

探究脑部肿瘤立体定向放射治疗的心理护理

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【摘要】: 目的: 方法: 84
2020.05 2022.05
n=42 n=42 结果: HAMA HAMD
P 0.05 P 0.05 结论:

【关键词】:

Effect Analysis of Psychological Nursing Intervention on Patients Undergoing Stereotactic Radiotherapy for Brain Tumors

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Abstract: Objective: To analyze the effect of psychological nursing intervention on patients with brain tumor undergoing stereotactic radiotherapy. Methods: A total of 84 patients with brain tumors who received stereotactic radiotherapy in the hospital from May 2020.05 to May 2022.05 were included in this study. They were randomly divided into the control group (routine care, n=42) and the study group (psychological care, n=42). The psychological status and quality of life of the two groups were compared. Results: The scores of HAMA and HAMD in the study group were lower than those in the control group ($P < 0.05$). The scores of physical function, physiological function, social function and overall health in the study group were higher than those in the control group ($P < 0.05$). Conclusion: The effect of psychological nursing intervention for brain tumor patients undergoing stereotactic radiotherapy is good, which can be further applied in clinical practice.

Keywords: Brain tumor; Stereotactic radiotherapy; Psychological nursing; Mentality

20 ~50 1 对象和方法
1.1
2020.05~2022.05 84
2 42 23
19 34 76 55.36±
10.28 58kg 79kg 68.38± 5.85
kg 6 -7 2.35± 0.13
24 18 35 - 78 55.79
± 10.42 56kg 82kg 66.73±
4.52 kg 6 -7.5 2.37± 0.15
P 0.05
CT MRI
18

[1]

SPSS23.0 t
 $\bar{x} \pm s$ P 0.05

1.2
 1.21

2 结果
 2.1

HAMA HAMD
 P 0.05 1
 $\bar{x} \pm s$

1.2.2
 1

	1	HAMA		HAMD	
		$\bar{x} \pm s$	$\bar{x} \pm s$	$\bar{x} \pm s$	$\bar{x} \pm s$
	42	13.25± 3.47	6.24± 1.08	14.58 ± 3.12	7.33 ± 1.25
	42	13.49± 3.52	8.57± 2.33	14.75 ± 3.26	9.48 ± 2.03
<i>t</i>	-	0.315	5.880	0.244	5.845
<i>P</i>	-	0.754	0.000	0.808	0.000

2

2.2

3

68.72± 3.48 67.53± 5.26
 68.27± 6.54 69.24± 3.52
 57.63± 2.14 60.42± 4.29 61.29± 4.35
 60.38± 2.14 t1=17.593 t2=6.789
 t3=5.759 t4=13.939 P1=0.000 P2=0.000 P3=0.000 P4=0.000
 P 0.05

6 5min

3 讨论

1.3

1

HAMA
 HAMD HAMA 7

HAMD 8

2

SF-36

100

1.4

[3] P 0.05 HAMA HAMD

1

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P 0.05

[4]

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