

# 责任制整体护理在老年重症肺炎护理中的应用

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**【摘要】**目的: 探究分析责任制整体护理在老年重症肺炎护理中的应用及对提高临床护理质量和治疗效果。方法: 纳入我院中西医结合代谢病科老年重症肺炎患者 106 例, 对照组 (常规护理) 和观察组 (责任制整体护理)。比较两组患者护理后肺炎症状、肺功能指标、护理质量、治疗效果差异。**结果:** 护理后观察组患者肺炎症状和肺功能恢复相关指标均于对照组 ( $P<0.05$ )。同时, 护理质量评分 ( $95.06\pm 6.42$ ) 分、治疗有效率 98.11% (52/53)。高于对照组 ( $87.16\pm 3.59$ ) 分、90.57% (48/53), 组间差异充分体现统计意义 ( $P<0.05$ )。**结论:** 临床护理实施责任制整体护理干预模式, 能够改善老年重症肺炎患者临床症状, 提升肺功能指标和治疗效果, 以优秀的护理质量获得患者与家属的认可。

**【关键词】** 责任制整体护理; 老年重症肺炎

## Application of Responsibility System Holistic Nursing in Senile Severe Pneumonia Nursing and Analysis of Improving Clinical Nursing Quality and Treatment Effect

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**Abstract:** Objective: To explore and analyze the application of the responsibility system of holistic nursing in the elderly patients with severe pneumonia, and to improve the quality of clinical nursing and therapeutic effect. Methods: 106 elderly patients with severe pneumonia in the metabolic department of integrated traditional Chinese and western medicine in our hospital were enrolled in the control group (routine nursing) and the observation group (responsibility based holistic nursing). Compare the difference of pneumonia symptoms, pulmonary function indicators, nursing quality and treatment effect between the two groups after nursing. Results: After nursing, the symptoms of pneumonia and related indexes of pulmonary function recovery in the observation group were higher than those in the control group ( $P<0.05$ ). At the same time, the nursing quality score was ( $95.06 \pm 6.42$ ), and the effective rate of treatment was 98.11% (52/53). It was higher than that of the control group ( $87.16 \pm 3.59$ ), 90.57% (48/53), and the difference between groups fully reflected statistical significance ( $P<0.05$ ). Conclusion: The implementation of the overall nursing intervention mode of responsibility system in clinical nursing can improve the clinical symptoms of the elderly patients with severe pneumonia, improve the pulmonary function indicators and treatment effect, and obtain the recognition of patients and their families with excellent nursing quality.

**Keywords:** Responsibility system holistic nursing; Severe pneumonia in the elderly

79.87± 4.62 53 32 21  
73- 82 76.03± 1.25  $P>0.05$

[1]

70

1.2

[2]

### 1 对象与方法

#### 1.1

2019 11 2021 11 106  
53 27:26 71- 89

1

[3] 2

[7] 8

9

[4]

3

[8] 10

4

: 1: 2 1: 3

[5] 5

3- 4s

3- 4

1.3

1.4

SPSS 24.0  
x± s

n

%

x<sup>2</sup> t

P <0.05

[6] 6

## 2 结果

7

P <0.05

P

<0.05

1

1

$\bar{x} \pm s$

n		TNF- a ng/ml	Hs- CRP mg/L	IL- 6 pg/mL	FVC L	FEV1 L
53		3.72± 0.33	13.25± 3.20	162.51± 16.23	1.82± 0.42	1.80± 0.25
		1.52± 0.22	7.19± 1.20	61.22± 2.13	3.71± 1.31	3.31± 0.54
53		3.73± 0.31	13.27± 3.26	162.57± 16.15	1.81± 0.41	1.84± 0.26
		2.41± 0.22	9.22± 1.50	121.44± 2.18	2.42± 1.15	12.41± 0.27

						%
	53	95.06± 6.42	37	15	1	98.11%
	53	87.16± 3.59	28	20	5	90.57%

1

### 3 讨论

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95.06± 6.42

87.16± 3.59

98.11%

90.57%

P <0.05