

综合护理在肛周脓肿术后中的价值

潘佳伟

上海中医药大学附属龙华医院 上海 200032

【摘要】目的: 分析综合护理在肛周脓肿术后中的价值。方法: 以本院 2021 年 3 月到 2022 年 4 月期间所收治的 74 例患者为本次观察对象, 随机分为对照组与干预组, 各 37 例。给予对照组常规护理, 干预组实施综合护理, 对比两组的并发症发生情况、疼痛评分、临床护理满意度和生活质量评分。**结果:** 经对比, 两组各指标存在显著差异性 ($P < 0.05$)。**结论:** 在肛周脓肿术后护理中, 实施综合护理措施, 能够减轻患者疼痛, 减少并发症的发生, 从而进一步提高他们对临床护理的满意度。**【关键词】**: 综合护理; 肛周脓肿术后; 护理效果

The Value of Comprehensive Nursing in Postoperative Perianal Abscess

Jiawei Pan

Longhua Hospital Shanghai University of Traditional Chinese Medicine Shanghai 200032

Abstract: Objective: To analyze the value of comprehensive nursing care after operation of perianal abscess. Methods: 74 patients in our hospital from March 2021 to April 2022 were randomly divided into control group and intervention group, 37 patients in each group. Routine nursing was given to the control group, and comprehensive nursing was given to the intervention group. The complications, pain scores, clinical nursing satisfaction and quality of life scores of the two groups were compared. Results: By comparison, there was significant difference between the two groups in each index ($P < 0.05$). Conclusion: In the postoperative nursing of perianal abscess, the implementation of comprehensive nursing measures can reduce the pain of patients, reduce the occurrence of complications, and further improve their satisfaction with clinical nursing.

Keywords: Comprehensive nursing; After operation of perianal abscess; Nursing effect

± 2.39 17 20 25-50

36.88± 2.05

P 0.05

1.2

[1]

1.2.1

38 1 2

[2]

3

1 资料和方法

1.2.2

1.1

2021 3 2022 4 74
37

1

19 26 49 18 35.74 1 2 3 1

7 9

5 7 3

1

8 10

1.3

QOL - BREF

[3]

1.4

SPSS18.0

2 结果

2.1

83.78%

97.3%

P 0.05

1

1

[n(%)]

	37	19	16	1	97.30
	37	17	14	6	83.78
χ^2					3.945
P					0.047

2.2

P<0.05 2

2 [n(%)]

	37	0	1	1	5.41
	37	3	3	2	21.62
χ^2					4.399
P					0.036

23

P<0.05 3

3 [n($\bar{x} \pm s$)]

	37	9.25 \pm 2.13	3.64 \pm 1.07
	37	9.39 \pm 2.83	4.67 \pm 2.31
t	/	0.240	2.461
P	/	0.811	0.016

24

P>0.05

P<0.05 4

4 [n($\bar{x} \pm s$)]

	59.62 \pm 4.71	88.33 \pm 4.14	61.21 \pm 2.12	80.54 \pm 3.65
	58.22 \pm 4.43	74.14 \pm 5.73	60.33 \pm 5.82	71.63 \pm 2.94
t	1.317	12.210	0.864	111.564
P	0.192	0.000	0.390	0.000

3 讨论

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