

## 阶梯式言语康复护理对帕金森病患者言语功能的影响研

## 究

王静娟

陆军特色医学中心 重庆 400042

【摘 要】:目的:研究阶梯式言语康复护理对帕金森病患者言语功能的影响。方法:选择 2021 年 03 月—2022 年 03 月到本院治疗帕金森患者共 104 例,按照不同护理方式分为实验组和对照组,分析护理价值。结果:实验组疗效 50 (96.15%)高于对照组 44 (84.62%),P<0.05;治疗前,两组 UPDRSIII评分(运动过缓评分、肌强直评分、静止性震颤评分、姿势步态异常评分、总分)对比,两组言语功能(言语表达评分、言语清晰度)对比,P>0.05;治疗后,实验组各项指标均优于对照组,P<0.05。结论:运用阶梯式言语康复护理可明显改善其语言功能,亦可改善其他功能,值得运用。

【关键词】: 阶梯式言语康复护理; 帕金森病; 言语功能; UPDRS III 评分

## Study on the Effect of Stepwise Speech Rehabilitation Nursing on Speech Function of Patients with Parkinson's Disease

Jingjuan Wang

Army Characteristic Medical Center Chongqing 400042

Abstract: Objective: To study the effect of stepwise speech rehabilitation nursing on speech function of patients with Parkinson's disease. Methods: From March 2021 to March 2022, 104 patients with Parkinson's disease were selected and treated in our hospital. They were divided into experimental group and control group according to different nursing methods, and the nursing value was analyzed. Results: The curative effect of experimental group was 50 (96.15%) higher than that of control group 44 (84.62%) (P<0.05); Before treatment, the comparison of UPDRS III scores (bradykinesia score, myotonia score, static tremor score, abnormal posture and gait score, total score) between the two groups, and the comparison of speech function (speech expression score, speech clarity) between the two groups, P>0.05; After treatment, all indexes in the experimental group were better than those in the control group (P<0.05). Conclusion: Ladder type speech rehabilitation nursing can obviously improve the language function and other functions, which is worth using.

Keywords: Ladder type speech rehabilitation nursing; Parkinson's disease; Speech function; UPDRSIII score

[1-3]

50%~90%

1 一般资料与方法 1.1 2021 03 2022 03 104 52 64.16±6.28 52 64.14±6.24 P 0.05



<b>5</b> U Se	niverse
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1.2								
1.2								
1.2.1			29	15	8	44		
		n=52	55.77	28.85	15.38	84.62		
		11-32						
	15 30min		35	15	2	50		
2-3		50	67.30	28.85	3.85	96.15		
1.2.2		n=52						
1		$X^2$	-	-	ı	3.9830		
1		p	-	-	ı	0.0459		
		2.2	UPDI	RSIII				
			UPI	PDRSIII				
					P	0.05		
				5.35±0	.32			
2 ①		6.87=	±1.47		7.98±0.23			
2:1			7.	98±0.23				
				5.	35±0.32			
	10min ②		6.87±1.47			7.98±0.23		
				7.98	±0.23			
		7.98±0.23			T=0.1034,P	=0.9179		
	15 20min	T=0.9751,P=0.3318						
3		T=0.3498,P=0.7272						
		T=0.676	69,P=0.5000		T=0.8616,P	=0.3909		
	15		UPDRSI	П				
20min ④						P		
		0.05			5.35±0.	32		
			6.87±1.	.47				
	15min ⑤	7.98±0.23			7.98±0.23			
		7.9	98±0.23		5.35±0.32			
				6.87±1.47				
1.3		7.98=	±0.23		$7.98 \pm 0.23$			
	UPDRSIII		7.98±0.23					
		T=4.737	79,P=0.0000		T=8.0029,	P=0.0000		
			T=5	.7358,P=0.00	000			
1.4			T=3.0067,F	P=0.0000				
SPSS21.0	n/%	T=16.95	574,P=0.0000					
$\mathbf{x}^2$	$\pm \frac{\bar{x}_{\pm s}}{x}$	2.3						
t P 0.05								
2 结果		P	0.05			2.91±0.66		
2.1				55.90±10.5	4 %			
50 96.15	44 84.62		2.75±0.84		50	6.87±12.47		
P 0.05 1		%		t	=0.9110 P=	=0.3653		
1	n/			t=0.3614 P	=0.7189			



	P	0.05	50		96.1	5	44	84.62		0.05	
1.25±0.54			79.65±13.1	2 %					P	0.05	
		$1.72\pm0.71$									
62.82±11.16	%			t=3.2050							
P=0.0020			t=5.9435	P=0.9310	参考:	文献:					
3 讨论					[1]						
							[J].	,2	2020,150	(34):19	7-199.
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	[7-10]				[10]		•		202	1/14)	1.60
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