

局部注射、小针刀联合治疗肩周炎的疗效观察

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【摘要】: 目的: 方法: 40
20
结果: 结论:

【关键词】:

Observation of the Efficacy of Local Injection and Small Needle Knife Combined with Manual Release in the Treatment of Frozen Shoulder

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Abstract: Objective: To explore the effect of local injection and small needle knife combination in the treatment of frozen shoulder in the treatment of frozen shoulder. Methods: 40 patients with frozen shoulder, 20 cases in each of the two groups were randomized, the control group under the local injection of shoulder joint loosening, observation group local injection, small needle knife release and shoulder joint loosening, the treatment effect was analyzed. Results: Observation group in the shoulder joint range of motion; Total efficiency two groups; Shoulder function and quality of life scores were superior to the control group. Conclusion: Local injection, small needle knife combined with manual release for the treatment of frozen shoulder has excellent curative effect and is worth promoting and applying.

Keywords: Local injection; Small needle knife; Manual release

10 10 46-72
59.79± 3.46 P 0.05

1.2

^[1] X MRI

1-2cm

8ml 30mg 0.5% 20ml
4ml

40

1 资料与方法

1.1

2020 3 2020 12
40

40
20 11 9 45-73
58.62± 3.81 20

75.76± 7.52 82.30
 ± 8.02 t=2.660 P=0.011
 2.4 P 0.05

76.63± 5.53 86.37
 ± 6.22 t=5.234 P=0.001

3 讨论
 3.1
 1.3 1 Bunker
 2
 3
 1.4 /
 1 2
 2 4 3.2
 3
 100
 1.5
 SPSS20.0 - - t
 - [n %]- P<0.05
 2 结果 3.3
 2.1

P 0.05
 151.78± 22.97 134.22
 ± 21.80 t=2.480 P=0.018
 80.99± 14.65 3.4
 63.05± 11.79 t=4.266 P=0.001
 79.92± 12.56
 61.04± 10.84 t=5.089 P=0.001
 2.2 P 0.05
 5 9 6 3
 70.00% 3.5
 9 10 1
 95.00% $\chi^2=4.329$ P=0.037
 2.3 coracohumeralligament CHI
 P 0.05 1992
 CHL

CHL

CHL

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