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PETCT 检查患者不良情绪调查分析

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【摘　要】：目的：乙哑 PETCT 啌呼芻尉┓ 嵑剝寋剝儿⇑ 方法：憔匪勁掂 2022 兡 4 咔ㄖ 6 咔ㄖ勁嬅她 80 〕 PETCT 啌呼芻尉┳ 娀媲傚恥謺倣ナ优甍彐┓ 嵑剝寋咕デ掷㊡怫呼⇑ ㄴ壨勲懧崕忯彙暨SDS暩丁埔庬崕忯彙暨SAS暩甍彐怫呼⇑ 慄慮掷㊡怫呼乙哑 PETCT 啌呼芻尉┓ 嵑剝寋剝儿謺兢扚傚┓ 嵑剝寋剝儿ㄇ偯徼リ吤噱⇑ 结果：80 〕芻尉 SAS 忯乙 68.11¤ 3.23⇐SDS 忯乙 72.34¤ 2.38⇑ 80 〕芻尉 SAS 忯乙丁 SDS 忯乙慆撣⇑ 80 〕芻尉┤ 别剭 51 〕⇐俩敻 37 〕⇐埔庬 62 〕⇐剛復侮咝 43 〕⇑ 80 〕芻尉伉啌呼呀埔庬丁别剭勹壟塺咍撣⇑ 结论：め俍芻尉┓ 嵑剝寋瓟ㄇ咕ㄴ┛ 厖撣 PETCT 啌呼成μℓ奠丁ン娩刜謺ヘ澤┳ 六扇徬兢扃宙⇑

【关键词】：PETCT 啌呼暻┓ 嵑剝寋暻怫呼暻乙哑

Investigation and Analysis of Negative Emotions in PETCT Patients

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Abstract: Objective: To analyze the negative emotions of patients with PETCT. Methods: A total of 80 patients with PETCT examination in our department from April to June 2022 were selected as the research objects, and all of them were investigated with questionnaires related to adverse emotions. Self-rating Depression Scale (SDS) and self-rating Anxiety Scale (SAS) were used to investigate. Questionnaire survey was conducted to analyze the negative emotions of patients examined by PETCT, and solutions were formulated for the negative emotions. Results: The SAS score was 68.11±3.23, and the SDS score was 72.34±2.38. Eighty patients had high SAS and SDS scores. There were 51 cases of fear, 37 cases of suspicion, 62 cases of anxiety and 43 cases of pessimism and disappointment. 80 patients had a higher incidence of anxiety and fear at the time of examination. Conclusion: Good control of patients' bad emotions is beneficial to improve the cooperation and accuracy of PETCT examination, which is worthy of clinical attention and adoption.

Keywords: PETCT inspection; Bad mood; Investigation; Analysis

啌呼呖┆ 嫊吳╳她ㄒ峎一家响她呜ˋ 吤官藝妠嗺兑循她凅ˋ 偕啌呼偡nA▾ ┆ 嗂剃偨劦傚ダ慡夼垗她卵呼藝咍垽吙⇐ン娩⇐吹咱她勹墇夼垗藝影忒┳ 呖妛ㄨ忴吡丁匸傝噤夔岨奚她呱《勓嗯┻ ┆ ˣ⇑ 掫妻婚♂击懣勹僈藝㛇┓ 嵑撑搫┼ 剴藝× 刻┼ 剴▾ ㊦壟囊㊉ㄱ嫽凅中藝▄ ◆ 岨奚勹夼夼夼

呼勢尉⇑ 卵掃啥ン瞟暨/暩孤婧写兑磬噓慄价採磬忒姬掙娭⇑ 暨0暩成μℓ巽慆♫⇑ 暨1暩┥ 惰憍丅⇑ 暨2暩⍝晛刜夬夼⇑

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6. 〕勢尉优憋彐 NCRAR 啞呼⇑ ㄴ壨勲懧崶忯彙暨QBQ暩丿埔庬崶忯彙暨Q? Q暩憋彐怫呼⇑ 挪Ⓛ怫呼彙┆ テ 6. ◢ 磬勹叹╝ 勢尉罄勢尉俏偳佼ポ⇑啾鹵佼ポ家哖乙哑勢尉┓ 嵑剝寋⇑ 嗔嗂テ勹叹 6. ◢ 挪Ⓛ怫呼彙磬仈叵 6. ◢ 磬咕叼◢ 同 6. ◢ ⇑

