# 全科医学服务模式在糖尿病患者中的应用

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【摘　要】：目的：　方法：　2021　1　-12　n=82　41　结果：2h　5.42 ± 0.58　mmol/L　7.31 ± 0.96　mmol/L　6.39 ± 0.74　mmol/L　8.79 ± 1.05　mmol/L　P　0.05　sf-36　89.34 ± 2.57　81.25 ± 3.71　P　0.05　0.0%　9.76%　P　0.05　结论：

【关键词】：

## Application of the general practice service model in patients with diabetes

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**Abstract:** Objective: To analyze the value of general practice services for diabetes mellitus. Methods: For diabetic patients (n=82) from January to December 2021,41 patients were enrolled in the control group, the former in general practice services and the latter under routine management. Compare blood sugar and other indicators. Results: For fasting glucose and 2h postprandial glucose, at the end of the intervention, the trial group data were (5.42 ± 0.58) mmol/L, (7.31 ± 0.96) mmol/L, and the control group data (6.39 ± 0.74) mmol/L, (P <0.05) mmol/L, respectively. Regarding the sf-36 score, at the end of the intervention, the trial group data (89.34 ± 2.57) score was higher than the control group data (81.25 ± 3.71) score (P <0.05). Regarding the complications, the trial group incidence rate was 0.0% and was lower compared with the control group data of 9.76% (P <0.05). Conclusion: General practice services for diabetes mellitus make patients have better prognosis, lower blood glucose reduction, lower complication rate, and faster increase in satisfaction rate.

**Keywords:** General practice services; Satisfaction; Diabetes; Quality of life

[1]　82　2021　1　-12

## 1 资料与方法

### 1.1

2021　1　-12　82　2　41　19　22　40-76　56.38 ± 7.21　1-14　6.53 ± 1.82　39-81kg　55.47 ± 9.34　kg　41　18　23　39-77　56.97 ± 7.53　1-13　6.32 ± 1.79　39-80kg　55.83 ± 9.72　kg

1　2　3　4　5

[2]　1　2　3　4　5　6　7　8　9　10

2　P　0.05

### 1.2

1

2

3

12

4

30min 1

30min

1.3 [3]

1 2 /

2 sf-36 2 /

100

3 2

1.4

SPSS 23.0 t

$\bar{x} \pm s$ $\chi^2$

[n % ] P 0.05

## 2 结果

2.1

2h 2

P 0.05

P 0.05 1

1 mmol/L $\bar{x} \pm s$

| | | | | 2h | |
|---|---|---|---|---|---|
| | | | | | |
| | 41 | 7.23 ± 1.83 | 5.42 ± 0.58 | 13.59 ± 3.46 | 7.31 ± 0.96 |
| | 41 | 7.41 ± 1.92 | 6.39 ± 0.74 | 13.14 ± 3.95 | 8.79 ± 1.05 |
| t | | 0.2541 | 4.3625 | 0.2692 | 4.6931 |
| P | | 0.1793 | 0.0000 | 0.1834 | 0.0000 |

2.2

sf-36

57.82 ± 4.69 58.14 ± 5.03 2

t=0.2715 P 0.05

89.34 ± 2.57 81.25

± 3.71 t=8.1542

P 0.05

## 3 讨论

[4]

[5]

[6 7]

[8 9]

[10]

[11]

2h

P 0.05 sf-36

P 0.05

P 0.05

[12]

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