

丹归逐瘀汤治疗子宫内膜异位症的价值

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【摘要】目的: 评价在对子宫内膜异位症患者进行治疗中选择丹归逐瘀汤进行治疗的效果。方法: 遵照纳入病例对比治疗的方式展开探究, 共计选入在 2021 年 2 月至 2022 年 5 月所收子宫内膜异位症患者中的 68 例为对象, 盲选均分为 2 个治疗小区, 任意抽选其中 1 组, 按照常规治疗方案开展对应治疗, 作为对照组, 在对剩下患者进行治疗时则使用丹归逐瘀汤进行治疗, 作为观察组。分析患者的恢复情况。结果: 通过对两组患者在恢复过程中内分泌激素水平、整体治疗效果对比, 观察组均占据有显著优势, $P < 0.05$ 。结合对两组患者在治疗过程中免疫球蛋白 M、免疫球蛋白 A 以及免疫球蛋白 G 水平对比, 在治疗前两组无差异, $P > 0.05$, 在治疗后, 观察组明显优于对照组, $P < 0.05$ 。结论: 在对子宫内膜异位症患者进行治疗的过程中选择丹归逐瘀汤进行治疗, 可以对患者免疫功能进行调整, 提升临床对该部分患者的综合治疗效果, 有助于患者恢复。

【关键词】: 丹归逐瘀汤; 子宫内膜异位症

The Value of Dangui Zhuyu Decoction in the Treatment of Endometriosis

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Abstract: Objective: To evaluate the effect of Dan Gui Zhuyu Decoction in the treatment of patients with endometriosis. Methods: According to the way of comparative treatment of included cases, 68 patients with endometriosis received from February 2021 to May 2022 were selected as the subjects. They were randomly divided into two treatment districts. One group was randomly selected, and corresponding treatment was carried out according to the conventional treatment scheme as the control group. When the remaining patients were treated, they were treated with Dangui Zhuyu Decoction as the observation group. Analyze the recovery of patients. Results: By comparing the endocrine hormone level and the overall treatment effect of the two groups of patients in the recovery process, the observation group had significant advantages ($P < 0.05$). In combination with the comparison of the levels of immunoglobulin M, immunoglobulin A and immunoglobulin G in the two groups during the treatment, there was no difference between the two groups before treatment ($P > 0.05$). After treatment, the observation group was significantly better than the control group ($P < 0.05$). Conclusion: In the treatment of patients with endometriosis, selecting Dan Gui Zhuyu Decoction can adjust the immune function of patients, improve the clinical comprehensive treatment effect of this part of patients, and help patients recover.

Keywords: Dangui Zhuyu Decoction; Endometriosis

	2	1
	24-44	34.23
[1-2]	± 1.39	35.08 ± 1.88
	P > 0.05	
	1.2	
1 资料与方法		H33022461
1.1		200mg
	1	3
2021 2 2022 5	68	15g 12g

12g 12g 12g 15g 20g 18g
 20g 12g
 10g
 12g
 10g 400ml
 800ml 400ml 200ml
 1 3
 1.3
 M A
 G

		1 [n %]			
		20	13	1	33
	34	58.82	38.24	2.94	97.06
	34	15	12	7	27
		44.12	35.29	20.59	79.41
	²	-	4.252	1.738	13.088
	P	-	0.012	0.038	0.001

2.2
 P>0.05
 P<0.05
 2
 3

1.4
 SPSS20.0
 t P<0.05
 2 结果
 2.1
 97.06% 33/34 79.41%
 28/34 P<0.05 1

		2 $\bar{x} \pm s$			
		mlU/ml	ng/L	ug/L	ng/L
	34	4.45±1.02	424.66±85.63	15.63±1.42	86.55±1.78
	34	4.39±1.21	423.59±86.88	15.58±1.38	86.82±1.62
	t	-	1.092	1.889	1.472
	P	-	0.657	0.582	0.827

		3 $\bar{x} \pm s$			
		mlU/mL	ng/L	ug/L	ng/L
	34	8.96±1.28	322.56±52.42	11.05±1.62	109.88±12.05
	34	5.63±1.42	379.25±57.15	14.63±1.72	96.75±9.24
	t	-	12.052	15.044	13.052
	P	-	0.001	0.001	0.001

2.3 M A A G
 P>0.05 P<0.05
 G

		4 $\bar{x} \pm s$					
		M g/L	A g/L	G g/L	G g/L		
	34	1.13±0.32	1.79±0.28	1.42±0.28	1.62±0.18	10.22±1.25	12.63±1.88
	34	1.14±0.24	1.35±0.22	1.41±0.27	1.45±0.26	10.18±1.17	11.43±1.43
	t	-	1.093	12.052	1.252	13.052	1.427
	P	-	0.883	0.001	0.917	0.001	0.728

3 讨论

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vjvkj2020068