优质护理在病毒性肝炎患者中的作用

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【摘　要】：┳ 徥┳ ╗ 娀媲☞恾她勿墠儩× 儆╝ 葝咕歛剸╋ 伻介嗸剸岓垠葝尉她勿墠┫ 她× 豐叼哖⇑ ┳ 徥她吤嚎呖蜃搨咤掂伉 2016 兘 7 咔ㄸ 2019 兘 6 咔┻ 挽咤掂剢嚸夒她葝咕歛剸╋ 伻介嗸剸岓垠她 92 ㎙葝尉巹兢掓咪伐僲慷╥ 葝尉甍ヨㄛ宧巹ㄛ┳ 復傒宧└ 偳摽宧巹儆儆埡宧她葝尉甍ヨ呮慄她勿墠巹扇儆╝ 復傒宧她葝尉甍ヨ☞恾她勿墠巹儆┣ 宧葝尉她攉囊恾扉她怟ㄛ剅ル⇐慩唅壓⇐儆╝ 嚸夒儩× 她懅瀆婁巢甍ヨ儆嗺ㄛ啞⇑ 娀媲她家哖㋕墇復傒宧她葝尉她囖嗸剅ル她慩唅壓⇐嬝墠儩× 她慩唅壓⇐二供她勿墠皀ㅓ她慩唅壓└ 儆埡宧她葝尉妠嗺慆二咕凑側她儯写巹伶嗔咕疐忓偕她剛┻ 瞟復傒宧葝尉她攉囊恾扉她怟ㄛ⇐ㅠ皀她怟ㄛ⇐処墠剅ル她怟ㄛ⇐惏⚁ㅠ皀她怟ㄛ└ 儆埡宧她葝尉妠嗺慆二咕凑側她儯写剸巹咕疐忓偕她剛┻ 瞟復傒宧葝尉区徥嗔唏巡壓⇐区徥嗔嚸夒壓⇐葝尉傁僊妒嬝壓⇐葝尉処分╋ 復媔哌壓└ 儆埡宧她葝尉妠嗺慆二咕凑側她儯写剸巹伶嗔咕疐忓偕她剛┻ ⇑ 啾卣娀媲剆家丅瞕慄慮儆歛剸╋ 伻介嗸剸岓垠葝尉甍ヨ☞恾她勿墠儩× 巹皀侤咕叼伐庛撣勿墠她恾扉└ 叼哖巹庛撣葝尉儆╝ 嚸夒儩× 她懅瀆婁巢巹兢┘ 咕叼伐庛撣葝尉她攉囊恾扉└ 嚶兆巹伶嗔怎勿墠吤嚎关冶影全嗔伐卽全└ 关豐⇑

【关键词】：歛剸╋ 伻介嗸剸岓垠瞟☞恾勿墠瞟嚸夒叼哖

The Role of Quality Nursing in Patients with Viral Hepatitis

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Abstract: Mainly in order to study the high quality nursing work for patients with chronic hepatitis B in the nursing effect. Main method is to collect our college in July 2016 to June 2019 between the institutes treatment of 92 patients with chronic hepatitis b viral hepatitis, and randomly grouped these patients, divided into observation group and experimental group, patients of control group of ordinary care, for the observation group of patients with quality care, The scores of quality of life, compliance rate and compliance degree of treatment were compared and analyzed between the two groups. The results of the study found that there were great differences between the observation group and the control group in the compliance rate of disinfection, management and nursing ability, so there were statistical significance. The scores of quality of life, function, psychological condition and physical function of patients in the observation group were significantly different from those in the control group, with statistical significance. Compared with the control group, the observation group had great differences in the required medication rate, the required treatment rate, the supervision rate of patients' family members and the optimistic and positive rate of patients, so it was statistically significant. According to the research concluded that through the study of the quality of patients with chronic hepatitis b viral hepatitis of nursing work, can effectively improve the quality and effect of nursing, improve the patients for compliance with treatment, and effectively improve the patient's quality of life and level, so the nursing method should be popularized and applied widely.

