

MHD 患者内瘘穿刺点渗血的原因及护理体会

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【摘 要】：目的：对 MHD 患者出现内瘘穿刺点渗血的原因进行分析，同时探讨护理要点。方法：选取 2021 年 6 月至 2022 年 6 月行 MHD 治疗的患者 200 例，随机分为观察组和对照组各 100 例，对照组实施常规护理，观察组采取针对性内瘘穿刺点渗血的针对性护理，对比护理满意度及渗血例数。**结果：**通过分析渗血原因发现，占比最高的原因为过早使用动静脉内瘘，其次是穿刺点固定不牢固，然后是针头归你管不牢。观察组护理总满意度 98.00% 显著高于对照组 76.00%，组间对比 ($P<0.05$)；观察组渗血率 2.00% 显著低于对照组 24.00%，组间对比 ($P<0.05$)。**结论：**通过对采取 MHD 治疗的患者实施针对性内瘘穿刺点护理后可以有效预防穿刺点渗血，提升护理满意度。

【关键词】：护理要点；血液透析；原因分析；内瘘穿刺点渗血

Causes and Nursing Experience of Blood Leakage at Puncture Point of Internal Fistula in Patients with MHD

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Abstract: Objective: To analyze the causes of bleeding at the puncture point of internal fistula in MHD patients, and to explore the key points of nursing. Methods: 200 patients who were treated with MHD from June 2021 to June 2022 were randomly divided into the observation group and the control group, with 100 patients in each group. The control group received routine nursing care. The observation group received targeted nursing care for blood leakage at the puncture point of internal fistula, and compared the nursing satisfaction and the number of patients with blood leakage. Results: By analyzing the causes of bleeding, it was found that the highest proportion was due to the premature use of arteriovenous fistula, followed by the insecure fixation of the puncture point, and then the insecure management of the needle. The total satisfaction rate of 98.00% in the observation group was significantly higher than that of 76.00% in the control group ($P<0.05$); The bleeding rate of the observation group was 2.00%, which was significantly lower than that of the control group (24.00%, $P<0.05$). Conclusion: It is effective to prevent bleeding at the puncture point and improve nursing satisfaction through targeted nursing of the puncture point of internal fistula for patients treated with MHD.

Keywords: Key points of nursing; Hemodialysis; Cause analysis; Bleeding at puncture point of internal fistula

[3]

[1]

MHD

1 资料和方法

1.1

200	MHD	2021
6	2022	6
		100

[2]

49	51	59.36 ± 0.52						
	22	26	23	12	17			
100	52	48			60.15 ±		[4]	
0.49						2		21
		24	25	22	13	21.00%		
16		P>0.05						
	1		2		3			
MHD		4			5		[5]	
						3		13
	1		2			13.00%		
3	4		5					
6		7		8		4		11
	9		10			11.00%		
11								
1.2						5	7	7.00%
1.3								
						6	5	5.00%
1.4								
	SPSS20.0							
	%	X ²		x ± s			[6]	
t	P	0.05				3.2		
2 结果						1		
2.1								
			41	41.00%				
	21	21.00%			11			
11.00%			7	7.00%				[7]
13	13.00%			5	5.00%	2		
2	2.00%		100	100.00%				
2.2							“ 3 6 ”	
	66	66.00%		32	32.00%			
2	2.00%		98.00%	98/100				
2	2.00%				MHD		[8]	
	41	41.00%		35	35.00%	3		
24	24.00%		76.00%	76/100				
24	24.00%							
3 讨论								
3.1						4		
1								
	41	41.00%						[9]

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