

音乐疗法对脑卒中患者认知功能障碍的影响

王少武 吴元媛 侯自新
上海市第四康复医院 上海 200040

【摘要】: 目的: 方法: 2021 1 -2022 1 80
结果: SAS SDS
P 0.05 结论:

【关键词】:

Influence of Music Therapy on Cognitive Dysfunction of Stroke Patients

Shaowu Wang Yuanyuan Wu Zixin Hou

Shanghai Fourth Rehabilitation Hospital Shanghai 200040

Abstract:Objective: To explore the effect of music therapy on cognitive dysfunction in stroke patients. Methods: 80 stroke patients in our hospital from January 2021 to January 2022 were divided into two groups by double-blind random method. The control group was given routine rehabilitation, and the experimental group was given music therapy rehabilitation. The anxiety SAS score, depression SDS score, cognitive function score, and rehabilitation satisfaction were compared between the two groups before and after rehabilitation. Results: The anxiety SAS score and depression SDS score of the experimental group were lower than those of the control group, the cognitive function score was higher than that of the control group, and the recovery satisfaction was higher than that of the control group, $P < 0.05$. Conclusion: The rehabilitation effect of music therapy for stroke patients is definite, which can reduce patients' anxiety and depression, improve their cognitive function and improve their satisfaction.

Keywords: Music therapy; Stroke patients; Cognitive dysfunction; Influence

$P > 0.05$
1.2

[1-2]

1

1 资料和方法

1.1

2021	1	-2022	1	80	
		40		18	22
61-80		69.23± 5.26		29	
11		4-12		6.32± 2.42	
5-15		8.21± 3.21		19	3
21		60-80		69.83± 4.32	
28		12		4-12	6.52
± 2.14		6-15		8.93± 4.32	

		33.12± 1.94	38.21± 1.56	27.21± 1.02
		54.91± 6.42	56.13± 5.25	22.33± 1.01
		42.56± 3.23	45.57± 2.13	25.12± 1.01

5

2.2

6

40 100.00

32 80.00

P 0.05

3 讨论

1

2

1

2

6

4

3

2

BMI

BMI

3

4

1.3

SAS

SDS

[3-4]

1.4

SPSS23.0

χ^2

t

P 0.05

2 结果

2.1 SAS

SDS

SAS

SDS

P 0.05

SAS

SDS

SAS

1

SDS

P 0.05

1

2

1

SAS

SDS

$\bar{x} \pm s$

		SAS	SDS	
		54.56± 6.81	56.37± 5.36	22.37± 1.06

[5]

1

20

BGM

2

3

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SAS

SDS

P 0.05