

急性心肌梗塞的急诊护理与观察体会

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【摘要】目的: 分析急性心肌梗塞的急诊护理与观察效果。方法: 选取 2021 年 07 月-2022 年 07 月本院 74 例急性心肌梗塞患者开展研究, 用随机数字表法平均分为对照组 37 例, 行常规护理, 观察组 37 例, 行急诊护理与观察, 比较两组护理效果。结果: 观察组的护理满意度和抢救成功率均明显高于对照组, 抢救失败率、致残率、不良事件发生率、手术时间、心电监护时间和分诊时间均明显低于对照组 ($P < 0.05$)。结论: 给予急性心肌梗塞患者急诊护理与观察能够显著提升急诊效果和效率, 预防不良事件, 帮助患者维护健康安全, 具有推广价值。

【关键词】: 急性心肌梗塞; 急诊护理; 护理满意度; 不良事件; 分诊时间

Emergency Nursing and Observation of Acute Myocardial Infarction

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Abstract: Objective: To analyze the emergency nursing and observation effect of acute myocardial infarction. Methods: From July 2021 to July 2022, 74 patients with acute myocardial infarction in our hospital were selected to carry out the study. They were divided into control group (37 cases) by random number table, and received routine nursing care. The observation group (37 cases) received emergency nursing care and observation. The nursing effects of the two groups were compared. Results: The nursing satisfaction and rescue success rate of the observation group were significantly higher than those of the control group, and the rescue failure rate, disability rate, adverse event rate, operation time, ECG monitoring time and triage time were significantly lower than those of the control group ($P < 0.05$). Conclusion: Emergency nursing and observation for patients with acute myocardial infarction can significantly improve the effect and efficiency of emergency care, prevent adverse events, and help patients maintain health and safety.

Keywords: Acute myocardial infarction; Emergency care; Nursing satisfaction; Adverse events; Triage time

37	19	18	43-79
58.76±	5.13		P 0.05

[1]

1.2

[2]

1.2.1

1 资料和方法

1.1

2021	07	-2022	07	74
				37
20	17	42-78		58.18± 5.89

90mmHg

1.2.2

1.2.6

1.2.3

1.2.7

1.3

95%

$$\frac{60-80}{[3]} \times 100\% = \frac{60}{[4]} + 80$$

1.2.4

$$= \frac{60}{[4]} \times 100\% + 80$$

1.4

SPSS23.0 $\bar{x} \pm s$ %
t χ^2 P 0.05

2 结果

7
21

7

21

1.2.5

P 0.05 1

1 [n($\bar{x} \pm s$)]

		min	min	min
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	37	51.22± 4.57	4.42± 0.52	0.40± 0.12
	37	106.36± 4.64	6.52± 1.24	2.31± 0.21
t	/	73.810	13.615	68.843
P	/	0.000	0.000	0.000

1

22

P 0.05

2

	37	31	5	1	97.30
	37	17	12	8	78.38
χ^2	/	/	/	/	6.198
P	/	/	/	/	0.013

23

P 0.05

3

	37	36 97.30	1 2.70	0 0.00
	37	29 78.38	8 21.62	6 16.22
χ^2	/	6.198	6.198	6.529
P	/	0.013	0.013	0.011

24

P 0.05

4

	37	0	1	1	5.41
	37	2	4	4	27.03
χ^2	/	/	/	/	6.366
P	/	/	/	/	0.012

3 讨论

回

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