/,1 復傒匚啥

啾鹵勲懧崶忯彙暨QBQ暩丿埔庬崶忯彙暨Q? Q暩乙哑勢尉处墠堳儿⇑ QBQ⇐Q? Q忯乙削乙乙ㄨ┳ /. . 乙磬QBQ啥ン乙她乙壼へ┳ 31 乙磬ナ┥ 31+40 乙┳ 愿巽勲懧磬41+50 乙┳┥ 巽勲懧磬51 乙▾ ┐ ┳ 扇巽勲懧⇑ Q? Q啥ン乙乙壼へ┳ 3. +37 乙┳ 愿巽埔庬磬4. +47 乙┳┥ 巽埔庬磬5. 乙▾ ┐ ┳ 扇巽埔庬⇑

乙哑勢尉┓ 嵑剝寋⇑ ┓ 嵑剝寋暺別剭⇐夘夣⇐崶夣⇐埔庬⇐剛復侮咝⇑

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傚同鹵宙夕 QNQQ0. ,. 愬● ┥ 乙哑磬忏扉悚吗嗺慆扃壨 r 啞摽磬兢▾ 暨 $\bar{x} \pm s$ 暩彙婗磬塺忏同悚吗扃壨: ⁰啞摽磬兢▾ 塺暨# 暩彙婗磬暨N: . ,. 3暩┳ 儳写呜帡磬咕寁忏偕劂┻ ⇑

2 结果

0,/ 乙哑勢尉 Q? Q忯乙⇐QBQ忯乙

6. 〕勢尉 Q? Q忯乙暨46,//¤ 1,01暩⇐QBQ忯乙暨50,12¤ 0,16暩⇑ 澤丅家哖磬6. 〕勢尉 Q? Q忯乙丅 QBQ忯乙慆撣⇑

0,0 乙哑勢尉┓ 嵑剝寋

6. 〕勢尉┥ 別剭 3/暨41,53# 暩〕⇐偁夣 15暨24,03# 暩〕⇐埔庬 40暨55,3. # 暩〕⇐剛復侮咝 21暨31,53# 暩〕⇑ 澤丅家哖磬6. 〕勢尉伉啞呼呀埔庬丅別剭勹壟塺咍撣⇑

3 讨论

NCRAR 啞呼┬ 六┳ 徥关壨╝ 岨奚⇐峗丅处岢嫽搆佚扇侧夬夼她吹咱勹墠丅忴吡⁽⁷⁾⇑ 壯╝ 岨奚寀岶▸ 悍囊惓磬厹ᶜᵍᵍ呜〞 ㎚崀弋┳ 嗓兑寀岶她 0+/. づ磬列励伍〞 ┐ 吳呜她丁 サ垳y磬伶嗔伉岨奚吹咱傺咢、壟徼ㄈ家响ᵗᶜ艸ㄨ磬(有)崀勹墠掔(○)她凡俄夼垗 暨侧╝ 3k k 暩⇑ ┬ 六憋彐 NCRAR 啞呼她勢尉┥ 宿侧偁同偶伉埔庬⇐勲懧处墠⁽⁷⁾⇑ ┳ 徥彙墠伉暺傚啞呼吤官┓ ╗ 徼⇐傚恢壨┓ ╗ 徼⇐傚啞呼家哖別剭嫽⇑

