

阶梯式言语康复护理对帕金森病患者言语功能的影响研究

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【摘要】：目的：研究阶梯式言语康复护理对帕金森病患者言语功能的影响。方法：选择2021年03月—2022年03月到本院治疗帕金森患者共104例，按照不同护理方式分为实验组和对照组，分析护理价值。结果：实验组疗效50（96.15%）高于对照组44（84.62%）， $P<0.05$ ；治疗前，两组UPDRSIII评分（运动过缓评分、肌强直评分、静止性震颤评分、姿势步态异常评分、总分）对比，两组言语功能（言语表达评分、言语清晰度）对比， $P>0.05$ ；治疗后，实验组各项指标均优于对照组， $P<0.05$ 。结论：运用阶梯式言语康复护理可明显改善其语言功能，亦可改善其他功能，值得运用。

【关键词】：阶梯式言语康复护理；帕金森病；言语功能；UPDRSIII评分

Study on the Effect of Stepwise Speech Rehabilitation Nursing on Speech Function of Patients with Parkinson's Disease

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Abstract: Objective: To study the effect of stepwise speech rehabilitation nursing on speech function of patients with Parkinson's disease. Methods: From March 2021 to March 2022, 104 patients with Parkinson's disease were selected and treated in our hospital. They were divided into experimental group and control group according to different nursing methods, and the nursing value was analyzed. Results: The curative effect of experimental group was 50 (96.15%) higher than that of control group 44 (84.62%) ($P<0.05$); Before treatment, the comparison of UPDRS III scores (bradykinesia score, myotonia score, static tremor score, abnormal posture and gait score, total score) between the two groups, and the comparison of speech function (speech expression score, speech clarity) between the two groups, $P>0.05$; After treatment, all indexes in the experimental group were better than those in the control group ($P<0.05$). Conclusion: Ladder type speech rehabilitation nursing can obviously improve the language function and other functions, which is worth using.

Keywords: Ladder type speech rehabilitation nursing; Parkinson's disease; Speech function; UPDRSIII score

[1-3]

50%~90%

1 一般资料与方法

1.1

2021	03	2022	03
104			
52		64.16±6.28	52
	64.14±6.24		P 0.05

162

P 0.05 50 96.15 44 84.62 P 0.05
1.25±0.54 79.65±13.12 % P 0.05

1.72±0.71
62.82±11.16 % t=3.2050
P=0.0020 t=5.9435 P=0.9310

3 讨论

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[7-10]