

# 优质护理在泌尿系结石患者中的临床应用

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**【摘要】**目的: 分析采用优质护理对泌尿系结石患者进行临床干预的价值。方法: 随机选取我院 2020 年 8 月-2022 年 8 月期间收治的泌尿系结石患者 84 例作为研究对象, 并通过双色球抽取法将其平均分为基础组与干预组, 每组 42 例。基础组给予常规护理措施, 干预组给予优质护理, 比较两组的整体护理效果。结果: 经过比较两组护理后的满意程度, 基础组的护理有效率为 76.19, 干预组为 95.24; 对比两组的排石情况、临床症状改善及住院时间, 干预组各项评分均显著优于基础组; 比较两组护理后出现并发症的情况, 基础组的并发症发生率为 26.19, 干预组为 7.14 另外, 对比两组的护理效果, 干预组的护理有效率为 90.48, 基础为 71.43, 组间对比均有统计学意义 ( $P<0.05$ )。结论: 给泌尿系结石患者采用优质护理的临床疗效确切, 可以切实提高患者的满意程度、护理效果, 改善临床症状, 促进排石, 缩短住院时间, 减少并发症的出现, 有助于患者早日康复, 临床推广应用价值较高。

**【关键词】**: 优质护理; 泌尿系结石; 应用价值

## Clinical Application of High Quality Nursing in Patients with Urinary Calculi

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**Abstract:** Objective: To analyze the value of high quality nursing in the clinical intervention of patients with urinary calculi. Methods: 84 patients with urinary calculi admitted in our hospital from August 2020 to August 2022 were randomly selected as the research objects, and were divided into the basic group and the intervention group by the bicolor extraction method, with 42 patients in each group. The basic group was given routine nursing measures, and the intervention group was given high-quality nursing. The overall nursing effect of the two groups was compared. Results: After comparing the satisfaction of the two groups, the nursing effective rate of the basic group was 76.19, and that of the intervention group was 95.24; Compared with the two groups, the scores of the intervention group were significantly better than those of the basic group; The complication rate of the basic group was 26.19, and that of the intervention group was 7.14. In addition, the nursing effect of the two groups was compared. The nursing effective rate of the intervention group was 90.48, and that of the basic group was 71.43. The comparison between groups was statistically significant ( $P<0.05$ ). Conclusion: High quality nursing for patients with urinary calculi has a definite clinical effect, which can effectively improve patient satisfaction and nursing effect, improve clinical symptoms, promote stone removal, shorten hospital stay, reduce the occurrence of complications, help patients recover as soon as possible, and has a high clinical application value.

**Keywords:** Quality nursing; Urinary calculi; Application value

84

### 1 一般资料和实验方法

1.1

2020 8 - 2022 8

84

[1]

42

1 18 2  
3 4 5  
2 3 1  
4 5 6  
7 8  
9 22  
20 35-36 35.80± 0.49  
1-2 1.85± 0.17 21 21  
36-37 36.22± 0.51 1-3  
2.09± 0.16 1.3  
P 0.05 1.3.1

1.2

3

1

= + / \*100%

1.3.2

2

=

+ + / \*100%

1.3.3

40-64 39 86 65-86  
= + / \*100%<sup>[2]</sup>  
1.3.4

3

VAS

0-20 0

1.4

SPSS21.00

$\bar{x} \pm s$  t

$\chi^2$

P 0.05

4

2 结果

21

P 0.05

1

### 3 讨论

		1				n %	
		n					
		42	17	23	2	95.24%	
		42	10	22	10	76.19%	
$\chi^2$	/	/	/	/	/	6.222	
P	/	/	/	/	/	0.013	

22

		2				n %	
		n					
		42	16	22	4	90.48%	
		42	9	21	12	71.43%	
$\chi^2$	/	/	/	/	/	4.941	
P	/	/	/	/	/	0.026	

23

		3				n %	
		n					
		42	0	2	1	7.14%	
		42	3	5	3	26.19%	
$\chi^2$	/	/	/	/	/	5.486	
P	/	/	/	/	/	0.019	

24

		4				P	
		[n $\bar{x}$ $\pm$ s ]					
		n					
		4	3.86 $\pm$ 2.02	9.73 $\pm$ 2.34	3.31 $\pm$ 1.10	2.31 $\pm$ 1.05	
		4	6.14 $\pm$ 1.63	11.87 $\pm$ 3.41	5.76 $\pm$ 1.42	3.43 $\pm$ 1.14	
t	/	/	5.693	3.312	8.841	4.683	
p	/	/	0.000	0.001	0.000	0.000	

### 参考文献:

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