Keywords: Chronic hepatitis B; Quality nursing; Treatment effect

歛剸╋ 伻介嗸剸岓垠呖岦ㅈ呃兑徨她二咕♔晛剸她夬夰┻ ┆ 巹┳ 徥呖壯╝ 葝尉影介嗸劉晛扇偈崠她⇑ 歛剸╋ 伻介嗸剸岓垠♂儆葝尉她岓旹仗価憒励搋兑┤ 扇她卞♗巹kℓ呀葝尉伉葝咕鯱介失┻ ㎚♂宲慮┆ 嗯呀挽動♂傒徯巹┳ 徥她彙墇┳ 葝尉丅墇呉ㅓ⇐剌処⇐㏆⇐岮嘩侈倆嫽㎓婇失堳巹ナ嗂葝尉她岓旹仗価╋ ♂丅墇太合她剅ル巹俏哖葝尉┓ 皀侤㊦呀她嚸夒巹♂【澤介剅—扇巹憙圁她剌ㅛ巹丅墇岓龣⇐岓娥ㅛ嫽㎓婇夬介掷搔巹儆葝尉她攉一偦ダ憒励搋兑┤ 扇她㈱僨⇑ 儆╝ 葝咕怎介失她葝尉咾怜巹伉ナ嚸夒她慮婁┫ 慄兑懿呖憔豐巡堜嚸夒她吤嚎巹┘ 搕徥蓯悏嗺慆抄她嚸夒呀挽巹伉偳捴嚸夒慮婁┫ 巹啾卣葝尉她偳捴剅ル窛└ 葝尉┆ 侒她勿墠巹皀侤咕叼伐庛撣嚸夒她恾扉└ 叼哖巹兎ㄸ葝尉吹吵丹侔⇑ 咤嬬吐嫙┳ 徥儆☞恾她勿墠伉儆葝咕歛剸╋ 伻介嗸剸岓垠葝尉她勿墠儩× ┫ 她关豐叼哖甍ヨ娀媲└ ㄛ啞巹┳ 徥┳ ▼ ┒ ピ傣⇑

1 相关资料与护理方法

/,/ 悚吗

蜃搨咤掂伉 0./4 兘 5 咔ㄸ 0./7 兘 4 咔┻ 挽咤掂剢嚸夒她葝咕歛剸╋ 伻介嗸剸岓垠她 70 ㎙葝尉巹兢掓咪伐僲慷╥ 葝尉甍ヨㄛ宧巹ㄛ┳ 復傒宧└ 偳摽宧巹伉儆埡宧┫ 巹咕 06 ㎙壳剸葝尉巹/6 ㎙佶剸葝尉巹葝尉她兆优兘醬伉 3/ 僖優㎈巹兆优她介婁伉 5 兘優㎈巹伉復傒宧┫ 巹咕 05 ㎙壳剸葝尉巹/7 ㎙佶剸葝尉巹葝尉她兆优兘醬伉 3. 僖優㎈巹兆优她介婁

伉 5 葅優cal謍慄慮敓┣ 宧㔥慰她葅甏⇐剃ㄨ嫽GHz揹悚吗甍彐敓嗺㌃墇謍┣ 宧㔥慰兟噔咕愮侧她儰写謍崀佬こ忏娍媲家哖她μℓ墠剃⇑

均惋▾ ┓ 徔嘪她㔥慰崀佬㊣└ ㄷ怎娍媲┪ 瞕㔥慰崀佬婺μℓ怎疥失她唅ン暻㔥慰劇剛兟┳ ㄩ伐㊣└ ㄷ怎娍媲┪ 謍兟┘└ 咤掂嬓尧娲デ她㈰忛⇑

/,0 勿墠吩嚎

敓敓埡宧她㔥慰甍彐呮慄她勿墠儩× 謍┳ 徔她吩嚎呖敓㔥慰甍彐傢咟她啌踮▾ ダ揖她㔥慰她疥剥謍ㄲ呲㔥慰呖kPaT墇┒ 疥剥ㄝ丱她剥ル謍兟扃ㄤ娲关她噤夔吩嚎⇑ 敓復傒宧她㔥慰甍彐☞恾她勿墠儩× 謍┳ 徔她吩嚎┳ ▾ ┓ ㄆ垱ピ傣⇑

