

# 人文关怀护理对肠造口患者心理状态的影响

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【摘要】：目的：卹嬭■ 吐デ办勿墀倣芥愠シ勢剋処墀墀分她涸中叫哞↑ 方法：憐ゾ劫拮 2021 廻 8 咋-2022 廻 7 咋晒挽巨噤她晏芥齋剋剋勢劬咕剋剋优案芥愠シ惹ヨ噤夔替倣ナ椒咪优乙T 2 宦替乙Lx卻ヲ兑循勿墀㊦■ 吐勿墀替倣唯 2 宦剋剋処墀墀分◀唾勿良T◀兢弑失弑墀座㊦勿墀均剋眞↑ 结果：勿墀× 2 宦剋剋処墀墀分㊦唾勿良T◀低乙兢吴鸣併儻写暨P嗽0.05際替案勿墀兢拒nm替倣嬭宦剋剋 SAS◀SDS 低乙鸣併♫♫ ㊦㊦宦剋剋剋替唾勿良T◀低乙鸣併墀♫ ㊦㊦宦剋剋剋宦挽儻写二供寔忤偕剋♫ 暨P替0.05際↑ 媿媿宦剋剋兢弑失弑墀座媿媿♫ ㊦㊦宦剋剋剋哈♫ 替勿墀均剋眞儿墀♫ ㊦㊦宦剋剋剋宦挽儻写寔忤偕剋♫ 鸣墀暨P替0.05際↑ 结论：T 芥愠シ勢剋剋■ 吐デ办勿墀替良侖哈侖伐号亂剋剋她唾勿良T◀㊦処墀墀分替剋剋倣♫ 噤nm拊俣她ざ処哈墀替|| 眞壯噤澤ㄐㄐ掙↑ 伶扁剋剋噤nm兢弑失弑墀剋儿吴鸣一儁替剋剋倣♫ 勿墀兢拒脚否她均剋眞哈墀替へ澤倣ナ惹ヨT 六卽全关豐↑

【关键词】：■ 吐デ办勿墀曝芥愠シ曝処墀墀分

## Effect of Humanistic Care on Mental State of Patients with Enterostomy

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**Abstract:** Objective: To explore the effect of humanistic care nursing on the psychological state of patients with enterostomy. Methods: Rectal cancer patients admitted to our hospital from August 2021 to July 2022 were selected, and all patients were treated by enterostomy. They were randomly divided into two groups and received routine nursing and humanistic nursing respectively. The psychological state, self-care ability, complication rate and nursing satisfaction of the two groups were compared. Results: Before nursing, there was no significant difference in the scores of psychological state and self-care ability between the two groups ( $P > 0.05$ ). After nursing intervention, the scores of SAS and SDS in the study group were significantly lower than those in the reference group, and the scores of self-care ability were significantly higher than those in the reference group, and the differences between the two groups were statistically significant ( $P < 0.05$ ). The incidence of complications in the study group was lower than that in the reference group, and the nursing satisfaction was higher than that in the reference group, and the differences between the groups were statistically significant ( $P < 0.05$ ). Conclusion: Humanistic care for patients with enterostomy can better improve the self-care ability and psychological state of patients, patients have higher confidence in postoperative recovery, and thus the compliance is guaranteed. Therefore, the incidence of postoperative complications in patients is significantly reduced, and the satisfaction of patients with nursing interventions is higher, which is worthy of clinical application.

**Keywords:** Humanistic care nursing; Intestinal colostomy; Mental state

晏芥齋儻♫ T 六♫♫ 悒T 兑徨她嚙卍愠夂芥替怎夂芥她 剋芥T 提ヲㄐ剋剋愠儻 伶學L 岨捧擊+ 剋她涸中替剋剋T 六彙墀T 提oo匪峻岩◀峻谷v ㊦卵う价採僚替倣ナ墀囊忙崖、 墀恶揖涸中y↑ T 六♫♫ T 提T 晏芥齋剋剋ヨ芥愠シ劬噤 噤夔替倣墀勢剋剋卵う她婁她替J 芥愠シ倣剋剋剋她墀墀墀 分愠劬涸中替剋剋剋倣倣味T墀埔廐◀勳惇僚T 岨処墀替修一 噤nm兢弑失她弑墀座o↑ 伶扁T 六♫♫ 关♫ 伴唛晒T 剋剋兀 儁僚冶她勿墀兢拒脚否替ㄐ掙剋剋倣倣母俣替咄咄媿媿T 提 卹嬭■ 吐デ办勿墀她关豐叫哞替墀× 俏 勻kO↑

### 1 资料与方法

1.1 研究对象

憐ゾ劫拮 0.0/ 廻 6 咋+0.00 廻 5 咋晒挽巨噤她芥愠シ勢

剋替倣ナ椒咪优乙T 0 宦替Gh 40 )↑ ㊦㊦宦剋剋♫♫ 00 匪 壳荆 12 ) 替倣荆 06 ) 替剋斃倣倣T 2/+54 儻替优剋斃36,73 ㄐ 1,72際儻媿媿宦剋剋♫♫ 00 匪壳荆 10 ) 替倣荆 1. ) 替 剋斃倣倣 2. +52 儻替优剋斃37,70ㄐ 1,63際儻↑ T 宦剋剋 佢咄咄吗儻写T 二供寔忤偕剋♫ 暨N嗽.. 3際替nA 惹ヨ倣唯乙 啞↑

1.2 研究方法

㊦㊦宦剋剋剋卻ヲ兑循勿墀替T 提oo匪拮ビ啥ン伴唛晒佢 娘勿墀◀兑循ヤ母偷吃◀愠シ勿墀◀豐巡ㄐ倣僚↑

媿媿宦剋剋剋伉兑循勿墀佢娘T 冗媿■ 吐デ办勿墀兢拒 脚否替T 提oo匪暉暨/際劬嫩勿墀儻宦替v 勿佞抄× T 宦抄替 兢倣劬咕勿墀■ Gy惹ヨ■ 吐デ办墀苗佢她替媿ㄐ侖勿墀晒挽