嗔嗂娀媲傚勒娪偷 6. 〕 NCRAR 啞呼勢尉┓ 嵑剝寋憋彐怫呼⇑ 家哖勹墠磬6. 〕勢尉 Q? Q忯乙 46,//¤ 1,01⇐QBQ忯乙 50,12¤ 0,16⇑ 6. 〕勢尉 Q? Q忯乙丅 QBQ忯乙慆撣⇑ 6. 〕勢尉┥ 別剭 3/ 〕⇐偁夣 15 〕⇐埔庬 40 〕⇐剛復侮咝 21 〕⇑ 6. 〕勢尉伉啞呼呀埔庬丅別剭勹墠塺咍撣⇑怫呼家哖┥ 勹墠勢尉啞呼慮媝┥ ♂丅墠別剭⇐偁夣⇐埔庬⇐剛復侮咝处墠⇑ 埔庬別剭处墠┳ 徥彙墠伉勢尉啞呼ㄨ偾划崶慡偶伉┓ 噤┻ 失磬傝崠孤婧撣異孺冞⇑ 懹乙勢尉匍处啞呼噻夕咪⊡ 匕她ㄇ ㎚♂冢惀┓ 嵑ᵃᶻ⁻关磬勃尉、壟慒傾磬匍处啞呼♂傝崠咪⊡ᵗᶜᵍ ㄷ ⁸ 偾⇑ 偁夣彙墠伉勢尉傚啞呼叼哖磬啞呼冫娭剃偶伉夣剤⇑ 傚啞呼▄ Gy勴咦嚶挑偶伉夣剤磬ᵃᶻ⁻侜kΩ姬(ㄖ)欙▣ 寀啞呼⇑ 勢尉伉啞呼慮媝┥ 磬壯╝ ⊡♪去叹┓ 《勃尉慡⊡媗ㄩ傝崠凅〞 喤孩磬勃尉咪⊡ピ写兑嚳出垗搔徥冒慼勢厖磬愻┆ 嗕忴吡⁽⁷⁾⇑ (ㄖ)壟♂徥嘪勢尉へ嗂┐ 咪啞呼磬勢尉儿♂夘夣崶慡呖kPa偶伉┓ 噤┻ 失磬丅墠劃冞嫽┓ 嵑剝寋⇑ 勢尉啞呼家咻nm磬(ㄖ)壟kΩ姬傻僊勢尉吳剌刜夬夼nm磬勢尉♂丅墠┓ ざ◑ ⇐夘夣磬忒┳ (ㄖ)壟丅傻僊傚夼剝愻彐掔姖磬晏卻凅〞 勢尉处墠堳儿⁽⁷⁾⇑ 埔剛復侮咝磬彙墠伉啞呼家咻nm磬勢尉咪⊡影撣異夘夣┳ 剌刜岨奚磬勢尉♂丅墠剛復⇐侮咝┓ 嵑剝寋⇑

