

手术护士的有效配合在提高单髁置换手术成功率中的作用

张瑞梅 谢世来 冯梦莹

梧州市中医医院 广西 梧州 543002

【摘要】目的: 探究手术护士的有效配合在提高单髁置换手术成功率中的作用。方法: 选取本院近一年(2021.01-2021.12)入院进行单髁置换手术治疗的病患, 随机分组进行实验观察与研究。其中一组为 A 组, 进行手术室常规配合护理并记录、观察结果; 另一组为 B 组, 进行手术室强化配合护理, 对实验结果观察记录并报告。结果: 在无客观因素影响的前提下, B 组病患的术中出血量 (168.34 ± 18.43) ml、术后并发症 (共计 1 例、发生率为 2.50%) 以及手术时间 (98.14 ± 4.24) min 均低于 A 组的 (209.44 ± 25.34) ml、(7 例、17.50%)、(129.25 ± 5.32) min, 且 B 组病患术后膝关节的功能恢复优良病例数 (38 例, 占比为 95.00%) 高于 A 组的 33 例、82.50%; 而满意度方面, B 组病患以及手术医师对于手术护理的满意度分别为 95.00% 与 100%, 此项数据也均高于 A 组的 85.00% 和 92.50%。从各项实验观察数据结果上来看, B 组均优于 A 组。结论: 手术护士的有效配合能够显著提高单髁置换手术的成功率, 对于病患的手术效果更有利, 且病患和手术医师对于手术的满意度均明显上升, 此法效果显著有效, 值得推广。

【关键词】: 手术护士; 手术配合; 单髁置换手术

The Role of Effective Cooperation of Surgical Nurses in Improving the Success Rate of Single Condylar Replacement

Ruimei Zhang Shilai Xie Mengying Feng

Wuzhou Hospital of Traditional Chinese Medicine Guangxi Wuzhou 543002

Abstract: Objective: To explore the role of effective cooperation of operating nurses in improving the success rate of single condyle replacement. Methods: The patients admitted to our hospital for one year (2021.01-2021.12) for single condylar replacement surgery were randomly divided into experimental observation and study. One group was group A, which received routine cooperative nursing care in the operating room and recorded and observed the results; The other group was group B, receiving intensive cooperative nursing care in the operating room, and the experimental results were observed, recorded and reported. Results: Without the influence of objective factors, the amount of intraoperative bleeding (168.34 ± 18.43) ml, postoperative complications (1 case in total, the incidence rate is 2.50%), and the operation time (98.14 ± 4.24) min in group B were lower than those in group A (209.44 ± 25.34) ml, (7 cases, 17.50%), and (129.25 ± 5.32) min, and the number of patients in group B with excellent knee function recovery (38 cases, accounting for 95.00%) was higher than those in group A (33 cases, 82.50%); In terms of satisfaction, patients in Group B and surgeons were 95.00% and 100% satisfied with surgical care, respectively, which was also higher than 85.00% and 92.50% in Group A. From the results of various experimental observation data, group B is better than group A. Conclusion: The effective cooperation of the operating nurses can significantly improve the success rate of the single condyle replacement surgery, which is more beneficial to the patients' surgical effect, and the patients' and surgeons' satisfaction with the surgery is significantly increased. This method is significantly effective and worth promoting.

Keywords: Surgical nurse; Surgical cooperation; Single condyle replacement surgery

[1]

[2]

[3]

1 资料和方法

1.1

80

2021.01- 2021.12

80

1- 1

| | | n | | $\bar{x} \pm s$ | | |
|------|--|-------------|----|-----------------|----|------|
| 1- 1 | | A | 40 | B | 40 | P |
| | | 22 | | 23 | | 0.05 |
| | | 18 | | 17 | | |
| | | 56 | | 55 | | 0.05 |
| | | 75 | | 73 | | |
| | | 67.32± 6.23 | | 67.23± 6.11 | | |
| | | 5 | | 5.5 | | 0.05 |
| | | 14.5 | | 15 | | |
| | | 10.43± 2.01 | | 10.51± 2.02 | | |
| | | 21 | | 22 | | 0.05 |
| | | 19 | | 18 | | |
| | | 13 | | 13 | | 0.05 |
| | | 12 | | 11 | | |
| | | 15 | | 16 | | |

P 0.05

1.2

1.2.1 A

[3]

1.2.2 B

60

200

| | | | | | |
|-----|--|-------|-------|-------|-------|
| t/k | | 6.234 | 8.346 | 5.852 | 4.264 |
| P | | 0.05 | 0.05 | 0.05 | 0.05 |

2.2

B

2-2

2-2

n %

| | N | | | | |
|----------|----|--------------|--------------|-------------|--------------|
| A | 40 | 20 50.00% | 13 32.50% | 6 15.00% | 34 85.00% |
| B | 40 | 28 70.00% | 11 27.50% | 2 5.00% | 39 95.00% |
| χ^2 | | | | | 4.264 |
| P | | | | | 0.05 |

2.3

B

2-3

2-3

n %

| | N | | | | |
|----------|----|--------------|--------------|------------|--------------|
| A | 40 | 21 52.50% | 16 40.00% | 3 7.50% | 37 92.50% |
| B | 40 | 28 70.00% | 12 30.00% | 0 0% | 40 100% |
| χ^2 | | | | | 8.345 |
| P | | | | | 0.05 |

3 结论

B

168.34± 18.43 ml

1

2.50%

98.14± 4.24 min

A

209.44± 25.34 ml

7 17.50%

129.25±

5.32 min

95.00%

B

95.00%

100%

A 33 82.50%

A 85.00%

B 92.50%

A

1.3

SPSS19.0

2 结果

2.1

B

A

B

A

B

2-1

2-1

$\bar{x} \pm s$ n

| | N | ml | min | | |
|---|----|------------------|-----------------|----------|--------------|
| A | 40 | 209.44± 25.34 | 129.25± 5.32 | 7 17.50% | 33 82.50% |
| B | 40 | 168.34± 18.43 | 98.14± 4.24 | 1 2.50% | 38 95.00% |

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