

重症监护病房气管切开患者护理中开展以患者为中心的 护理措施

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【摘要】:目的:探讨重症监护病房气管切开患者护理中开展以患者为中心的护理措施的效果。方法:选取2020年4月至2021年7月收治的重症监护病房气管切开患者90例,分为对照组45例和观察组45例。对照组给予常规护理,观察组给予以患者为中心的护理措施。比较两组患者的舒适度、并发症发生率、护理满意度及护理依从性。结果:观察组患者的舒适度、护理满意度及护理依从性均高于对照组,并发症发生率低于对照组,差异具有统计学意义($P < 0.05$)。结论:重症监护病房气管切开患者护理中开展以患者为中心的护理措施,能有效提高患者的舒适度、护理满意度及护理依从性,降低并发症发生率,值得推广应用。

【关键词】:重症监护病房;气管切开;患者为中心;护理措施;效果

Carrying out Patient-centered Nursing Measures in the Nursing of Patients with Tracheotomy in Intensive Care Unit

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Abstract: Objective: To explore the effect of patient-centered nursing measures in the nursing of patients with tracheotomy in intensive care unit. Methods: A total of 90 patients with tracheotomy admitted to the intensive care unit of our hospital from April 2020 to July 2021 were selected and divided into two groups, including 45 cases in the control group, who were given routine nursing, and 45 cases in the observation group, who were given patient-centered nursing measures on this basis. The comfort level, the incidence of complications such as pulmonary infection and subcutaneous bleeding and the nursing satisfaction of patients before and after nursing were compared between the two groups. To compare the value of two nursing methods for patients with tracheotomy. Results: The complication rate, nursing comfort and nursing satisfaction of the observation group were better than those of the control group, and the difference was statistically significant ($P < 0.05$). Conclusion: The patient-centered nursing intervention applied to patients with tracheotomy in intensive care unit can reduce the incidence of complications, improve nursing satisfaction and nursing comfort, and promote the improvement of patients' condition, which is worthy of implementation and application.

Keywords: Intensive care unit; Patients with tracheotomy; Patient centered; Nursing measures and effects

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