

# Constructing guidebook of Yi Folk Song for teaching Haicaiqiang

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## 1. Background and research problem

### 1.1 Background

**Inheritance dilemma:** With the advancement of modernisation, traditional music culture has been impacted to a certain extent. Young people's attention to traditional music such as sea vegetable cavity has decreased, resulting in a decrease in the number of inheritors and the risk of loss of traditional skills. **Teaching status:** In recent years, with the protection and inheritance of intangible cultural heritage in China, more and more universities and music institutions have begun to pay attention to and carry out Yunnan sea vegetable vocal music teaching. In teaching, we pay attention to the combination of traditional singing and modern music to cultivate talents with innovative consciousness and national music literacy.

**Teaching method of vocal.**

**Teaching method:** adopt the combination of practice and theory, let students sing in class, and master the skills and application of sea cabbage singing. In addition, students' music appreciation ability can be improved by appreciating classic tracks and analysing music structure. **Range and pitch:** The range of Haicaiqiang is wide, and the pitch changes greatly. In the process of singing, the singer can show the contrast of high and low through the switching of false and true cavity, and the use of large and small voices. **Characteristics of singing cavity:** The singing cavity of sea cabbage is unique, with the combination of true cavity, false cavity and voice as the main feature. The true cavity has a mellow tone, the false cavity has a high tone, and the voice changes naturally, forming a rich timbre level.

**conclusion**

**Inheriting and protecting national culture:** Sea vegetable cavity is a kind of folk music unique to Yunnan, carrying the history, culture and traditions of the local ethnic group. By building a guide, it helps to inherit and protect this valuable cultural heritage. Enrich the music

education system: Building a guide to Yunnan Haicai's cavity helps to enrich China's music education system and provide music lovers with more learning opportunities and choices. As a precious cultural wealth created by the Yi people for thousands of years in Shiping area, "Hai Cuisine" is rooted in the soil of the Yi people and has been sung for a long time. In the course of history, "sea cuisine cavity" not only has distinct national characteristics, but also becomes a musical and cultural tradition containing multi-layer cultural connotations.

This paper starts with the description of the music form of the "sea cuisine cavity" of the Shiping Yi nationality in Yunnan province, and combines the regional characteristics and historical origin of it. Through the field investigation of "sea cuisine cavity", the existing situation is analyzed, discussing the specific measures of the construction of the diversified inheritance mode of "sea cuisine cavity", and finally triggering the teaching inheritance thinking of combining "sea cuisine cavity" singing with the teaching of national vocal music in Yunnan universities.

## 2. Research Purposes

2.1 To Study vocal music teaching methods.

2.2 To Study Yi folk song

2.3 To Constructing guidebook of Yi Folk Song for teaching.

## 3. Research Scope

Area: Kunming, Yunnan Province, China ShiPing County

## 4. Significance of the Study

By realising these research goals, we can more comprehensively understand and understand the traditional opera species of Yunnan Sea Cuisine, and provide theoretical support and practical guidance for its protection, inheritance and development.

we can more comprehensively understand and understand the traditional opera species of Yunnan Sea Cuisine, and provide theoretical support and practical guidance for its protection,

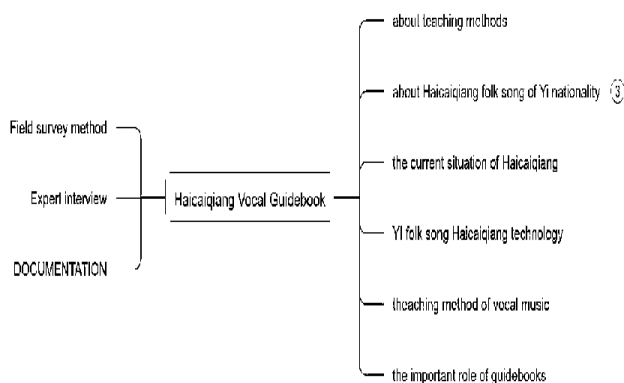
inheritance and development.

### 5. Research Method

In this research will use qualitative research methods.

### 6. Conceptual Framework

Haicaiqiang Vocal GuidebookHaicaiqiang Vocal GuidebookHaicaiqiang Vocal Guidebook



Research on the conceptual framework:

### 7. Beneficial relate research question and research purpose

7.1Strong guidance: The textbook, combined with examples, explains how to use vocal skills in actual singing, which helps learners apply theoretical knowledge to practice.

7.2Strong practicality: The textbook adopts an easy-to-understand language, with illustrations and demonstrations, which is convenient for learners to understand and imitate. At the same time, it provides practice tracks for different levels, which are suitable for all kinds of students.

