

加速康复手术综合治疗模式在结直肠癌患者的应用效果研究

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【摘要】: 目的: 方法: 128
HAMA
HAMD
结果: HAMA HAMD P 0.05
P 0.05
P 0.05 结论: P 0.05

【关键词】:

Study on the Effect of Comprehensive Treatment Mode of Accelerated Rehabilitation Surgery in Patients with Colorectal Cancer

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Abstract: Objective: To explore the application effect of enhanced recovery after surgery (ERR) in patients with colorectal cancer. Methods: A total of 128 patients with colorectal cancer were enrolled in this study. They were divided into two groups, which were treated with conventional treatment (reference group) and enhanced recovery after surgery (experimental group). The Hamilton Anxiety Scale (HAMA) and Depression Scale (HAMD) were used to evaluate the negative emotional state before and after treatment. The incidence of complications, recovery time of gastrointestinal function and first time out of bed were recorded. All patients were followed up, and the survival time was statistically analyzed and compared. Results: After treatment, the HAMA score and HAMD score of the experimental group were lower than those of the reference group, $P < 0.05$; The incidence of complications in the experimental group was lower than that in the reference group ($P < 0.05$). Compared with the reference group, the intestinal sound recovery time, anal exhaust time and first time out of bed in the experimental group were significantly lower than those in the reference group ($P < 0.05$). The survival time of the experimental group was higher than that of the reference group ($P < 0.05$). Conclusion: Enhanced recovery after surgery can prevent complications and prolong the survival time of patients with colorectal cancer.

Keywords: Comprehensive treatment mode of accelerated rehabilitation surgery; Colorectal cancer

34-62 39.17±4.26
[1] P 0.05 1
[3] 2 3
25% [2] 128 1 2 3
1.2

1 资料与方法

1.1

128 2018
1 -2021 1 34 30
33-64 48.34±4.19 32

1

1.4

SPSS20.0

$\bar{x} \pm s$ [n %] t χ^2

P 0.05

2 结果

2.1

2000ml^[4]

HAMA

HAMD

P 0.05

1

1

$X \pm S$

2

	n	HAMA		HAMD	
	64	13.94± 1.67	8.47± 0.63	13.74± 1.23	8.34± 0.78
	64	12.11± 1.59	6.96± 0.95	13.62± 1.18	6.74± 0.73
T	/	0.8233	8.0934	0.5867	6.7867
P	/	0.4375	0.0000	0.6737	0.0000

[4]

2

CO₂

10- 13mmHg

[5]

2.2

10cm

2cm

P 0.05

2

[6]

3

	n	n/%			
	64	6 9.38%	5 7.81%	2 3.13%	13 20.31%
	64	1 1.56%	2 3.13%	0 0	3 4.69%
χ^2	/	/	/	/	4.5223
P	/	/	/	/	0.0412

4

6h

2.3

3- 5

P 0.05

3

	n	$X \pm S$		
	64	1.87± 0.32	2.03± 0.54	2.45± 0.56
	64	1.26± 0.27	1.56± 0.47	1.68± 0.47
t	/	4.6745	4.8945	6.4543
P	/	0.0000	0.0000	0.0000

2.4

FOLFOX6

5

5

1.3

HAMA

HAMD

3.71± 0.74

2.12± 0.65

P 0.05

T=5.3534

3 讨论

3.1

2

40-50

3

3.2

P 0.05

1

4.总结

2

3

4

5

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3.3

1

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Henik Kehlet 2001