暨/瞭搖徔敓㔥慰甍彐┊ 傢她ャ丹吃岡謍伉娲デ儩× 冗優她慮婺┪ ㌃墇謍侧懐こ她㔥慰懿勿偊伉埔庬⇐┓ 偮嫽GHz嫽┓ 嵑她剥寋謍kℓ呀慶♂ ◇咕侮妮嫽失塌謍咕╥ 㔥慰慶偊伉┓ 婳哌成μℓ噤夔儩× 她挷搔謍敓噤夔儩× 她冗優憒励┒ ┤ 扇她凋中謍伶嗔謍伉勿墠儩× ┪ 謍勿墠▄ Gy凮摵徔㊦呀垱她└ 㔥慰甍彐嘘慄╫ 嚦謍┒ 微㔥慰她偳捻剥ル謍兟敓ナ甍彐夏偈謍兎ㄷ㔥慰寰微┓ 嵑剥寋謍【瀴㔥慰こ匴┼ 復她処分謍婳哌伐成μℓ噤夔儩× 謍▾ 嗔朊撣噤夔她恾扉└ 叼哖⇑

暨0瞭伉☞恾她勿墠儩× 冗優┪ 謍勿墠▄ Gy凮摵徔剢㔥慰▾ ㊦㔥慰傻僊快來她▋ 宰└ 夬疥娲デ她姖忱ピ傣謍兟┘ 搖徔cm㔥慰▋ 宰㈰掂她墆侊⇐娲デ她儩× ▄ Gy嫽GHz吩揖她ピ傣謍▾ 嗔志㔥慰咕┊ 傢她忒忱└ ┒ 微謍兎ㄷ㔥慰击幡伐憏关㈰掂她墆侊⇑ ┊ 崥剥ル┓ 㔥咕怎疥失她㔥慰懿♂偊伉GHz嫽処墠挷搔謍伶嗔伉偳捻勿墠┪ 凮摵徔—洍処墠勿墠她ㄊ眞謍偊└ 㔥慰甍彐嘘慄⇐夏偈謍【瀴㔥慰崀佬こ匴嵑傢她処分謍ニ⊡nA ▾ cm㔥慰忞憇▾ 凋她噤奐〗謍志㔥慰囩啿伐忒忱ㄷ䎘徔婳哌成μℓ噤夔儩× 傲咕nA崀凉兴她噤副謍啘嬓㔥慰她崥ざ処謍微リ㔥慰偊伉她処墠挷搔謍え甍噤夔儩× 搖ㄴ冗優⇑ kℓ呀勿墠▄ Gy关冶扃豐GHz嫽吩嚎咾僥nA崀伐こ合㔥慰她噻剛ㄊ謍嗺俏婳哌伐敳ㄹ㔥慰㊣└ ㄷGHz嫽囊ㄩ┤ ⇑ ㈰掂关冶僘葅甏娲◣ ⇐墔囊岖呼娲◆她㔥慰偮卵ㄷkℓ┊ ┤ 疥勧┤ 謍▾ 嗔崀佬侈—㔥慰┷ 挽她テkℓ怕徸謍【瀴㔥慰◆ 崀佬嘘慄╫ 嚦謍娲╠ 敳ㄹ⇐娲╠ 掇◇謍寰微GHz嫽処墠挷搔暻ナ嗂謍慶nA▾ 冗優藝恔♂嫽囊ㄩ謍└ 㔥慰▾ ㊦㔥慰她傻僊甍彐嘘慄╫ 嚦謍微嬉ナ偊伉她GHz嫽挷搔謍兟婳哌伐敳ㄹ㔥慰◆ 成μℓ噤夔謍尋嬓ざ処⇑

暨1瞭敓㔥慰她捧擊吩揖甍彐勿墠謍敓╜ 㔥咕叙剃┼ 佯疥嫯剃岓垠㔥慰咾怜謍凮摵徔こ忏捧擊囩困謍┘ 擊悚凮摵徔呋╜ 嚖丱謍咕ゲ惋她棿ノ謍㔥慰关冶傥MHz偊掐⇑ 俏哖㔥慰偊伉揓兑┤ 扇她C/kgmm墇恥謍nA▾ 伉MHz夯ㄨ擊豐捨嗒C/kgmm她巡悚⇑ 敓╜ 捧擊慆傥她㔥慰咾怜謍凮徔她剥ル┓ 搖徔敓ナ彙ゲ帷帜孖謍兟こ忏帷帜孖她刣扉伉μℓ墠她龔佯ピ⇑ ナ嗂謍㔥咕怎夬疥她㔥慰嬰嗒捧豐衮謍憇シ衮孤敓㔥慰她岓岦憒励┤ 扇她卞伝謍kℓ呀敓㔥慰她疥剥甍彐㊦呀她妒踮謍ダ揖伐┒ 微㔥慰她剥ル謍僥吹㌃墇㔥慰偊伉她疥剥剕丱她挷搔⇑

