

分析音乐干预对子宫切除术患者手术室护理效果影响

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【摘要】：目的：分析行子宫切除术的患者手术室护理期间接受音乐干预后的临床效果。方法：研究期间选取 120 例在 2021 年 1 月-2022 年 7 月在我院接受子宫切除术的患者纳入本次研究，同时分组展开手术室护理，纳入试验组 60 例行音乐干预、纳入对照组 60 例行常规护理其中。对两组患者护理后情绪变化、临床各项指标、满意度情况进行调查，对各项数据进行分析、比较，并将其予以整合做详细阐述。结果：两组患者 SAS、SDS 平均分试验组比对照组更具有优势性；试验组正常排气时间、体温恢复时间、住院时间对比对照组用时较短；试验组术中出血量较少、对照组较高；试验组对比对照组患者满意率更高；数据组间对比结果具有差异性 ($P < 0.05$)，统计学研究成立。结论：音乐干预应用于子宫切除术效果显著，患者情绪得到明显改善同时优化临床指标，促进手术顺利进行，有助于尽早恢复，尽早出院，效果获得患者满意，应用价值较高，对临床影响较大。

【关键词】：子宫切除术；音乐干预；手术室护理；应用效果

To analyse the effects of music interventions on the outcomes of operating room care in patients undergoing hysterectomy

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Abstract: Objective To analyze the clinical effect of music intervention in patients undergoing hysterectomy during operating room nursing. Methods During the study, 120 patients who underwent hysterectomy in our hospital from January 2021 to July 2022 were selected and included in this study. At the same time, they were divided into groups for operating room nursing, including 60 patients in the experimental group receiving music intervention and 60 patients in the control group receiving routine nursing. The emotional changes, clinical indicators and satisfaction of the two groups of patients after nursing were investigated, and the data were analyzed and compared, and integrated to elaborate in detail. Results The average scores of SAS and SDS in the experimental group were more superior than those in the control group. The normal exhaust time, temperature recovery time and hospital stay in the experimental group were shorter than those in the control group. The amount of intraoperative blood loss was less in the experimental group and higher in the control group. The satisfaction rate of the experimental group was higher than that of the control group. The results of comparison between the data groups were different ($P < 0.05$), and the statistical study was established. Conclusions The effect of music intervention in hysterectomy is significant, the patients' emotions are obviously improved, and the clinical indicators are optimized to promote the smooth operation, help to recover as early as possible, discharge as early as possible, the effect is satisfactory, the application value is high, and the clinical impact is great.

Keywords: Hysterectomy; Music intervention; Operating room nursing; Application effect

1.3

SAS SDS

1.1

SAS SDS

1.4

1.2

t	(x±s	n%
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SPSS20.0

P 0.05

2 结果

2.1

SAS SDS

n=60

1

$$\bar{x} \pm s$$

[4] ②

2.2

n=60

 $2.01 \pm 0.20 \text{ d}$

45.70±10.25 ml

 $1.08 \pm 0.26 \quad \text{d}$ $3.87 \pm 1.01 \text{ d}$ 5.85 ± 0.80

d

80.36±10.30 ml

 3.85 ± 0.80

d

 7.86 ± 1.51 d

P 0.05

③

2.3

n=60

40

66.67%

19

31.67%	1
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1.67%

25

41.67% 25

41.67%

10

16.67%

59 98.33% 50 83.33%

P 0.05

3 讨论

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- SAS SDS
- P 0.05