

发挥地方高校人才优势，提升院前急救普及率

——以湖北科技学院为例

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【摘要】：院前急救在整个现代急救医疗体系中占据重要地位，在院前急救死亡率排行中，心源性猝死致死率长期居高不下。我国每年有超过 55 万人出现心搏骤停，其中，67%左右有非医务人员的现场目击者，纵然超过一半的心搏骤停现场存在目击者，但生存率仍不足 1%。“不敢救”、“不会救”等现象较为普遍。因此，普及应急救护知识，提升全民急救能力对提高心脏骤停患者生存率起到尤为关键的作用。为此，湖北省咸宁市以地方高校为依托，充分发挥医学优势，成立专业医学科普团队——湖北科技学院医心科普科技志愿服务队，在咸宁市开展一系列应急救护知识普及培训活动，受众近五十余万人，超过 1/3 的公民熟练掌握急救技能，院前急救水平特别是高校内院前急救水平得到显著提高。

【关键词】：急救普及；心源性猝死；科普团队；地方高校；思政教育

Give Full Play to the Talent Advantages of Local Colleges and Universities to Improve the Popularity of Pre Hospital First Aid--Take Hubei University of Science and Technology as an Example

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Abstract: Pre hospital first aid plays an important role in the whole modern emergency medical system. In the pre hospital first aid mortality ranking, the death rate of sudden cardiac death remains high for a long time. More than 550000 people have cardiac arrest every year in China, of which about 67% have on-site witnesses of non-medical personnel. Although more than half of cardiac arrest sites have witnesses, the survival rate is still less than 1%. "Dare not to save", "can not save" and other phenomena are common. Therefore, popularizing emergency rescue knowledge and improving the first aid ability of the whole people play a particularly critical role in improving the survival rate of patients with cardiac arrest. To this end, relying on local colleges and universities, Xianning City, Hubei Province, gave full play to its medical advantages, established a professional medical science popularization team - Hubei University of Science and Technology Medical Cardiology Science and Technology Volunteer Service Team, and carried out a series of emergency rescue knowledge popularization training activities in Xianning City. The audience was nearly 500000 people, and more than 1/3 of the citizens were proficient in first aid skills. The level of pre hospital first aid, especially the level of pre hospital first aid in colleges and universities, was significantly improved.

Keywords: Popularization of first aid; Sudden cardiac death; Science popularization team; Local universities; Ideological and political education

1 现代急救医疗服务体系基本构架

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4 应急救护培训与思政教育有机融合

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5 民众急救普及率的提升离不开医学科普团队的披荆斩棘

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