

乳晕旁弧形小切口手术治疗乳腺良性肿瘤作用

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【摘要】目的: 分析乳晕周围良性肿瘤患者接受乳晕旁弧形小切口治疗的效果。方法: 从 2020 年 1 月-2022 年 1 月区间因乳晕周围乳腺良性肿瘤入院接受诊治的患者内随机选择 200 例展开实验, 根据治疗形式对患者进行分组, 即实验组与对照组, 每组内人数分别为 100 例。对照组内整体患者均接受放射性切口治疗, 实验组内整体患者接受乳晕旁弧形小切口, 对比相关指标。结果: 实验组并发症发生率为 3%, 对照组并发症发生率为 12%, 实验组出现并发症几率更低, $P < 0.05$ 。实验组切口愈合时间、住院时间、手术时间、瘢痕宽度均显著优于对照组, $P < 0.05$ 。实验组生活质量优于对照组, $P < 0.05$ 。结论: 对乳腺良性肿瘤患者实施乳晕旁弧形小切口治疗, 可以降低患者出现并发症的几率, 提升患者的生活质量, 缩短切口愈合时间、住院时间、手术时间、瘢痕宽度, 值得临床推广应用。

【关键词】: 乳晕旁弧形小切口; 乳晕周围乳腺良性肿瘤; 治疗效果

Evaluation of Clinical Effect of Treating Benign Breast Tumor around Areola with Small Arc Incision

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Abstract: Objective: To analyze the effect of small arc incision near areola on benign tumor patients. Methods: From January 2020 to January 2022, 200 patients with benign breast tumors around the areola were randomly selected for the experiment. According to the treatment form, the patients were divided into experimental group and control group, with 100 patients in each group. The whole patients in the control group received radiation incision treatment, and the whole patients in the experimental group received arc-shaped small incision near the areola, and the relevant indexes were compared. Results: The complication rate of the experimental group was 3%, that of the control group was 12%, and that of the experimental group was lower ($P < 0.05$). The wound healing time, hospitalization time, operation time and scar width of the experimental group were significantly better than those of the control group ($P < 0.05$). The quality of life of the experimental group was better than that of the control group ($P < 0.05$). Conclusion: The treatment of benign breast tumor patients with paraareolar arcuate small incision can reduce the probability of complications, improve the quality of life of patients, shorten the wound healing time, hospitalization time, operation time and scar width, which is worthy of clinical application.

Keywords: Arcuate small incision beside areola; Benign tumor of mammary gland around areola; Treatment effect

1 资料与方法

1.1

[1]	2020	1	-2022	1	200
[2]	100		25-80		43.91± 1.23
			6.54± 1.43		25-80
			43.92± 1.21		6.55± 1.44
					P 0.05
[3]					1
		2			3
			1		2
				3	

1.2

1.4

SPSS 23.0

n%

χ^2 \pm $\bar{x} \pm s$

t P 0.05

2 结果

2.1

1 1 1

3% 4 4 4

1/4-1/2

12% χ^2 5.8378 P 0.05

2.2

P 0.05 1

1 $\bar{x} \pm s$

		min	d	d	cm
	100	34.01± 4.43	6.43± 1.32	8.12± 1.43	0.23± 0.01
	100	76.43± 4.33	9.54± 1.65	12.98 ± 1.11	0.89± 0.12
χ^2	-	68.4783	14.7182	26.847 1	54.8100
P	-	0.0000	0.0000	0.0000	0.0000

1/2

1%

2.3

86.61± 1.14 86.44

± 8.34 82.01± 3.34

85.41± 6.32

89.34± 0.72 87.34± 8.34

60.18± 4.74 66.61± 7.15

66.61± 7.15

63.28± 7.14 75.31

± 1.21 65.35± 5.28 T

54.2136 18.0513 19.5143 23.2085 99.6440 22.2777

P 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000

P 0.05

3 讨论

1.3

[4]

5

1

20

2

1

1/

3

3-5cm

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