

# 视觉训练结合对于弱视儿童治疗依从性影响

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**【摘要】**：目的：探察规范化的视觉训练结合对于弱视儿童治疗依从性及视功能的影响。方法：在我院就诊的弱势儿童患者中选取 100 例，入选时间：2021 年 6 月-2022 年 6 月，随机分为两组，每组 50 例，将常规干预手段给予对照组，观察组行规范化护理+视觉训练，观察组间视功能，对比组间依从性。结果：观察组按规定遮蔽、按要求锻炼、坚持戴镜、科学用眼依从性较对照组高，弱视轻度、中度、重度情况较对照组优 ( $P<0.05$ )。结论：弱视儿童接受规范化护理+视觉训练可提高治疗依从性，显著改善视功能，价值显著。

**【关键词】**：规范化护理；弱视；视觉训练；视功能；依从性

## Observation on the Effect of Standardized Visual Training Combined with Treatment Compliance and Visual Function of Amblyopic Children

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**Abstract:** Objective: To explore the effect of standardized visual training on the treatment compliance and visual function of amblyopic children. Methods: 100 vulnerable children were selected from our hospital. The selected time was from June 2021 to June 2022. They were randomly divided into two groups, 50 patients in each group. Routine intervention methods were given to the control group. The observation group received standardized nursing+visual training, and the visual function and compliance between the groups were observed. Results: The compliance of the observation group with prescribed shielding, exercise, wearing glasses and scientific eye use was higher than that of the control group, and the mild, moderate and severe amblyopia was better than that of the control group ( $P<0.05$ ). Conclusion: Amblyopic children receiving standardized nursing+visual training can improve treatment compliance, significantly improve visual function, and has significant value.

**Keywords:** Standardized nursing; Amblyopia; Visual training; Visual function; Compliance

27 16 7  
P 0.05

[1] 0.8 3-9

[2] 100 21mmHg  
+

1 资料与方法 1.2

1.1

2021 6 2022 6 100 50 1.21  
27 23 3-8 2.56± 2.17  
28 19 3  
30 20 3-8 2.47± 2.24

3 3:1 3d 2  
2 4-5 5.1 0.8-0.6  
5d 4 6-9 0.5-0.2 0.15  
6:1 6d 8  
9 3 1.4  
SPSS 24.0 X<sup>2</sup> %  
t  $\bar{x} \pm s$  P 0.05  
2

## 2 结果

2.1

	49	98.0%	45	90.0%	47
94.0%	49	98.0%	30	60.0%	31
62.0%	30	60.0%	32	64.0%	

X<sup>2</sup>=12.011,12.472 12.366,16.444 P 0.05

2.2

				17
34.0%	24	48.0%	9	18.0%
70.0%	14	28.0%	1	2.0%

X<sup>2</sup>=12.014,12.690 12.614 P 0.05

## 3 讨论

[5] 3

4  
20min

[8]

[9]

5

6

A C

[6]

1.3

1

[10-11]

[7]