暨2瞭敓巡悚吩揖甍彐勿墠謍敓╜ 刚剃她岓垠㔥慰咾怜凮摵徔┤ 嗖区埡㈰墔她尋忛└ 匸偈咾豐巡謍憇シT墇坊豐巡嫽剥ル扃敓㔥慰她岓岦伩価憒励┤ 扇她卞偾⇑ 敓╜ 叙剃岓垠她㔥慰咾怜謍搖徔敓巡悚她咘豐吩嚎⇐咘豐她ㅄ扉甍彐┤ 嗖她勦虺謍兟敓㔥慰咘豐巡悚nm她┓ 嵑ㄦ⁻关剥ル甍彐復傒謍kℓ呀慶搖徔cm㔥慰忞憇咘豐巡悚┷ nmnA崀♂冡倫她GHz嫽┓ 嵑ㄦ⁻关謍▾ ㊦GHz嫽噻剛╙ 揹嫽⇑ ナ嗂謍慶搖徔姅え兟kΩ姖㔥慰傢咟伐甍彐傦呼謍▾ 嗔┒ 微㔥慰她偳捻剥ル⇑ 㔥慰伉咘豐兟勧學慷變巡悚呀謍nA崀♂冡㌃嗺慆偊她┓ 嵑ㄦ⁻关謍嗺俏C/kgmm⇐侯呐⇐峡㌃嫽嫽謍慷╤ 懿呖嗺慆嗓兑她墇恥謍伶嗔俏哖㔥慰伉咘豐怎巡悚呀T墇▾ ┓ 剥ル┓ 搖徔も巡暻㔥慰伉咘豐GHz變巡悚呀凮摵徔┤ 嗖区埡㈰仆謍憇シ慮吹も巡勅慰呖咘拡巡悚扃敓噤夔ヽ 墔┓ ㄴ她凋中⇑ 伉も巡她呀な搖徔敓㔥慰甍彐揿忪謍㊦呀她┒ 微㔥慰她剥ル謍凮徔她剥ル┓ 搖徔害盗咘巡⇑

/,1 復傒ピ傣

敓┣ 宧㔥慰伉勿墠儩× ㅈnm她墔囊恾扉她恹こ剥ル⇐憓唅麼⇐敓╜ 噤夔儩× 她慷瀆婺眞甍彐敓嗺こ啞⇑

敓╜ 墔囊恾扉她恹こ咾怜謍┳ 徔呖慄慮挷㉡怫呼她吩嚎志㔥慰敓偳捻墔囊她恾扉甍彐恹こ謍ナ┤ ┳ 徔∞匡墔囊咽● ⇐╥崀她恹こ⇐処墠剥ル她恹こ⇐慏⊡╥崀她恹こ謍恹こ怒撣ル怜呉㔥慰她墔囊恾扉慆傢暻敓╜ 噤夔儩× 她慷瀆婺眞咾怜謍┳ 徔呖扃豐娲关她恹♠彙咾甍彐恹傢謍ナ┤ ┳ 徔∞匡┒ 㔥慰区徔嘪咘巡麼⇐区徔嘪噤夔麼⇐㔥慰傻僊妒嬶麼⇐㔥慰処分┼ 復婳哌麼嫽吩揖她恹傢謍ニ⊡nA▾ こ┳ 傑ダ慷瀆⇐嗺慆慷瀆丁┓ 慷瀆慷┏ ┤ 嫽宎⇑

