

# 颈椎病和腰椎间盘突出患者手术后护理满意度研究

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【摘要】: 目的: 2020 1 2022 1  
86 42 44  
结果:  
NSNS ENCS SNCS  
P 0.05 结论:

【关键词】:

## Study on Postoperative Nursing Satisfaction of Patients with Cervical Spondylosis and Lumbar Disc Herniation

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**Abstract:** Objective: To analyze the clinical effect of postoperative nursing satisfaction in patients with cervical spondylosis and lumbar disc herniation. Methods: A total of 86 patients with cervical spondylosis and lumbar disc herniation admitted to our hospital from January 2020 to January 2022 were selected as the research objects, including 42 patients with cervical spondylosis and 44 patients with lumbar disc herniation. All the hospitalized patients were given postoperative care, and the patient satisfaction questionnaire was issued before the patients left the hospital, and the correlation between postoperative satisfaction and nursing satisfaction and patient characteristics was analyzed. Results: There was no statistical difference in NSNS subscale scores between patients with cervical spondylosis and lumbar disc herniation. The mean nursing Experience subscale (ENCS) and mean Nursing Satisfaction Scale (SNCS) scores of the two groups were correlated ( $P < 0.05$ ). Conclusions: Patients with cervical spondylosis and lumbar disc herniation have high satisfaction in clinical nursing. At the same time, there is a close correlation between nursing satisfaction and patient characteristics, which can provide information for the development of clinical nursing satisfaction and nursing planning, but in addition to the clinical characteristics of patients, the length of hospital stay also has a certain impact on nursing satisfaction, which needs to be further explored.

**Keywords:** Cervical spondylosis; Lumbar disc herniation; Postoperative care; Satisfaction with nursing

40 [3] 2020 1 86  
2022 1 6

[1]

### 1 资料与方法

#### 1.1

2020 1	2022 1	
86	42	
	44	
22/20	33 76	55.87± 6.34
6 10	5.87± 2.31	
23/21	35 77	58.79± 6.51
8 12	6.32± 2.12	

[2]

1.3  
18 3 MRI / 3 2  
4 6 5  
1.2  
1 2 3  
4  
1.2  
NSNS  
ENCS SNCS  
26 Likert7 1 7  
0 100  
100  
Likert5 1 5  
0 100  
19  
3 187  
1.15d 61.36%  
2  
2 [n % ]

SPSS 25.0  
%<sup>2</sup> P 0.05  
2 结果  
2.1  
NSNS  
ENCS SNCS  
P 0.05 1  
1 NSNS  $\bar{x} \pm s$

		ENCS	SNCS		
	42	82.02± 12.39	75.62± 15.31	5.90± 0.85	5.77± 1.02
	44	79.02± 13.55	74.15± 16.23	5.82± 0.56	5.79± 0.86
	<i>t</i>	1.070	0.432	0.518	0.098
	<i>P</i>	0.288	0.667	0.606	0.922

2.2

3 312  
46.45 7-20d 17.18d 40.48%  
37.85 7-15d  
61.36%  
2

	n=42	n=44	<i>t</i> <sup>2</sup>	<i>P</i>
	46.45± 11.74	37.85± 9.75	3.702	0.000
kg/m <sup>2</sup>	25.82± 4.53	27.11± 3.46	1.488	0.140
d	17.18± 1.13	11.15± 2.75	13.407	0.000
	13(30.95)	21(47.73)	2.530	0.112
	29(69.05)	23(52.27)		
	-	8(18.18)	-	-
	-	18(40.91)		
/ +	-	14(31.82)		
	-	4(9.09)		
	8(19.05)	-		
	17(40.48)	-		
+	14(33.33)	-		

		3(7.14)	-		
	9mm	18(42.86)	-	-	-
	9mm	24(57.14)	-		
Modic	1	-	18(40.91)	-	-
	2	-	2(4.55)		
	3	-	24(54.55)		
		26(61.9)	20(45.45)	2.337	0.126
		16(38.1)	24(54.55)		
		8(19.05)	15(34.09)	2.482	0.115
		34(80.95)	29(65.91)		
		17(40.48)	27(61.36)	3.752	0.053
		25(59.52)	17(38.64)		
		19(45.24)	19(43.18)	6.457	0.091
		21(50)	15(34.09)		
		1(2.38)	7(15.91)		
		1(2.38)	3(6.82)		

3 讨论

P

0.05

[4]

[5]

[6]

[6]

P 0.05

[7]

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