CT 增强检查中的临床护理路径应用分析

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【摘　要】：目的：　　　　　　　　　CT　　　　　　　方法：　68　　CT　　　　　　2019　5　　　　2021　8　　　　　　　34　　　　　　　34　　　　　　　结果：　　　　　　　　P　0.05　　　　　　P　0.05　　　　　　　　P　0.05　　　82.35%　　　　　100.00%　　　P　0.05　　结论：　　　　　　CT

【关键词】：CT

Application of Clinical Nursing Pathway in CT Enhanced Examination

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Abstract: Objective: To explore the effect of clinical nursing pathway applied in CT enhanced examination. Methods: A total of 68 patients who underwent CT enhanced examination were included as the research objects. The selection time was May 2019, and the cut-off time was August 2021. They were divided into reference group (34 cases, routine care) and nursing group by computer software. group (34 cases, clinical nursing path), and compared the nursing results between the two groups. Results: Compared with the reference group, the inspection time in the nursing group was shorter (P<0.05). Before nursing, the scores of anxiety and depression in the two groups were similar (P>0.05). After nursing, the scores of anxiety and depression in the nursing group were lower than those in the reference group (P<0.05). Compared with the reference group, the nursing group had lower incidences of adverse events such as diagnostic interruption, contrast agent leakage and adverse reaction to contrast agent (P<0.05). Compared with 82.35% in the reference group, the nursing satisfaction in the nursing group was 100.00% higher (P<0.05). Conclusion: The application of clinical nursing pathway in CT enhanced examination can shorten the examination time, stabilize the patient's emotional state, reduce possible adverse events in the examination, and improve the patient's satisfaction with nursing work, which has significant clinical application value.

Keywords: CT enhancement examination; Clinical care pathway; Negative emotions; Adverse events; Nursing satisfaction

CT　　　　　　　　　　　　　　　20　　　　14

20- 77　52.13± 5.65　　　　　　　　　11

CT　　　　　　　　　12　　　　　11

6　　　　　　10　　　　　18　　　　19

[1]　　CT　　　　　15　　　　　23- 74　52.09± 5.83

13　　　　　10　　　　　11

5　　　　　12

[2]　　　　　　　　17　　　　　　　P　0.05

1 资料及方法

1.1

68　　　CT　　　　　　　2019　5　　　　　　　2021　8　　　　　34　　　　　　　34

1.2

CT

1

2

3 CT

CT

[3]

1.3

1 CT

2

Carroll

0-52 0-72

3

4 CT

100 Cronbach s

0.87 Scale-CVI 0.91

90-100

60-89 0-59

1.4

SPSS20.0 " "

^{2} $\bar{x} \pm S$ t P 0.05

2 结果

2.1 CT

CT 18.02± 2.65 min

CT 15.73± 2.00 min CT

t=4.022 P=0.000

2.2

P 0.05

P

0.05 1

表1 [$\bar{x} \pm S$]

	1			
n=34	42.23± 3.23	33.28± 4.65	55.78± 5.28	41.03± 4.28
n=34	42.05± 3.13	25.43± 3.65	55.03± 5.03	33.28± 3.78
t	0.233	7.743	0.600	7.914
P	0.816	0.000	0.551	0.000

2.3

P 0.05 2

表2 n %

n=34	4 11.76	3 8.82	2 5.88	9 26.47
n=34	1 2.94	1 2.94	0 0.00	2 5.88
^{2}				5.314
P				0.021

2.4

P 0.05

3

表3 n %

n=34	14 41.18	14 41.18	6 17.65	28 82.35
n=34	20 58.82	14 41.18	0 0.00	34 100.00
^{2}				4.570
P				0.017

3 讨论

CT CT

[4] CT

CT

[5]

CT

[6- 7]

CT   P   0.05

[8]

P   0.05

P   0.05

[9]

82.35%

100.00%   P   0.05

[10]

CT

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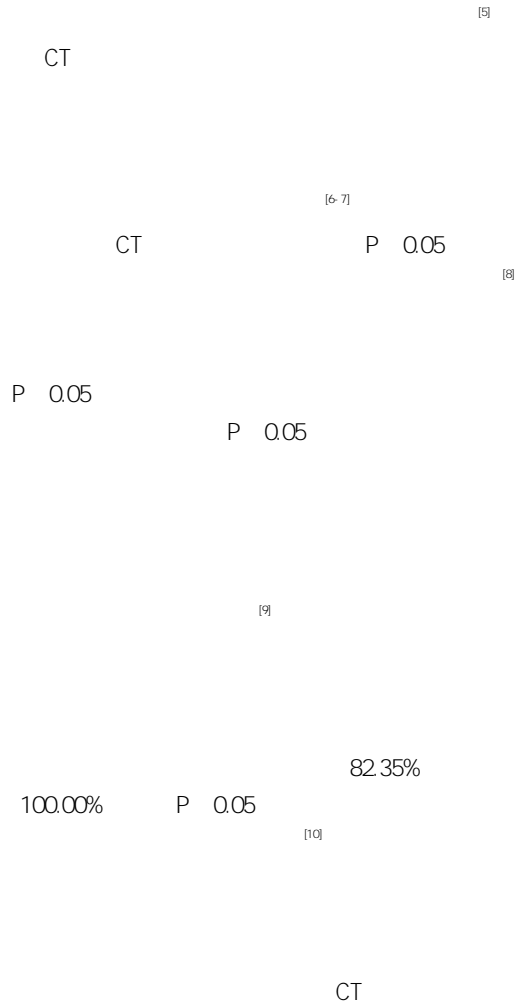[1]   ,   .CT
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