

CBL 教学法在心脏内科护理学教学中的实施与应用

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【摘要】：目的：分析心脏内科护理学教学中实施 CBL 教学法的效果。方法：选取 2020 年 7 月至 2021 年 8 月在心脏内科实习的学生 122 名，随机分为观察组和对照组各 61 名，对照组采取传统教学，观察组实施 CBL 教学法，对比两组教学效果。结果：观察组理论测试成绩及操作技能成绩均高于对照组 ($P<0.05$)。结论：在心脏内科护理学教学中采取 CBL 教学法可以有效提升其考核成绩，改善学习氛围，提高教学效果。

【关键词】：心脏内科；传统教学；CBL 教学法；理论测试；操作技能

Implementation and Application of CBL Teaching Method in the Teaching of Cardiology Nursing

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Abstract: Objective: To analyze the effect of CBL teaching method in the teaching of cardiology nursing. Methods: 122 students who practiced in cardiology department from July 2020 to August 2021 were randomly divided into the observation group and the control group, with 61 students in each group. The control group adopted traditional teaching and the observation group adopted CBL teaching method to compare the teaching effects of the two groups. Results: The scores of theoretical tests and operating skills in the observation group were higher than those in the control group ($P<0.05$). Conclusion: CBL teaching method can effectively improve the examination results, learning atmosphere and teaching effect in the teaching of cardiology nursing.

Keywords: Department of Cardiology; Traditional teaching; CBL teaching method; Theoretical test; Operating skills

			CBL			P>0.05
	PBI	CBL	PBI	1.2		
			PBI			
			[1]			
CBL					CBL	
			[2]			
	CBL					
1 资料与方法						
1.1						
122						
2020 7	2021 8					
61 3	58		20.36 ± 0.52		5~6	
61 4	57		21.59 ± 0.48			

2

P<0.05

3 讨论

[3]

[4]

CBL

1.3

3.1 CBL

60 85 70 60
1.4

SPSS20.0

% X^2

t P 0.05

2 结果

2.1

$\bar{x} \pm s$

CBL

[5]

[6]

2.2

[7]

12

13

36

3.2 CBL

31

25

5

P<0.05

10

5

38

30

13

24

CBL

[8]

CBL

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