

间苯三酚治疗急诊泌尿系结石致肾绞痛的价值

项怀进

无锡市惠山区第二人民医院 江苏 无锡 214000

【摘要】：目的：分析急诊泌尿系结石致肾绞痛采取间苯三酚治疗的价值。方法：选取 2021 年 10 月至 2022 年 10 月急诊收治的泌尿系结石肾绞痛患者 80 例，随机分为观察组和对照组各 40 例，对照组采取盐酸消旋山莨菪碱（6542 针）治疗，观察组采取间苯三酚治疗，对比效果。结果：观察组 VAS 评分低于对照组（ $P<0.05$ ）；观察组止痛有效率 92.50% 高于对照组 75.00%（ $P<0.05$ ）；观察组不良反应发生率 7.50% 低于对照组 25.00%（ $P<0.05$ ）；观察组生活质量评分高于对照组（ $P<0.05$ ）。结论：间苯三酚在急诊泌尿系结石致肾绞痛患者的治疗中可有效减轻其疼痛，提升止痛效果及生活质量，不良反应较少。

【关键词】：急诊；肾绞痛；疼痛评分；泌尿系结石；生活质量；不良反应

The Value of Phloroglucinol in the Treatment of Renal Colic Caused by Emergency Urinary Calculi

Huaijin Xiang

The Second People's Hospital of Huishan District Jiangsu Wuxi 214000

Abstract: Objective: To analyze the value of phloroglucinol in the treatment of renal colic caused by urinary calculi in emergency. Methods: 80 patients with renal colic due to urinary calculi admitted in the emergency department from October 2021 to October 2022 were randomly divided into the observation group and the control group with 40 cases each. The control group was treated with raceanisodamine hydrochloride (6542 needles), and the observation group was treated with phloroglucinol to compare the effects. Results: The VAS score of the observation group was lower than that of the control group ($P<0.05$); The effective rate of pain relief in the observation group was 92.50% higher than that in the control group (75.00%, $P<0.05$); The incidence of adverse reactions in the observation group was 7.50% lower than that in the control group (25.00%, $P<0.05$); The score of quality of life in the observation group was higher than that in the control group ($P<0.05$). Conclusion: phloroglucinol can effectively relieve the pain of patients with renal colic caused by urinary calculi in emergency, improve the analgesic effect and quality of life, with less adverse reactions.

Keywords: Emergency; Renal colic; Pain score; Urinary calculi; Quality of life; Adverse reactions

[1]

[3]

80

1 资料和方法

1.1 临床资料

80

[2]

2021 10 2022 10

6542

40 22 18

41.26

± 0.51

40 23 17

参考文献:

- [1] . [J].
[9] ,2021,7(2):151-152,155.
- [2] . [J].
[J].
,2021,32(1):117-118.
- [3] , , .
[J]. (),
2020,20(85):146-147.
- [4] , , , . [J]. ,
2020,51 (6):53-56,70.
- [5] , , . [J]. ,
2019,14(5):100-102.
- [6] , , . [J]. ,2021(15):
93-94.
- [7] , . [J].
,2021,16(23):40-43.
- [8] , . [J].
,2020,36(21):3480-3482.
- [9] , . [J].
,2021,21(105):54-58.
- [10] . [J].
,2021,32(7):1050-1052.
- 15min 48h 15min 4h VAS