扚傚 NCRAR 啞呼勢尉丅墠她┓ 嵑剝寋厏丅徼リ吤噱磬┳ 徥ピ傃暺暨/暩号亂勢尉啞呼捺攉劉磬勢尉伉啞呼ㄨ磬勿墠■ Gy搔徥cm勢尉忞徼 NCRAR 啞呼咕デ姬忱磬忐勢尉┓ 徼啞呼◂ 仗磬忿供磬啞呼嚦媝磬叼哖嫽磬ー傀勢尉夣掷磬号亂勢尉啞呼捺攉劉磬【ナ峎侺咕叼成μℓ儩× ■ Gy啞呼⇑ 暨0暩埔庬別剭勿墠磬伉▀刻(ㄖ)佚取叹啞呼咕デピ傃姬忱磬兢伉▀刻(ㄖ)佚她來┐ 孔悊咕デ啞呼嚦媝磬塞劂╚ 揹嫽姬忱她佢堎磬圯偉⇑ 僈婗堡嗣夼〕忴吡剝儿磬噻劂┓ 峎慮乙侄侧啞呼叼哖⇑ 勿墠■ Gycm勢尉忞徼啞呼叹偛刜啓晷她忝偕婗惡慴㎚磬kΩ姬ナ× 壨丅、 攉她慒偛剝儿⇑ kΩ姬勢尉 NCRAR 啞呼偁ダ刜⇑ NCR+AR 呖┆ 揹偁ダ⇐吳╳她啞呼⇑ 啞呼尉伉啞呼慮媝┥ ♂ᵗᶜᵍㄷ┆ 偯扉她慒偛磬勍卻ᵗᶜᵍ她慒偛在咕 0 嫊暺┆ 嫊呖 AR 勢厖呀勹偛她 V 偛客聲ㄦ┆ 嫊呖 NCR 呜〞 呀噻偛她叹偛刜巡堜 /6D+DBE 勍勹偛她ō 偛客⇑ 勢尉卻ᵗᶜᵍ┆ 嗂 NCR-AR 啞呼磬ナ┥ NCR 勢厖勍搔啓學、 攉她慒偛㎚扉宍┳ 2,4+4,0k Q: 磬♩呖嫳┍ ▸ NCR-AR磬ᵗᶜᵍ啞尉她慒偛㎚扉nA┐ 捻ㄷ宍 1,6k Q: 磬勍壨她 AR 嗺兑循 AR 慒偛㎚扉徥♫⇑ 咕娀媲呜婗磬ᵗᶜᵍ啞尉憋彐┆ 嗂ダ愎 /6D+DBE NCR-AR 啞呼她创咕叼慒偛咕叼㎚扉妠冶╝ ┆ 嗂僕懹她暨峻懹勃妹峮暩兑循 AR 勢厖勍、 攉她慒偛㎚扉⇑勍壨叹偛剝啓學呖┆ 嫊惃姁(ㄉ)頀咱她kℓ♪學聲頀ᵗᶜᵍ湊击磬伉夊┥ 俄呀ピ傲傑ダ │■ ⊡ピ囆侮⇑ 慄慮俑于嚶磬一憢巡堜卵噩磬┼ nA憬冶捻♫勢尉卻ᵗᶜᵍ啓學她慒偛创㎚扉⇑ ♩慶呖搔徥懇シ偈俓丅倞キᵗᶜᵍㄷ埡偛⇑ 暨1暩俑夣勿墠磬め俍啞呼墆侁嬝墠磬┳ 啞呼勢尉╳憤崭憬⇐兟卫⇐后嚌她啞呼墆侁⇑ 啞呼▀刻(ㄖ)こ匷嵑俍她慄揟丅サ客磬兢伉▀刻(ㄖ)德去叹寞嵩啡堜⇑ ▀刻(ㄖ)取叹崭寰揲┼ 磬寰微勢尉┓ 嵑剝寋⇑ 伉啞呼側⊙ 僈婗啞呼(ㄖ)壟┬ 六寀摽⇐悚㊇嫽磬僈婗啞呼忿供剝儿嫽磬号亂勢尉┓ ざ◑ ⇐夘夣┓ 嵑剝寋磬侈一勢尉ざ◑ 劉⇑ 勿墠■ Gy埆剝卻减勢尉磬丅勢尉媔哌噓慄磬╫ 嚦磬ダ揖危厖勢尉ピ処婈偳剝噱磬僥扉均惋勢尉搔嘪⇑ 啞呼ㄨkΩ姬勢尉啞呼呀挽⁽⁷⁾⇑ kΩ姬勢尉啞呼慮媝┥ ⊡♪去叹扇徥刜磬【ナ峎侺咕叼成μℓ啞呼磬懇シ慡⊡呵ㄩ磬こ忤啞呼ン娀刜⇑ (ㄖ)壟搔徥へ嗂啞呼磬关怎厏ㄨめ俍勢尉处墠偁劗磬懇シ勢尉岑列╓ 剝磬侈一处墠恶匍⇑ 啞呼家咻nm磬(ㄖ)壟媔哌丅傻僊磬勢尉噓慄磬め俍勢尉剝寋偁勹⇑ 勿墠■ Gy呀ㄹ復傒勢尉处墠ᵗᶜᵍ艸磬噻劂丅勢尉傚怆呀玃彐┻ 嗒磬懇シ㄄垈勢尉⇑ 暨2暩剛復侮咝勿墠磬勿墠■ Gy媔哌丅勢尉噓慄磬╫ 嚦磬冗傝勢尉磬冢傝勢尉べ忳磬庨叹ピ処㊀ㄟ⇐cm勢尉忞徼夬夼磬噤夔嫽咕デ姬忱磬【ナ峎侺嗓娀忒忱崶慡夬夼磬媔哌揖傚噤夔⇑ cm勢尉▦ 宰夬夼噤夔刱侜慆俍喚〕磬厏撣勢尉劼岷夼剝ざ処⁽⁶⁺⁷⁾⇑ 勢尉傚啞呼吤噱慆

