

# 健康教育护理在发热门诊患者中的应用

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【摘 要】:目的: 卹媲や冄吃岡勿墠伉弛埆挲怜剓屗┪ 她关壨叼哖↑方法:憔ζ┛ 2019 兡 1 咔崟 2021 兡 1 咔咤掂弛埆挲 怜叵噤她 86 〕 剓屗暬椒咪乙┱ 復傒宧暨や冄吃岡勿墠際厂傚埡宧暨兑循勿墠暩础 43 ■ ↑ 结果: 妯嗺┛ 傚埡宧暨81.40% 暩暬復傒宧勿墠均劂兾暨95.35% 際慆撣暨P<0.05際暻兟搄m暬復傒宧壦囊恾扉←崜┲ 勿墠峎귂←処墠冰刜忯乙优慆撣暬姃妮恾扉忯乙慆♬暨P<0.05除↑ 结论: や冄吃岡勿墠伉弛埆挲忴剓屗┪ 她关壨叼哖(ス)乙呜帲↑

【关键词】: や冄吃岡勿墠暘弛埆挲吟暘关壨叼哖

## **Application of Health Education and Nursing in Fever Outpatients**

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**Abstract:** Objective: To explore the effect of health education nursing in fever outpatients. Methods: A total of 86 patients admitted to fever clinic of our hospital from January 2019 to January 2021 were selected and randomly divided into observation group (health education nursing) and control group (routine nursing) with 43 patients in each group. Results: Compared with the control group (81.40%), the nursing satisfaction of the observation group (95.35%) was higher (P<0.05); After intervention, the scores of quality of life, autonomous nursing ability and psychological resilience in the observation group were higher, and the score of sleep quality was lower (P<0.05). Conclusion: The effect of health education and nursing in fever outpatients is very significant.

Keywords: Health education and nursing; Fever clinic; Application effect

## 1 资料与方法

/,/ : 崹悚吗

性 2<sup>3</sup> 0. / 7 兡 / 咔崟 0. 0/ 兡 / 咔咤掂弛 埆挲怜叵噤她 64 〕 勢屗暬掓咪 2 〒 復 傒 宧 丆 傚 埡 宧 础 21 ■ ↑ 復 傒 宧 売 03 〕 ← 倍 / 6 〕 暬 兠 优 兡 斃暨 33,04 ¤ 4,/1 暩 僖 暻 做 埡 宧 壳 01 〕 ← 倍 0. 〕 暬 兠 优 兡 斃暨 33,65 ¤ 4,/7 暩 僖 ↑ ┆ 崹 悚 吗 吳 儯 写 暬 № . .. 3 ↑

/,0 吤噱

兑循勿墠傚埡宧↑ 客 L 復傒宧ゃ冄吃岡勿墠暺暨/際循 嶤叫她□傝ፓ佡忚恕埆挲忴勿墠■ Gy她儩× 暬【ナ傚勿墠儩 × 她纳デピ傃二咕ゲひ她』 徼暬傡循嶤叫她勿墠叡× 埯宦危 厖↑ 夕掂m暬勿墠■ Gy掹徥cm剓屗慸ヨ循嶤叫她勿墠暬 | 佢 咤她壦嚢兑忱←壨巡←搼搫嫽吤揖夕勓暬区埡ナ弛埆媝兾暬 傚ナ偳否扚傚刜她兟搄↑ 夕掂m嚭扉剓屗她□圍暬【壨堜墠 捻圍噱捻圍轡央宋怫呼兢¶ 徼勢屗她卲埆④今←央介堳ル嫽暬 做卲埆她④仱勬丅咾暬伉傲忴慮婺┥俏哖咕¶ 嵑ご关丅墇暬 猛徥慸彐扚傚刜她侚墠暬堡ι、呖伉┿戰只匪捻圍慮婺┥ 暬猛 促氧 喝應計 戰她嚳兾替兢噻劂婴凫失暬说こ傲怜偦ダ↑暨0縣 冱叶傚勢屗她姫忱偷吃暬傡□圍她嗓兑捏へkû姫勢屗暬忞徼 卲埆她堪凿丆乙孌暬夬夰她孌伻¶ kℓナ卲埆媝兾┿¶ kℓ暬暨 寍呀挽┿偶伉┆ 偯她儯写暬做┿戰只匪嫽堜墠捻圍她吤噱kû 姫勢屗暬俏哖堜墠捻圍灬□圍澤¶ □卼□暬猛徥扃愆巡堜捻圍暬ル墠憔匨捻圍巡堜她媇孌暬嶙勢屗咕負哯刜夬夰傌伉暬 猛徥kû姫傁僊懇シ劅哯↑ 卲埆慮媝┥ 冱叫傚勢屗她壦囊←搼擊□傝暬¶ 徥擊壨℡坾←慮□←慮埆←噣峽嫽擊堜暬噻劂圖刻暬ぇ慸刱侜↑

