

## CVC 导管堵塞的预防护理进展

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【摘 要】: CVC 是临床作为重症患者持续输液以及全胃肠外营养等治疗中常见且重要的支撑途径,目前在重症监护室中广泛应用。CVC 导管虽然材质为高级硅胶管,但对于中心静脉而言仍是异物,受到药物、护理手段、患者因素等影响,会出现导管堵塞情况,需要采取有效护理手段进行预防干预,目前针对导管堵塞的预防护理已经单纯从堵塞针对性护理扩展至置管准备、风险预防以及患者护理等内容,本研究从多方面多层次探究当前预防护理的进展,以期为临床 CVC 导管堵塞的预防以及解决提出有效护理措施。

【关键词】: CVC 导管; 堵塞预防; 因素分析; 预防护理; 疏通解决

## Progress in Prevention and Nursing of CVC Catheter Blockage

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**Abstract:** CVC is a common and important support way in continuous infusion and total parenteral nutrition for critical patients, and is widely used in intensive care units. Although the CVC catheter is made of high-grade silicone tube, it is still a foreign body for the central vein. Due to the influence of drugs, nursing methods, patient factors, etc., catheter blockage may occur. Effective nursing measures need to be taken to prevent and intervene. At present, the prevention and care of catheter blockage has simply expanded from targeted care of blockage to preparation for catheter placement, risk prevention, patient care, etc, This study explored the current progress of preventive nursing from various aspects and levels, with a view to putting forward effective nursing measures for the prevention and solution of CVC catheter blockage.

Keywords: CVC catheter; Blockage prevention; Factor analysis; Preventive care; Dredging and solving 前言

2 **VPA** CVC CVC CVC 3 CVC CVC CVC 1 CVC 导管堵塞的风险管理 350× 109/L CVC 1 45% 4 CVC



4 CVC 风险护理 CVC CVC CVC CVC CVC 2 CVC 导管护理小组的素质优化 CVC CVC CVC CVCCVC CVC CVC 5 脉冲式正压封管的应用 CVC [6] S SHSH 0.9% Α Н s 0.9% CVC CVC 100uL 12H CVC CVC CVC CVC CVC50~125U/mL CVC 6 非血凝型导管堵塞及护理预防措施 CVC CVC CVC 3 置管操作的护理重点 1 [7] CVC CVCPICC 2 PICC PICC 7 导管堵塞的患者主观因素护理 5min 25U/ml 5mg 3 24h 1 / 1



[10] CVC 2 参考文献: [1] , , . . . CVC [J]. 3 ,2021,38(1):75-79. [2] [J]. · ,2021,(3):253 CVC - 254. [3] . CVC [J]. ,2020,24(24):3460-3461. CVC (CVC) [J]. , 2020, 20(95): 244, 246. [5] [J]. , 2020, 27(02): 58. (CVC) [6] [J]. ,2019,(35):271. 8 总结 . 嬰. [7] CVC ,2021,36(23):2124-2128, [J]. 2134. [8] [J]. ,2021,33(9):1047-1051. , , , .ICU [9] [J]. ,2021,27(32):4346-4350. [10] , , . [J]. 2020, 20(2):109-113.