

临床上快速康复护理理念应用于心外科手术护理的实际 效果分析

刘彩霞

三峡大学第一临床医学院 宜昌市中心人民医院 胸心外科 湖北 宜昌 443003

【摘要】: 目的: 方法: 2021 1 2022 5 80
n=40 n=40
CRP 结果:
P 0.05 P 0.05
P 0.05 CRP P 0.05
结论:

【关键词】:

Analysis of the Practical Effect of Clinical Application of Rapid Rehabilitation Nursing Concept in Cardiac Surgery Nursing

Caixia Liu

Department of Cardiothoracic Surgery, Yichang Central People's Hospital, The First Clinical College of China Three Gorges University Hubei Yichang 443003

Abstract: Objective: To summarize and analyze the effect of fast track nursing in cardiac surgery. Methods: Patients undergoing cardiac surgery in our hospital were randomly selected as the study samples. The starting time of the study was as follows: From January 2021 to May 2022, a total of 80 patients were selected and divided according to different completion groups of nursing methods. Patients in one group received routine nursing (control group, n=40), and patients in the other group received fast track nursing (observation group, n=40). The operation situation, postoperative CRP index, postoperative complication rate and nursing satisfaction were compared between the two groups. Results: After nursing, the operation time and intraoperative blood loss of patients in the observation group were lower than those in the control group: $P < 0.05$; In addition, the extubation time, ambulation time and hospital stay of the observation group were shorter than those of the control group ($P < 0.05$). After nursing, the incidence of postoperative complications and CRP index of the observation group were significantly lower, and the nursing satisfaction was significantly higher than that of the control group ($P < 0.05$). Conclusion: In the process of cardiac surgery nursing, the application of fast track nursing concept can help to reduce the occurrence of perioperative complications, improve patients' operation-related indicators and postoperative recovery rate, and effectively shorten the length of hospital stay of patients, which has a high value and is worthy of recommendation.

Keywords: Rapid rehabilitation nursing; Cardiac surgery; Surgical nursing; Complication; Nursing satisfaction

[1-4]

20%~30%

[6-8]

80

[9]

1 资料与方法

1.1

2021 1 2022 5

40 72 22 23 55.3± 5.3 P 0.05
18 17 40 43-75
55.9± 5.6
40

1.3

CRP

100 1.4 SPSS22.0
 $\bar{x} \pm s$ t P %
2 0.05

2 结果

2.1

1

P 0.05 1

	min	ml	d	d	d
	201.56± 4.94	176.35 ± 3.00	6.56± 0.86	4.97± 1.49	17.86± 2.86
2	190.32± 2.60	150.81 ± 3.75	5.31± 0.39	3.09± 1.06	15.43± 2.81
t	12.734	33.635	8.372	6.502	3.833
P	0.000	0.000	0.000	0.000	0.000

2.2

P 0.05

3

2

2

n/%

	1 2.50	3 7.50	4 10.00	8 20.00
	0 0.00	1 2.50	1 2.50	2 5.00
	---	---	---	4.1143
P	---	---	---	0.0425

36

4

2.3 2 CRP

CRP

P 0.05 3

	CRP			
	CRP	CRP	CRP	CRP
	1.09± 0.03	72.75± 0.95	20.85± 3.04	83.49± 3.02
	1.00± 0.04	68.31± 0.57	15.78± 2.96	90.34± 2.91
t	11.384	25.347	7.557	10.330
P	0.000	0.000	0.000	0.000

3 讨论

[9-10]

2001

P 0.05

参考文献:

- [1] .
[J]. ,2021,39(17):72-74.
- [2] , .
[J]. ,2016,
4(30):111.
- [3] , , , .
[J].
,2019,38(4):527-530.
- [4] .
[J]. ,2018,28(15):120.
- [5] , .
[J]. ,2019,35
(34):2646-2649.
- [6] .
[J]. ,2020,5(6):9.
- [7] , , , .
[J]. ,2021,11(12):
16-17.
- [8] .
[J]. ,2020,29(9):
173-174.
- [9] , , , .
[J].
,2019,4(41):70.
- [10] .
[J]. ,2019,29(23):28-29.