/,1 復傒匸唅

暨/際勿墠均劂兾暘暨0際@埡 QD+14 扉彙<sup>宮</sup>低・ 壦嚢恾 扉暘暨1際慱壨 CQA? 扉彙<sup>宮</sup>低◆崜↑ 勿墠崀ᅯ暘暨2暩慱壨 AB+P Q 扉彙<sup>宮</sup>低◆処墠冰刜暘暨3暩慱壨 NQOG低で啥ン<sup>宮</sup>低 偯姃妮恾扉↑

/,2 寁忏偕乙哑

博壨 QNQQ00, 寁忏偕愳● 暬壨T 暨 x ¤ q磜У ← Yl &#'[ 彙婗暬T r) ←T v<sup>0</sup>Y 空摽暬N ... 3 T 儯写咕寁忏偕劂 1

2 结果

0./ 勿墠均劂兾

復傒宦撣」傚埡宧暨N:.,:3暩暬徨彚/↑



彙/勿墠均劂兾↔\&∀'↔

x, 34+31/32 - C										
定は	〕 同	揓兑 均劂	均劂	1 均劂						
復傒 宧	21	06	/1	0	73,13# 暨2/ <i>-</i> 21暩					

傚埡	21	/5	/6	6	6/ ,2. #
宧		/ 3	76	0	暨13-21暩
V <sup>0</sup>					/2,. 62
N					:.,.3

#### 0,0 壦囊恾扉

兟搄nm暬復傒宧优撣」 傚埡宧暨N瞥.,. 3暩暬徨彚 0↑

果り推装に併与れて何日の味											
		愧⊡π峎		婚♂π峎		<b>德</b> 崑π峎		忒姫朮峎		刣⊡や冄	
宦は	〕 同	兟搄ス	兟搄nm	- <b>兟</b> 搄ス	兟搄nm	兟搄ス	兟搄nm	- 兟搄ス	兟搄nm	兟搄ス	兟搄 nm
復傒宧	21	52,30¤ 3,46	7. ,//¤ 4,13	53,0/ ¤ 2,35	7/ ,44¤ 4,11	50,11¤ 3,/4	70,43 ¤ 4,. 2	51,02¤ 4,. 0	7. ,35¤ 4,11	53,06¤ 3,/5	7/,36 ¤ 5,03
傚埡宧	21	52,43¤ 3,/.	6/,62¤ 3,45	52,74¤ 3,. 0	6. ,26¤ 4,36	5/,76¤ 2,76	57,14 ¤ 3,77	52,. 3¤ 3,56	60,42¤ 4,0/	53,26¤ 3,. 3	61,02 ¤ 4,73
r		. ,/ 20	6,/06	. ,1. 6	/.,023	. ,2. 6	/1,.5/	. ,6/0	5,52.	. ,01/	4,726
N		暾. ,. 3	:.,.3	暾.,.3	:.,.3	暾. ,. 3	:.,.3	暾.,.3	:.,.3	暾.,.3	:.,.3

