

人性化护理在妇产科护理中的应用效果观察

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【摘要】目的: 探究人性化护理在妇产科护理中的应用效果。方法: 选择我院妇产科近一年接受治疗的病患(2021.07-2022.06), 采用抽样随机分组的方式进行实验观察与研究。其中一组为 A 组, 进行常规护理并记录、观察结果; 另一组为 B 组, 对病患采用人性化护理, 对护理效果各项实验结果进行观察记录并报告。结果: 在无客观因素影响的前提下, 经过护理干预后 B 组病患生活质量各项评分均高于 A 组, B 组病患的 SAS 焦虑评分(49.18 ± 5.34)、SDS 抑郁评分(53.80 ± 5.32)均低于 A 组病患的(58.83 ± 5.15)与(63.22 ± 5.42), 表示 B 组病患心理状态更好, 生活质量更佳; 而 B 组病患对于护理的综合满意度(非常满意+基本满意)为 93.33%, 共计 28 例, 此项数据则高于 A 组的 80%、24 例。对两组患者护理效果的所有实验观察结果显示, B 组优于 A 组。结论: 通过观察研究和关于两组病例的报告, 可发现在妇产科病患的护理中, 人性化护理模式对于护理质量的改善非常显著, 并且可以大大提高患者的生活质量, 改善心理状态, 提高护理满意度, 方法有效, 可以推广。

【关键词】: 人性化护理; 妇产科; 护理质量

Application Effect Observation of Humanized Nursing in Gynecology and Obstetrics Nursing

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Abstract: Objective: To explore the effect of humanistic nursing in obstetrics and gynecology. Methods: The patients (2021.07-2022.06) who received treatment in the department of obstetrics and gynecology in our hospital in recent one year were selected and randomly divided into groups for experimental observation and research. One group was group A, which received routine nursing care and recorded and observed the results; The other group was group B, which adopted humanistic nursing for patients, and observed and recorded the experimental results of nursing effect and reported them. Results: Without the influence of objective factors, the scores of quality of life of patients in group B were higher than those in group A after nursing intervention. The SAS anxiety score (49.18 ± 5.34) and SDS depression score (53.80 ± 5.32) of patients in group B were lower than those of patients in group A (58.83 ± 5.15) and (63.22 ± 5.42), indicating that patients in group B had better psychological status and better quality of life; The comprehensive satisfaction (very satisfied+basically satisfied) of patients in Group B was 93.33%, totaling 28 cases, which was higher than 80% and 24 cases in Group A. All the experimental observation results of the nursing effect of the two groups of patients showed that group B was better than group A. Conclusion: Through the observation and research and the report of two groups of cases, it can be found that in the nursing of gynecological patients, the humanistic nursing mode has significantly improved the quality of nursing, and can greatly improve the quality of life of patients, improve their psychological state, and improve their satisfaction with nursing. The method is effective and can be popularized.

Keywords: Humanized nursing; Obstetrics and Gynecology Department; Nursing quality

[1]

1 资料和方法

1.1

2021.07 2022.06

60

[2]

60
 B
 30 23- 62 38.95
 4.64

p 0.05
 1.2
 1 A :

2 B

7

[3]

[5]

1.3

1.4

SPSS20.0

t/χ^2

P 0.05

2 结果

B

A

P 0.05

2-1

2-1

$\bar{x} \pm s$

| | A | B | t | P |
|--|-------------|-------------|-------|------|
| | 61.43± 2.43 | 61.23± 2.66 | 0.082 | 0.05 |
| | 73.34± 2.23 | 65.67± 2.65 | 6.454 | 0.05 |

| | | | | | |
|--|--|-------------|-------------|-------|------|
| | | 58.24± 1.83 | 58.45± 1.56 | 0.005 | 0.05 |
| | | 70.54± 2.34 | 65.34± 1.23 | 7.492 | 0.05 |
| | | 51.23± 1.56 | 51.56± 1.87 | 0.398 | 0.05 |
| | | 55.35± 2.12 | 69.34± 1.54 | 6.335 | 0.05 |
| | | 56.18± 1.44 | 56.11± 1.43 | 0.723 | 0.05 |
| | | 62.25± 1.52 | 74.36± 2.63 | 7.892 | 0.05 |
| | | 58.26± 1.21 | 58.14± 1.15 | 0.625 | 0.05 |
| | | 66.89± 2.54 | 77.05± 2.41 | 6.419 | 0.05 |
| | | 57.19± 1.68 | 57.95± 1.41 | 0.145 | 0.05 |
| | | 61.25± 1.45 | 71.26± 1.58 | 6.546 | 0.05 |

2-1

3 结论

B A
P 0.05 2-2

2-2 $\bar{x} \pm s$

| | N | SAS | | SDS | |
|---|----|----------------|----------------|----------------|----------------|
| | | | | | |
| A | 30 | 67.43± 2.54 | 58.14± 5.56 | 73.24± 3.25 | 63.54± 5.14 |
| B | 30 | 67.23± 2.54 | 49.26± 5.75 | 73.62± 3.25 | 53.68± 5.15 |
| t | | 0.159 | 6.328 | 0.136 | 7.254 |
| P | | 0.05 | 0.05 | 0.05 | 0.05 |

B A B
SAS 49.18± 5.34 SDS 53.80± 5.32

A 58.83± 5.15 63.22± 5.42

B + B 93.33% 28

A 80% 24

B A

B A P 0.05
2-3

2-3 n %

| | n | | | | |
|----------|----|--------------|--------------|------------|--------------|
| A | 30 | 11 36.67% | 13 43.33% | 6 20% | 24 80% |
| B | 30 | 20 66.67% | 8 26.67% | 2 6.67% | 28 93.33% |
| χ^2 | | | | | 12.351 |
| P | | | | | 0.05 |

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