

细节化优质护理在成人疝气术后康复中的效果分析

肖 茜

华中科技大学同济医学院附属同济医院 湖北 武汉 430030

【摘要】: 目的:

方法: 2020 8 -2021 11 60

30

结果:

P 0.05

P 0.05

P 0.05 结论:

【关键词】:

Effect Analysis of Detailed High Quality Nursing in Adult Hernia Postoperative Rehabilitation

Qian Xiao

Tongji Hospital Tongji Medical College Huazhong University of Science and Technology Hubei Wuhan 430030

Abstract: Objective: To explore the nursing effect of detailed high-quality nursing in adult hernia postoperative rehabilitation, and analyze the specific value of detailed high-quality nursing model. Methods: A total of 60 adult hernia patients admitted to our hospital from August 2020 to November 2021 were selected as the research objects of this study. According to the method of computer randomization, the patients were divided into control group and experimental group, with 30 cases in each group. Patients in the control group were given routine nursing mode, while patients in the experimental group were given detailed high-quality nursing mode. The nursing effects obtained by patients in the two groups were compared. Results: The postoperative rehabilitation of the experimental group was much better than that of the control group, $P < 0.05$; The incidence of postoperative complications in the experimental group was significantly lower than that in the control group ($P < 0.05$), and no patients with incision infection were found in the experimental group. However, this result may be due to the limited study object of this study, which needs further research to make clear. The evaluation of the experimental group was much higher than that of the control group ($P < 0.05$). Conclusion: applying the detail quality care in adult hernia post-operative rehabilitation, patients can effectively reduce the possible complications, let patients get better treatment effect, help patients to achieve discharge standard as soon as possible, in the process of care for patients need to bear the financial burden of under effective control, improving patient care evaluation.

Keywords: Detailed quality nursing; Adult hernia; Postoperative rehabilitation

1 资料与方法

1.1

[1]

	60		n=30
n=30		13	17
21~30	44.38± 3.16		19
11	24-71		45.42± 2.98

1.2

[4]

5

[2]

1

1.3

SPSS18.0 t P 0.05

2 结果

2

2-1 [d $\bar{x} \pm s$]

	n			
	30	5.31± 0.78	1.87± 0.12	2.03± 0.34
	30	7.18± 0.64	2.85± 0.27	2.88± 0.18
t	--	11.5653	18.7126	13.3985
P	--	0.05	0.05	0.05

3

2-2 [n %]

	n				
	30	0 0.00	1 3.33	1 3.33	2 6.66
	30	1 3.33	4 13.33	3 10.00	8 26.66
t	-	--	--	--	5.1293
P	-	--	--	--	0.05

4

[3]

2-3 [n %]

	n				
	30	25 83.33	4 13.33	1 3.34	29 96.66
	30	7 23.33	18 60.00	5 16.67	25 83.33
t	--	--	--	--	4.7463
P	--	--	--	--	0.05

3 讨论

因

参考文献:

- [1] .
[J]. ,2021,19(15):142-143.
- [2] .
[J]. ,2021,19(15):229-230.
- [3] .
[J]. ,2020,18(33):163-164.
- [4] , , .
[J]. ,2020,18(17):112+114.
- [5] .
[J]. ,2020,7(38):86.