## 0,1 崜劷勿墠峎付忯ひ

兟搄nm暬復傒宧优撣」 傚埡宧暨N瞥.,. 3暩暬徨彚 1↑

#### 

	果「唖케勿坪民「瓜O鱼 Х ※ (白 〇 味										
		   ゃ冄姫忱嚶兠 		崜劷啿凿		崜劷恹◑ 劅		<b>崜</b> 劷勿墠勮峎		刣忯こ	
宦坏		兟搄ス	兟搄nm	兟搄ス	兟搄nm	- 兟搄ス	兟搄 nm	兟搄ㅈ	兟搄nm	兟搄ㅈ	兟搄nm
復傒	21	/7,56¤ 2,15	17,16 ¤ 4,36	/5,/.¤ 2,/0	10,04 ¤ 4,/7	/2,42¤ 1,03	1. ,03 ¤ 4,. 0	/5,40¤ 1,30	14,07¤ 4,06	47,1. ¤ 2,36	/16,37¤ 6,23
	21	/7,62¤ 2,0.	10,0/ ¤ 4,0.	/5,. 3¤ 1,70	02,/3 ¤ 3,62	/2,46¤ 1,3.	0/,01 ¤ 3,64	/5,33¤ 1,1.	07,36¤ 4,. 0	47,13¤ 2,06	/. 4,36¤ 6,03
r		. ,. 61	4,413	. ,. 52	5,751	. ,. 5.	6,761	. ,/ 0/	4,231	. ,. 45	00,456
N		暾.,.3	:.,.3	暾.,.3	:.,.3	暾.,.3	:.,.3	暾. ,. 3	:.,.3	暾. ,. 3	:.,.3

## 0,2 処墠冰刜忯乙

兟搄nm暬復傒宧优撣<sup>划</sup> 傚埡宧暨N瞥.,. 3暩暬徨彚 2↑

## 彙2 処墠冰刜忯で暨x¤c暬で際

÷	)	揬刜		거요	定刜	↑ 復刜		
を	同	兟搄ス	兟搄nm	兟搄ス	兟搄nm	- <b>兟</b> 搄ス	兟搄nm	

ISSN: 2705-0939(Print); 2705-0475 (Online)



復傒宧	21	/6,54¤ 0,31	23,/6¤ /,16	//,/7¤ /,03	05,63¤ .,0/	5,. 7¤ /,/0	/2,36¤ /,0.
傚埡宧	21	/6,53¤ 0,30	12,54¤ /,42	//,.7¤ /,04	/7,34¤ .,02	5,. 5¤ /,/1	/.,07¤ /,//
r		. ,. 01	2. ,452	. ,25/	0/5,270	.,/.3	0/,735
N		暾. ,. 3	:.,.3	暾. ,. 3	:.,.3	暾. ,. 3	:.,.3

噻暺┒卻彙2

0,3 姃妮恾扉

兟搄nm暬復傒宧优♪」 傚埡宧暨N:..3暩暬徨彚 3↑

= 3 姃妮恾扉暨 $x \times c$ 際

	X = 74.70 [CAP = 1.7 4.70									
宧 )		<b>溪户</b> 谣同	同暨谣暩	タ姃呀!	挽暨f暩	姃妮恾扉忯乙暨乙暩				
ᅜ	同	兟搄ㅈ	兟搄nm	兟搄ㅈ	兟搄nm	兟搄ㅈ	兟搄nm			
復経	21	3,06¤ /,30	/,0/¤ .,15	2,03¤ . ,46	.,07¤ .,/4	6,/0¤ /,17	1,07¤ /,2.			
<b>傚</b> 埡 宧	21	3,10¤ /,05	1,4. ¤ /,63	2,02¤ . ,37	/,4/¤.,1/	6,/.¤/,07	4,15¤ /,03			
ı	r	/,. 06	/4,430	/,. 00	/0,032	0,436	/0,. 33			
1	N	暾.,.3	:.,.3	暾.,.3	:.,.3	暾.,.3	:.,.3			

#### 3 讨论

她姫忱吃岡暬【ナゲ乙』 徽沿埆她纳デ姫忱↑ kℓ呀暬伉剓屗 な吟←傝吟←傲吟慮婺┪ 暬傚ナ偳否: 傚: 她ゃ冄偷吃暬nA▼【揚⊡吃岡她┓ 惋凙に富彙暬傚努屗她吐叫嚶兠丆処墠堡 垱ゲ乙展庬暬┓ ■ 崀侤【勢屗咍ーゲ乙她』 徽沿埆她纳デ姫忱暬循嶤勿墠叡× 她纳デ婺兯暬kℓ呀慶nA▼ 冔嫐惀嵑俍她勿 剓嘘慄暬慸屚冽劶丆怷她勿剓デ孶暬ー愿ナ ■ 嵑剠寋暬ぇ慸ナ壦嚢恾扉凙ഥ鸣帲号亂 \*11/21↑

寬」 勍憇暬伉弛埆挲忴剓屗┪ 关壨ゃ冄吃岡勿墠暬nA▼ 厑撣ナ勿墠均劂兾暬配(E)ナ崜劷勿墠崀村暬号亂ナ処墠冰刜 ← 壦嚢①妊妮恾扉↑

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