

# 手术室优质护理在子宫肌瘤切除术中的价值

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【摘 要】：目的：方法：120 5 2016 7 -2021 7 120  
60  
结果：P<0.05 P<0.05 结论：P<0.05 SAS SDS  
P<0.05

【关键词】：

## The Value of Quality Nursing in Operating Room in Hysteromyomectomy

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**Abstract:**Objective: To explore the clinical value of high-quality nursing in operating room in nursing of patients undergoing myomectomy. Methods: The patients who underwent myomectomy in our hospital were selected for this study. The grouping method was the lottery method. There were a total of 120 candidates. The selection time was 5 years, and the specific time was from July 2016 to July 2021. The 120 patients were divided into two groups, namely: the control group and the experimental group. The experimental group was treated with high-quality nursing in the operating room, and the control group was treated with routine nursing. There were 60 patients in each group. The nursing effects of the two groups were compared. Results: The clinical indicators such as anal exhaust time, eating time, and discharge time in the experimental group were lower than those in the control group ( $P<0.05$ ); the SAS and SDS scores in the experimental group were significantly lower than those in the control group ( $P<0.05$ ); nursing care in the experimental group satisfaction was higher than that of the control group ( $P<0.05$ ). Conclusion: High-quality nursing in the operating room can effectively improve the patient's negative emotions, and it is worthy of clinical application and promotion.

**Keywords:**Uterine fibroids; Eliminate operation; Quality nursing in operating room; Clinical; Value

43.24± 2.11

$P>0.05$

[1- 2]

1.2

120 2016

7 - 2021 7

1

### 1 临床资料与治疗方法

1.1

2016 7 - 2021 7

2

120

60

60 120

90

30

50

30

42.12± 2.08

[3]

14.28

± 2.24

66

29

3

## 2 结果

2.1

21-25

40%-60%

P<0.05

1

1

$\bar{x} \pm s$

37

[4-5]

4

		h	h	d
	60	15.43± 2.17	6.71± 1.27	3.45± 1.18
	60	24.38± 3.23	9.18± 3.14	6.78± 1.21
T		17.8160	5.6486	15.2617
P		0.0000	0.0000	0.0000

2.2

6-24

SAS SDS

P<0.05

2

2

$\bar{x} \pm s$

		SAS	SDS
	60	32.51± 4.27	38.03± 2.33
	60	41.42± 6.15	46.39± 5.18
T		9.2182	11.4009
P		0.0000	0.0000

2.3

P

0.05

3

3

n, %

1.3

1

2

SAS SDS

3

=

+

/ × 100%

4

1.4

SPSS17.0

SAS SDS

T

P<0.05

n, %

$\bar{x} \pm s$

$\chi^2$

P>0.05

	60	57(95.00)	3(5.00)	0(0.00)	60(100.00)
	60	51(85.00)	5(8.33)	4(6.67)	56(93.33)
$\chi^2$					4.1379
P					0.0419

24

5

P 0.05 4

4

n=40  $\bar{x} \pm s$

	83.33± 5.33	84.12± 6.33	78.66± 4.33
	77.33± 4.12	77.65± 5.18	75.39± 5.12
t	5.6329	5.0028	3.0842
P	0.0000	0.0000	0.0028

3 讨论

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