捺壥瞽一┐ 匍処崕慡夼剝瞽偾划ﾋﾝ啌哷慒倜凅中嫽瞽伉啌哷慮媝┥ 傃呋丅墇┓ 成μℓ嫽剝ル瞽嗣崠 NCRAR 啌哷ﾋﾝ捭勃屘啌哷ン娩塺┓ 撣⇑ め俍 NCRAR 啌哷剪屘┓ 嵑剝寋乙哑丁兟揯瞽ぇ【剪屘伉啌哷慮媝┥ こ匷嵑俍処墠堳ル瞽咕ㄴ┛ 啌哷摇ㄴ偨励瞽二忄啌哷ン娩剃[¥.+//]⇑ 咧呉揆[¥0]嫽■ 娀媲処墠夏傝丁孤寀卅勿墠伉 NCRAR 啌哷┥ 她叼哖⇑傚啌哷剪屘区埡掫咪同彙吤窦乙宦瞽乙ﾚｽ扃ｸﾗ佢娘勿墠丁処墠夏傝) 孤寀卅勿墠⇑ 家哖ｶﾛ墇瞽扃ｸﾗ処墠夏傝) 孤寀卅勿墠nm剪屘呜〝 ☞嵑塺⇐啌哷ⅡⅠ塺呉呜慆撣⇑ 剪屘嘭俱骨揿勲懧扉彙暨F？K B暩忯乙⇐嘭俱骨揿埔庬扉彙暨F？K？暩忯乙ｶﾛ墇瞽扃ｸﾗ処墠夏傝) 孤寀卅勿墠nm剪屘忯乙咍♫⇑ 峎侺怜呉処墠夏傝峎侺号亂剪屘処墠堳ル瞽┳ 啌哷恺扉厏Ⅰこ掙⇑ 伉 NCRAR 啌哷┥ め俍処墠兟揯瞽号亂剪屘┓ 嵑剝寋�ㄴ扇徥⇑ ∠捏[¥1]嫽■ 娀媲処墠夏傝家μℓ孤寀卅勿墠傚 NCR+AR 啌哷剪屘剝寋堳分㊦啌哷恺扉她凅中⇑ 傚啌哷屘区埡掫咪同彙吤窦乙宦瞽乙ﾚｽ扃ｸﾗ兑循勿墠丁処墠夏傝屾μℓ孤寀卅勿墠⇑ 家哖ｶﾛ墇瞽扃ｸﾗ処墠夏傝屾μℓ孤寀卅勿墠nm剪屘剝寋堳ル慆俍瞽Q? Q⇐QBQ忯乙呉呜慆♫⇑ 啌哷恺扉悽啥塺慆撣⇑峎侺ｱﾙ¯呑処墠夏傝伉 NCRAR 啌哷┥ 二咕扇徥× 壨瞽峎侺号亂剪屘処墠堳ル瞽二忄啌哷叼哖⇑ NCRAR 啌哷┥ め俍剪屘┓ 嵑剝寋瓟ｺ瞽咕ㄴ┛ 厏撣啌哷ン娩剃⇑

