

## 优质护理在冠脉造影术患者中的价值

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【摘 要】:目的:探究冠状动脉支架植入术的护理要点。方法:选取 2021 年 6 月~2022 年 5 月我院收治的冠状动脉支架植入术患者 1000 例作为研究对象,随机分为对照组(常规护理,500 例)和观察组(优质护理,500 例),观察两组护理效果。结果:观察组护理后焦虑(SAS)与抑郁(SDS)评分均低于对照组,差异具备显著性(P<0.05);观察组并发症发生率低于对照组(2.33%VS18.64%),差异有统计学意义(P<0.05);观察组各项睡眠质量均低于对照组,差异具备显著性(P<0.05)。结论:对冠状动脉支架植入术患者,实施优质护理,有助于改善患者负性情绪,减少并发症,值得推广。

【关键词】: 冠状动脉支架植入术; 优质护理; 护理效果; 并发症

## **Analysis of Nursing Points of Coronary Stent Implantation**

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Abstract: Objective: To explore the nursing points of coronary stent implantation. Methods: 1000 patients with coronary artery stent implantation admitted to our hospital from June 2021 to May 2022 were selected as the research objects, and randomly divided into the control group (500 cases of routine nursing) and the observation group (500 cases of high-quality nursing). The nursing effects of the two groups were observed. Results: The scores of SAS and SDS in the observation group were significantly lower than those in the control group (P; The incidence of complications in the observation group was lower than that in the control group (2.33% vs 18.64%, P<0.05); The sleep quality of the observation group was lower than that of the control group, with significant difference (P<0.05). Conclusion: High quality nursing care for patients undergoing coronary artery stent implantation can help improve their negative emotions and reduce complications, which is worth popularizing.

Keywords: Coronary stent implantation; High quality care; Nursing effect; Complication

1000 500 / 267/233 62 76 69.0±2.3 / 268/232 63 75 69.0±2.0 P 0.05

[1-3]

1000 1.2

1 资料与方法

1.1

2021 6 2022 6





			SAS SD	S 45.2	.3±3.14 44	.13±2.68	
				51.38± 3.56	50.19± 2	.29	
					t=28.970 38	8.440 P	
			0.001				
			2.2				
1d		4-6h		3	4	1	
				8/500 1.60%		6	
			9	5	7		
			21/500	4.40%			
			$X^2=6.002$ P=0.014 0.05				
	24h	24h	2.3				
						DCOL	
			2.57	10.24		PSQI	
				±0.24 2.34±		55±0.12	
			2.24±0.1			5±0.34	
			2.15±0.6			2	
			2.56±0.23	2.35±0.28			
			2.25± 0.15	2.75±0.12	$2.28\pm 0.$		
				15.51± 1.13		t=0.673	
				986 1.118 1.335			
1.3		aa apa	0.566 0.207 0	0.324 0.264 0.182			
		SAS SDS			1.14±0.41		
	100	50-59	$1.43\pm0.14$	1.22±0.21	1.32±0.3		
6	0-69	69	$1.34\pm0.28$	1.14±0.23	1.21±0.3°		
		53-62	$8.78\pm0.21$		$1.78 \pm 0.56$	2.13	
63-72	72				$1.84 \pm 0.43$	1.77	
				$1.72 \pm 0.24$	$1.58 \pm 0.14$	11.12	
		=	± 0.34				
+ +	+	/ ×		.813 26.844 21.4	452 17.575 <b>3</b>	39.015	
100%			20.914 130.93	3 P 0.001			
	PSQ1		3 讨论				
	7						
21							
1.4							
$X \pm s$							
t	[n(%)	)]					
	$X^2$ 0.05	P					
- ··		SPSS26.0					
2 结果							
2.1							
	SAS SDS	61.34±5.11					
61.03±3.25		$61.52 \pm 5.08$					
$61.17 \pm 3.38$							
t=0.559 0.668	P=0.577 0.505	0.05				[4-5]	



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