

# 眼部护理对预防新生儿眼部感染的效果观察

罗亚妮

西安航天总医院 陕西 西安 710100

**【摘要】**目的: 分析新生儿接受眼部护理的效果。方法: 随机抽取本院 62 例新生儿研究, 医学观察始于 2021 年 3 月止于 2022 年 3 月, 以双盲法均分为对照组 (31 例, 常规护理) 和观察组 (31 例, 常规护理+眼部护理), 对比两组效果。结果: 观察组眼部感染发生率、家属护理满意度评分优于对照组 ( $P < 0.05$ )。结论: 新生儿接受眼部护理, 能有效地预防眼部感染, 获得了更多患儿家属的认可, 值得推广。

**【关键词】**: 新生儿; 眼部护理; 眼部感染发生率; 家属护理满意度评分

## Observation of the Effect of Eye Care on Preventing Neonatal Eye Infection

Yani Luo

Xi'an Aerospace General Hospital Shaanxi Xi'an 710100

**Abstract:** Objective: To analyze the effect of eye care for neonates. Methods: 62 neonates in our hospital were randomly selected for study. The medical observation began in March 2021 and ended in March 2022. They were equally divided into the control group (31 cases, routine care) and the observation group (31 cases, routine care+eye care) by double blind method. The effects of the two groups were compared. Results: The incidence of eye infection and the score of satisfaction of family members in the observation group were better than those in the control group ( $P < 0.05$ ). Conclusion: Neonates receiving eye care can effectively prevent eye infection, which has been recognized by more children's families and is worthy of promotion.

**Keywords:** Newborn; Eye care; Incidence of eye infection; Family care satisfaction score

28d	17:14	5- 26d	15.68± 3.21 d
	39- 41	39.37± 0.23	
2556- 3875g	2838.26± 115.64 g		19.12
6- 28d	15.82± 3.25 d		
p 0.05			
	1	2	Apgar
8	3	3d	4
	5		6
(1)		1	2
	1.2		
	1.2.1		

### 1 资料和方法

#### 1.1

62	2021
3	2022
31	31
38- 40	39.37± 0.23
2541- 3864g	2839.59± 116.31 g

1.2.2

+ 1

6

00

1.3

2 100% 2 = / ×

1.4

SPSS20.0  $\bar{x} \pm s$  %  
 t  $\chi^2$  P 0.05

2 结果

2.1

P 0.05 1

1 n,%

2cm 2

4

5

	31	1	3.22	0	0.00	1
	31	3	9.67	1	3.22	6
$\chi^2$						4.026
P						0.044

2.2

p>0.05

X

P 0.05 2

2

n=31  $\bar{x} \pm s$

				t	P
		73.26± 3.14	73.51± 3.19	0.310	0.756
		93.78± 4.26	85.12± 4.03	8.222	0.000
		72.84± 3.52	72.73± 3.51	0.123	0.902
		92.98± 4.11	83.36± 3.67	9.720	0.000
		74.16± 3.84	74.67± 3.82	0.524	0.602
		93.16± 4.38	84.28± 3.65	8.671	0.000

		72.73± 3.49	72.64± 3.31	0.104	0.917
		92.94± 4.53	84.61± 3.76	7.878	0.000
		73.45± 4.12	73.11± 4.06	0.327	0.744
		93.63± 4.91	84.24± 3.63	8.562	0.000

2

### 3 讨论

[5]

[3]

[6]

4d QQ

35%

[4]

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19.35%

$\chi^2=4.026$   $p=0.044$

$p < 0.05$

3.22%