寬┐ 勍憇瞽め俍剪屘┓ 嵑剝寋瓟ｺ咕ㄴ┛ 厏撣 NCRAR 啌哷成μℓ異丁ン娩剃瞽へ澤┳ 六扇徬兢扃宙⇑

参考文献：

Y/[噊悞個,循薨卄嚦媝嬝墠伉 NCR+AR 啌哷┥ 她关壨叼哖YH,份摠勿墠偕咭凰*0. 0. *17&7'81257+1261,

Y0[亚媞倎*咳揆揆*再お ⅱ,列寔傝佢冢傝勿墠兟揯傚 NCR+AR 啌哷剪屘她凅中YH,┥ 侠㈤偕娀媲*0. 00*0. &3'845+5. ,

Y1[掑扊墈,㈤勿┆ ⊡啥ン卄勿墠伉 NCR+AR 啌哷┥ 她关壨叼哖YH,┥ 份啥ン卄*0. 00&. '8'75+/77,

Y2[捷墈墈,孤寀卄勿墠└ 処墠脩劗壨┘ 岨奚剪屘彐 NCR+AR 啌哷┥ 她叼哖忯◐ YH,┥ 份婚(ㄇ)(ㄩ)儽*0. 0/*15&01'8//1+//2,

Y3[┋ 咕墈*噊悞個*hV《《,┤ ⊡卄☞恺勿墠伉峻嚶剪屘 NCR+AR 啌哷┥ 她关壨YH,脩尻(ㄊ)壥屻├ 勴咦偕掂偕匀*0. 0/*0. &0'845+46) 5/,

Y4[常叮,処墠勿墠兟揯傚 NCR+AR 啌哷剪屘啌哷成μℓ異㊦佢〞 恺扉她凅中YH,凅〞 娀媲└ (ㄩ)偕关壨*0. 0. *2&1'8021+022,

Y5[崛墅偬*崛瓅偬*裱揭邸*嫽,列寔傝佢冢傝勿墠兟揯伉岨奚剪屘 NCR+AR 啌哷┥ 她关壨叼哖YH,偳壨┳ 六(ㄩ)巡咭凰*0. 0. *02 &5'86. +61,

Y6[彥曼墑*阶崀揆,孤寀勿墠成μℓ処墠脩劗傚 NCR+AR 呜〞 啌哷恺扉丁均劂異她凅中YH,┥ 份(ㄩ)偕×吣*0. /7*4&07'8/. 5+//. ,

Y7[∠幼*涞捏嶍*敳揭愍*嫽,勿墠兟揯傚岓奫剪屘 NCR-AR 佢〞 恺扉└ 処墠堳分她凅中YH,敿敿个骨(ㄩ)偕掂偕匀*0. /7*2. &5'867/+671,

Y/. [塼捏,屔兡剪屘伉 NCR+AR 啌哷┥ 丅墇她勿墠挪搔㊦傚嬅卹忖YH,崷媶崷侨(ㄩ)偕咭凰*0. /7*1. &1'8147+15/,

Y/1[岉帠摝*壮(ㄣ)ヅ,孤寀勿墠屾μℓ処墠兟揯傚揓儀寀岶奫剪屘 NCR+AR 啌哷恺扉丁均劂異她凅中YH,┥ 份(ㄩ)偕×吣*0. /6*3 &12'86. +61,

Y/0[咧呉揆*儅姘姘,処墠夏傝) 孤寀卄勿墠兟揯伉岨奚剪屘彐 NCR+AR 啌哷┥ 她关壨◐ へYH,嚀儦屻├ 勴咦偕掂偕匀*0. 0. *0. &2'847+50,

Y/1[∠捏,処墠夏傝家μℓ孤寀卄勿墠傚 NCR+AR 啌哷剪屘剝寋堳分㊦啌哷恺扉她凅中YH,ピ幋ﾐ,(ㄩ)偕咭凰*0. /7*3/&/'8'. 4+/. 6,