

# 优质护理服务模式下的护理干预对肝硬化上消化道出血患者的影响

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【摘要】: 目的: 2021 3 2022 3 方法: 31 62 31  
结果: P 0.05 结论:

【关键词】:

## Effect of Nursing Intervention under the Mode of High Quality Nursing Service on Patients with Upper Gastrointestinal Hemorrhage Due to Liver Cirrhosis

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**Abstract:** Objective: To analyze the effect of high quality nursing care on patients with upper gastrointestinal hemorrhage due to liver cirrhosis. Methods: 62 patients with upper gastrointestinal hemorrhage due to cirrhosis were randomly selected from our hospital. The medical observation began in March 2021 and ended in March 2022. They were divided into the control group (31 cases, conventional treatment) and the observation group (31 cases, high-quality nursing) by double blind method, and the effects of the two groups were compared. Results: The effective rate of treatment, the incidence of adverse reactions, and the post nursing scores (quality of life, nursing satisfaction, and psychological status) in the observation group were better than those in the control group ( $P < 0.05$ ). Conclusion: High quality nursing for patients with liver cirrhosis and upper gastrointestinal bleeding can improve the curative effect and quality of life of patients, improve their psychological status, and gain more recognition from patients. It is worth popularizing.

**Keywords:** Quality nursing; Upper gastrointestinal bleeding in cirrhosis; Treatment response rate; Incidence of adverse reactions; Quality of life; Nursing satisfaction; Psychological status

### 1 资料和方法

#### 1.1

20 62  
2021 3 2022 3  
31 31 4976  
52.37± 4.23 48- 76kg 68.32±  
6.26 kg 17:14 45- 79  
52.59± 4.31 47- 78kg 68.82± 6.47 kg  
19:12 p 0.05  
1 2019  
2000  
2 B/C 3  
4 1  
2 3

1.2  
 1.2.1

1.2.2

1

1.3

$$1 = + / \times$$

$$100\% \frac{24h}{48h} = \frac{48h}{48h} \times 100\%$$

$$\frac{2 \text{ SF-36}}{3} = \frac{100}{100} \times 100\%$$

10

1.4

2

SPSS20.0  $\bar{x} \pm s$  %

t  $\chi^2$  P 0.05

## 2 结果

2.1

P

0.05

1

1

n %

" - -  
 - - "

3

					n %		
	31	21 67.74	8 25.80	29 93.54	1 3.22	0 0.000	1 3.22
	31	14 45.16	9 29.03	23 74.19	4 12.90	2 6.45	6 19.35
t				4.292			4.026
P				0.038			0.044

2.2

P > 0.05

P 0.05

2

2

n=31  $\bar{x} \pm s$

				t	P
		53.26± 4.23	53.81± 4.32	0.506	0.614
		76.28± 5.37	67.59± 5.14	6.508	0.000
		54.18± 4.37	54.62± 4.43	0.393	0.695
		78.64± 5.95	69.17± 4.67	6.970	0.000
		53.86± 4.62	53.26± 4.36	0.452	0.652
		77.61± 5.34	68.47± 4.56	7.247	0.000

		54.34± 4.48	54.61± 4.39	0.239	0.811
		76.29± 5.23	68.32± 4.24	6.590	0.000
		55.27± 4.14	55.62± 4.27	0.327	0.744
		77.38± 5.12	68.64± 5.31	6.597	0.000
		54.94± 4.63	54.57± 4.47	0.320	0.750
		78.34± 5.14	69.27± 4.32	7.521	0.000
		55.31± 4.82	55.64± 4.29	0.284	0.776
		77.34± 5.49	68.67± 4.82	6.607	0.000

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$P > 0.05$                        $P \leq 0.05$                       3  
 3                       $n=31 \quad \bar{x} \pm s$

				t	P
		73.26± 3.14	73.51± 3.19	0.310	0.756
		93.78± 4.26	85.12± 4.03	8.222	0.000
		72.84± 3.52	72.73± 3.51	0.123	0.902
		92.98± 4.11	83.36± 3.67	9.720	0.000
		74.16± 3.84	74.67± 3.82	0.524	0.602
		93.16± 4.38	84.28± 3.65	8.671	0.000
		72.73± 3.49	72.64± 3.31	0.104	0.917
		92.94± 4.53	84.61± 3.76	7.878	0.000
		73.45± 4.12	73.11± 4.06	0.327	0.744
		93.63± 4.91	84.24± 3.63	8.562	0.000

24

$P > 0.05$                        $P \leq 0.05$                       4  
 4                       $n=31 \quad \bar{x} \pm s$

				t	P
		5.23± 2.34	5.31± 2.36	0.134	0.893
		1.42± 0.37	2.24± 0.56	6.802	0.000
		4.18± 1.37	4.26± 1.43	0.224	0.822
		1.24± 0.95	2.17± 0.67	4.454	0.000
		3.86± 1.62	3.72± 1.36	0.368	0.713
		1.61± 0.34	2.47± 0.56	7.308	0.000
		3.34± 1.48	3.61± 1.39	0.740	0.461
		1.29± 0.23	2.32± 1.24	4.547	0.000
		5.16± 2.64	5.23± 2.71	0.103	0.918
		1.31± 0.42	2.53± 0.58	9.485	0.000
		3.31± 1.82	3.64± 1.29	0.823	0.413
		1.34± 0.49	2.67± 0.82	7.752	0.000

### 3 讨论

0.05

P

#### 参考文献:

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