老年住院患者接受跌倒风险分级护理在跌倒预防中的应用价值

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【摘　要】：目的：

方法：　　　2019　1　2021

1　　　　　　100　　　　　　　　　　　　　50　　结果：

P<0.05　结论：

【关键词】：

Application Value of Elderly Inpatients Receiving Fall Risk Grading Nursing in Fall Prevention

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Abstract: Objective: To explore the application value of fall risk grading nursing in elderly hospitalized patients in fall prevention. Methods: A total of 100 elderly inpatients admitted to our hospital from January 2019 to January 2021 were selected and randomly divided into an observation group (fall risk graded nursing) and a control group (routine nursing) with 50 patients in each group. Results: The nursing satisfaction in the observation group was higher, the incidence of falls was lower, and the quality of life and bad mood were improved more obviously in the observation group (P<0.05). Conclusion: The application value of fall risk grading nursing in elderly inpatients in fall prevention is very significant.

Keywords: Elderly inpatients; Fall risk grading nursing; Fall prevention

1.2

[1- 2]

1

2

[3- 4]

3

1 资料与方法

4

1.1

2019　1　2021　1　　　　　　100

65

35　　　30　　　　　　　77.26± 8.13　　　　　　33

32　　　　76.87± 7.19

5

P>0.05

[5- 6]

24

1.3

1   2   3

4   SAS   SDS   [7]

1.4

SPSS22.0

2 结果

2.1

P<0.05   1

1   [n   %   ]

50	21	26	3	94%

					47/50
	50	15	24	11	78% 39/50
x^2					14.084
P					<0.05

2.2

P<0.05   2

2   [n   %   ]

	50	4	8% (4/50)
	50	9	18% (9/50)
x^2			13.022
P			<0.05

2.3

P<0.05   3

3    $\bar{x} \pm s$

		n=50	n=50	t	P
		68.57± 8.54	68.78± 9.52	5.281	>0.05
		86.15± 10.14	73.14± 9.58	12.011	<0.05
		62.38± 7.68	62.15± 7.58	2.581	>0.05
		82.48± 10.15	70.07± 11.02	11.067	<0.05
		60.48± 9.33	60.96± 8.66	3.650	>0.05
		81.98± 10.18	74.11± 10.24	13.687	<0.05
		64.57± 8.67 84.33± 10.69	63.87± 9.02 75.69± 11.12	4.152 11.065	>0.05 <0.05
		67.28± 9.51 85.98± 12.54	68.41± 10.14 76.21± 11.36	4.587 10.254	>0.05 <0.05

2.4 SAS   SDS

P<0.05   4

4 SAS   SDS $\bar{x} \pm s$

		n=50	n=50	t	P
SAS		59.84± 5.11	60.15± 5.47	1.574	>0.05
		41.47± 4.16	50.14± 4.11	10.264	<0.05
SDS		60.18± 5.33	60.05± 5.29	1.058	>0.05
		40.33± 4.12	50.39± 5.02	13.847	<0.05

3 讨论

1

2

3

[8-9]

4

5

[10-11]

22:00   8:00

[12-13]

96.92%   6.15%   P<0.05

P<0.05

[14-15]

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