/,2 寁忏她吩嚎

敓╜ 寁忏她吩嚎咾怜┳ 徔扃豐┒ 娲关她恖● 咾敓GHz嫽同鹵ざ刻甍彐寁忏└ 侚墠⇑

2 研究结果

0,/ ┣ 宧㔥慰慷唅麼她敓嗺

敓╜ 復傒宧她㔥慰咾怜謍嚖赘剥ル她慷唅麼⇐嬶墠儩× 她慷唅麼⇐二供她勿墠崀ㄊ她慷唅麼└ 敓埡宧娲嗺懿嗺慆傢謍┳ 徔┳ 彙 / 勍娩⇑

彙 / ┣ 宧㔥慰勿墠恾扉慷唅麼嗺慆

宧ㄨ	I	嚖赘捘媮	疥偷嬶墠	勿墠崀ㄊμℓ嗖
復傒宧	24	21暨71,25瞭	2/暨67,/1瞭	20暨7/,1. 瞭
敓埡宧	24	12暨51,7/瞭	10暨47,34瞭	11暨5/,51瞭
V^0		6,3202	4,5/01	6,23//
n		.,. . 1	. ,. 0/	.,. . 4

0,0 ┣ 宧㔥慰墔囊恾扉恹こ她敓嗺

敓╜ 復傒宧她㔥慰咾怜謍ナ墔囊恾扉她恹こ└ 敓埡宧娲嗺慆☞謍┳ 徔彙墇伉墔囊咽● ⇐╥崀她恹こ⇐処墠剥ル她恹こ⇐慏⊡╥崀慷ㄆ┤ 吩揖⊡墇T咾謍俏彙 0 勍娩⇑

彙 0 ┣ 宧㔥慰墔囊恾扉恹こ嗺慆

宧ㄨ	I	悚恾 墔囊	婚♂ ╥崀	処墠╥崀	愧⊡╥崀

復傒宧	24	34,23¤ 3,00	63,12¤ 5,01	65,23¤ 7,. 0	52,/ 1¤ 4,76
倣埡宧	24	20,/ 0¤ 2,11	41,01¤ 4,//	52,14¤ 5,05	40,22¤ 3,56
r		/ 2,0421	/ 2,1/ 00	6,/ . 21	5,7423
n		. ,. . . /	. ,. . . /	. ,. . . /	. ,. . . /

嚏暉┐ 卻彙 0

0,1 ┣ 宧㔟尉倣噤夔懅瀆婺鼻她倣嗺

復傒宧她㔟尉倣噤夔儩× 她懅瀆婺鼻└ 倣埡宧㚷嗺慆佷齧┳ 徥 │巡堜咘豐剅ル⇐噤夔夔婺侟匱⇐傁僊她妒嬝⇐㔟尉她分鼻吤揖彙墇丅咾齧俏彙 1 �california妮⇑

彙 1 ┣ 宧㔟尉倣噤夔儩× 她懅瀆婺鼻嗺慆

宧ㄴㄨ	l	咘巡剅ル	夔婺侟匱	傁僊妒姘	噤夔分鼻
復傒宧	24	2. 暨64,7暩	20暨7/ ,1暩	2/暨67,/ 暩	21暨71,2暩
倣埡宧	24	1. 暨43,0暩	11暨5/ ,5暩	10暨47,4暩	12暨51,7暩
V^0		3,5663	5,/ 010	4,1021	6,/ 01/
n		. ,. / 2	. ,. . 4	. ,. / 0	. ,. . 1

3 讨论

歛�THE她╋ 伻介㪟�THE岓垠呖㚇ㄨ呃兑徨她♔哯介┻ ┆ 齧怎夬介她噤夔搖徥蓯恢嗺慆抄她呀挽兢┘ 傃呋ア̄俯ㄌ×⇑┆ 崹剅ル┐ 彍回♔取⇐劉哯⇐摢捨┓ ㄈ♪嫽GHz婃伶學懿♂傝崠怎夬介她、 壝齧kℓ呀怎夬介♂倣㔟尉她岓呰仗偭憒励┤ 扇她卞偾齧㔟尉兑丅墇ㄌ埆⇐C/㎏mm⇐太㕣嫽失堳齧涸中㔟尉她嗓兑壝囊齧俏哖┓ 㒷㊦呀伐蔕ヨ噤夔♂傝崠介剅剌ㅛ齧丅墇岓蘮嫽介失⇑

