1 月至 2021 年 7 月期间在本院进行治疗护理的口腔患者，共计 3600 例，根据采用护理措施的不同将其分为对照组和观察组，并对两组患者的临床疗效、口腔异常度及牙周指标进行对比分析。结果：观察组患者的临床有效率（99%）、口腔异常发生率（5.56%）、牙周指标{（87.45±2.12）、（0.51±0.41）、（1.22±0.61）}；对照组患者的临床有效率（83%）、口腔异常发生率（19.44%）、牙周指标{（77.15±1.66）、（1.07±0.37）、（2.31±0.55）}。组间数值 $P < 0.05$ ，说明存在对比意义。结论：对患者进行生理盐水和牙龈炎冲洗剂的口腔护理，其临床效果各不相同，牙龈炎冲洗剂要明显好于生理盐水，其可能有效提升患者的临床疗效，减少口腔异常情况的发生，并可同时改善牙周指标，值得推广、建议提倡。

【关键词】：生理盐水；牙龈炎冲洗剂；口腔护理；临床疗效；牙周指标；口腔异常

A Comparative Study of Oral Care with Normal Saline and Gingivitis Rinse

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Abstract: Objective: To study the oral care of patients with oral problems with normal saline and gingivitis rinse, and to study its clinical effect and application value. Methods: The study subjects selected 3600 oral patients who were treated and nursed in our hospital from January 2020 to July 2021. They were divided into control group and observation group according to different nursing measures, and the clinical efficacy, oral abnormality and periodontal indicators of the two groups were compared and analyzed. Results: The clinical effective rate (99%), the incidence of oral abnormalities (5.56%), periodontal indicators {(87.45 ± 2.12), (0.51 ± 0.41), (1.22 ± 0.61)} in the observation group; The clinical effective rate (83%), the incidence of oral abnormalities (19.44%), periodontal indicators {(77.15 ± 1.66), (1.07 ± 0.37), (2.31 ± 0.55)} in the control group. The value between groups $P = 0.05$, indicating that there is a comparative significance. Conclusion: The clinical effects of the oral care of patients with normal saline and gingivitis rinse are different. Gingivitis rinse is significantly better than normal saline, which can effectively improve the clinical efficacy of patients, reduce the occurrence of oral abnormalities, and improve periodontal indicators at the same time. It is worth promoting and recommending.

Keywords: Normal saline; Gingivitis rinse; Oral care; Clinical efficacy; Periodontal index; Oral abnormality

[1]

[2]

2-3

7 [6]

1 资料与方法

1.1

1 2021 7 3600 2020 10-15ml

1800

2-3 7 [7]

1.3

17-81

1.4

39.88 ± 4.55

931:869

n%

X²

x ± s

t

16-80

39.79 ± 4.17

SPSS21.0

P

0.05

928 872

p>0.05

2 结果

1.2

2.1

897 885 18

1782 99.00%

741 759 300

1500 83.33%

[3]

7.8823 P P 0.05

2.2

73 27

100 5.56%

[4]

177 173

350 19.44%

[5]

5.6671 P P 0.05

2.3 牙周指标

1

[x ± s]

	1800	77.15 ± 1.66	1.67 ± 0.58	1.07 ± 0.37	3.29 ± 0.66	2.31 ± 0.55
	1800	87.45 ± 2.12	1.59 ± 0.55	0.51 ± 0.41	3.33 ± 0.72	1.22 ± 0.61
T	/	20.2213	0.58894	6.6672	0.59935	5.5589
P	/	0.0000	0.6752	0.0000	0.6162	0.0000

3 讨论

[8]

DP300

DP300

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