7.3Suitable for all kinds of learners: both vocal beginners and experienced singers can greatly benefit from textbooks.

7.4This allows Yi Folk Song to be protected and preserved forever with the Chinese people.

### RESEARCH METHODOLOGY

#### 2. Delimitation of the study

The Yi nationality is an ethnic minority with a long history and rich culture in China. It is mainly distributed in Shiping County, Kunming City, Yunnan Province. The Yi people have unique language, music, dance and traditional customs, such as Torch Festival, Competition Festival, etc. Yi folk art is rich and colourful, such as Yi embroidery, Yi lacquerware, etc.

#### 3. Research Methodology

The research methodology is Quantitative research method

research and experimental research that consists of document studies, interview, and teaching.

#### 3.1Research tool

##### 3.1.1 Interview form

##### 3.1.2 Observations form

#### 3.2 The Item-Objective Congruence (IOC)

$$IOC = \frac{\sum R}{N}$$

The Item-Objective Congruence (IOC) was used to evaluate the items of the questionnaire based on the score range from -1 to +1.

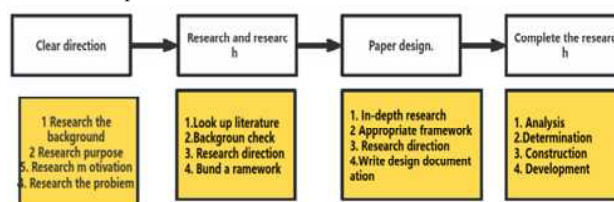
Congruent = + 1

Questionable = 0

Incongruent = -1

The items that had scores lower than 0.5 were revised. On the other hand, the items that had scores higher than or equal to 0.5 were reserved.

### 5. Conceptual Framework



### 6. The Research Schedule

#### Time Schedule

Task	2023						2024					
	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
1. Study and research	[Progress bar]											
2. Interview	[Progress bar]											
3. Create guidebook				[Progress bar]								
4. verify check						[Progress bar]						
5. Conclusion								[Progress bar]				

Content structure: The book is divided into several parts, which respectively introduce the basic knowledge of vocal music, the characteristics of sea vegetable cavity, the training methods of vocal music skills and the application of actual singing.

Vocal skills training: The textbook explains the training methods of vocal skills in detail, including breathing, vocalise, resonance, pitch, etc. These training methods are applicable to various singing methods, which not only help to improve the singing level, but also help to protect the voice.

Teaching schedule

The Vocal Haicaiqiang Tutorial

1. Preface Haicaiqiang, also known as Yunnan folk song, originated in Yunnan Province, Shiping County. With a unique regional style and rich artistic expression. This tutorial aims to provide vocal music lovers with a way and way to learn Haicaiqiang, through systematic training, so that students can skillfully sing Haicaiqiang, further inherit and carry forward this excellent folk music.

Skill training (1) Singing skills: pronunciation, timbre, vocal range, intensity, speed and other aspects of the training.

A complete Haicaiqiang, the subject is just a seven words (28 words), other lining and vernacular but more than hundreds of thousands of words, and belong to the subject of the 28 and not coherent together, to scattered in the middle part of the seven cavity (paragraph), to the cavity "point" to the word shen together, to form a complete content (this is a bit with ancient book "secret zhuge god number" like 384 obituary).

In addition to the eight normal rejection cavity], there are also two "rejection cavity" and three "rejection cavity", a total of 13 parts.

Singing Rules Program Brief Table

Singing process	The name of the singing	Singer	Singing content	
1	Detention cavity 1	Sing in unison	Wnie er..... we are idle today....	to sing and play again
2	Detention cavity 2	Solo	If you take a selfie than you pick it	up alone
3	Detention cavity 3	Solo	My ni..... Ten pity ink... is	people can not
4	Detention cavity 4	Sing in unison	You can't take your own picture	alone
5	Take the cavity	Sing in unison	Oh—since you must pull the ink,	I'll going to learn?
6	Fall cavity	Solo	Hui luo hui luo... hui luo is first...	yo

Use of extensive lining: lining is widely used in folk music, but Haicaiqiang is rare without lining.

Haicaiqiang The music generally consists of three parts: virtual sound, positive sound and inserted sound. In addition to the positive sound, false sound (no real meaning) and inserted sound (solid meaning) are the lining cavity. A complete Haicaiqiang, totaling about 800 to 1,000 words, but "cavity" only accounts for 28 words, only equivalent to a few tenth of the whole song.

Literature review:

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