伉偳捴她噤夔慮婺┫ 齧㔟尉寀兑♂丅墇埔庬⇐孺枺⇐偾划嫽処墠挷搔齧【澤㔟尉吳噱凑佷伐成μℓ噤夔儩× 她冗僈齧伶嗔伉勿墠她慮婺┫ 搖徥一冱倣㔟尉処墠吤揖她勿墠齧勿墠■ Gy关冶㎝㔟尉呮㊦㚷デ她姫忱齧嗺俏夬介、 壝她㉶伶⇐噤夔她吤噱嫽嫽齧▾ 嗔兎ㄴㄷ㔟尉寰徼┓ 峈剅搴齧┓ ▌ 㒷佬志㔟尉媔哌伐成μℓ噤夔儩× 齧庛撣倣勿墠儩× 她均剻婺鼻齧慶㒷佬一愿㔟尉她太㕣齧懇シGHz婃┓ 峈ア̄关她丅墇⇑ 慄慮倣㔟尉蔕ヨ☞恾她勿墠齧咕叼伐庛撣╗ 勿墠她恾扉└ 叼哖齧kℓ呀╋ 懇シ╗ 壯╝ 傁僊掇勿扃憒励她GHz婃挷搔齧【澤㔟尉▾ ㊦㔟尉傁僊倣╝ 勿墠儩× 她均剻婺鼻吳呜庛㈡齧宻㔟尉帨憒峈佷她噤夔⇐丹俯她墆侁齧ぇ蔕㔟尉吹吵丹俯齧└ 嗔kℓ呀╋ ぇ蔕╗ 峈佷她㈏㔟デ孳她㝷嬔⇑

慄兑剅ル┐ 倣╝ 歛剌╋ 伻介㪟剌岓垠夬介她噤夔懿呖扃豐巡堜噤夔她吤噱齧┳ 徥呖┳ ╗ 倣㔟尉⚀ピ她介㪟蔕ヨ包勬└ 噤夔齧伉偳捴她巡堜噤夔她慮婺┫ 齧┓ kℓ她巡堜nA㒷♂家ㄌ┓ kℓ她┓ 峈ア̄关齧倣㔟尉她枷俯憒励┆ 傢她涸中齧ナ嗂齧怎夬介她噤夔♂蓯恢嗺慆抄她呀挽齧┘ 揓兑傃呋ア̄俯她ㄌ× 齧♂傝崠㔟尉伉噤夔她慮婺┫ 丅墇侮呲⇐偾划嫽GHz婃処墠挷搔齧吳噱媔哌┳ ㄴ伐成μℓ噤夔儩× 她冗僈⇑ ナ嗂齧懷ㄜ㔟尉伉介剅咕┆ 傢她佷愰┻ ㎚傲も嗒豐巡齧慷婃剅ル倣噤夔她叼哖、 壝┓ ㄴ她涸中齧┤ 扇她怆慶♂傝崠㔟尉介剅剌ㅛ齧伶嗔凨摵徥一冱㔟尉伉噤夔慮婺┫ 她勿墠ㅓ鼻⇑

4 结束语

寛┐ 勍甛齧倣㔟咕歛剌╋ 伻介㪟剌岓垠蔕ヨ☞恾她勿墠㒷佬凑側婺鼻伐庛撣噤夔她恾扉└ 叼哖齧庛撣㔟尉倣╝ 噤夔儩× 她懅瀆婺鼻齧寰徼㔟尉偊伉她GHz婃┓ 峈剅搴齧伶嗔へ澤宻全噴伐卽全└ 关豐⇑

参考文献:

Ⅴ[∠㒷,┫ 徤㈏家μℓ勿墠駪摢倣歛剌╋ 伻介㪟剌岓垠俯ㄌ塺她涸中ⅥH,ピ幣ミッ┫ ㈏巡*0. / 5*14&. '8/ 4/ +/ 40,

Ⅵ0[假市咾*敇♖墘*悾亹叿,NBA? 瀆墆㔾勿墠駪摢伉号亂歛剌╋ 伻介㪟剌岓垠㔟尉壝偊恾扉┫ 她叼哖ⅥH,┫ 份㈏巡婔偕*0. / 5*5&4'8/ 56+/ 6. ,

Ⅵ1[捷捩*╋ 哄,☞恾勿墠伉歛剌╋ 伻介㪟剌岓垠㔟尉┫ 她┳ 六復傒ⅥH┫ 徤㈏家μℓ処彍嬝介壳偄咭黴*0. / 6*4 &07'845* 5. ,