

全程导乐助产护理干预对产妇的影响效果研究

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【摘要】: 目的: 2017 年 8 月 -2019 年 8 月 30 例产妇, 方法: 30 例产妇, 2 组。
结果: SAS SDS (P 0.05) (P 0.05) (P 0.05) 结论:

【关键词】:

Study on the effect of nursing intervention on parturients during the whole process of doula midwifery

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Abstract: Objective: To explore the effect of the whole process Doula midwifery nursing intervention on improving the pregnancy results of twins in natural delivery and reducing postpartum anxiety and depression. Methods: The subjects were 30 parturients with twin pregnancy who were pregnant in our hospital from August 2017 to August 2019. 30 parturients were randomly divided into two groups: observation group and control group. The nursing mode of the control group was conventional nursing mode, while the nursing mode of the observation group was whole process Doula midwifery nursing intervention. The indexes of anxiety, depression and delivery were compared between the two groups before and after nursing. Results: Before nursing, the evaluation of SAS and SDS in the two groups was poor and had no statistical value (P 0.05). After nursing, the SAS and SDS scores in the observation group were lower than those in the control group (P 0.05); The neonatal distress, neonatal death and incidence rate of the observation group were lower than those of the control group, and the natural delivery rate was higher than that of the control group. The difference was statistically significant (P 0.05). There was no statistical difference in the incidence rate of postpartum hemorrhage between the two groups (P 0.05). Conclusion: The nursing intervention of the whole process Doula midwifery can reduce the bad mood of the parturients and improve the rate of natural delivery.

Keywords: Whole process doula midwifery nursing; Vaginal delivery; Natural childbirth; Bad mood

1 资料与方法

1.1

2017 年 8 月 -2019 年 8 月 30 例产妇, 30 例产妇, 25-35 岁, (26.67± 1.75) 岁, (34.9± 1.43) 岁, (30.04± 1.37) 岁, 30-37 岁, (34.6± 1.7) 岁。

2

(P < 0.05)

1.2

1.3

3cm

SAD SAS
50 SAS 50 - 60
SAS 60 - 70
SAS 70
SDS SDS
53 53 - 63 63 - 72
72

1.4

SPSS22.0

$\bar{x} \pm s$

t

χ^2

P

0.05

2 结果

2.1

1

1

	SAS		SDS	
N=15	52.47± 1.87	25.36± 1.13	54.14± 2.45	21.74± 2.36
N=15	52.43± 1.79	18.67± 2.14	53.64± 1.57	16.47± 1.05

2.2

2

2

	%	%	%	%
N=15	25.57	41.00	52.33	7.67
N=15	3.33	3.33	100	3.33

1.5kg

3- 4h

3 讨论

P 0.05
P 0.05

80%

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