

心理护理在肛肠疾病手术患者中的应用效果分析

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【摘要】:目的: 分析探讨心理护理在肛肠疾病手术患者中的应用效果。方法: 选取我院 2019 年-2022 年接收治疗肛肠疾病手术患者 820 例为观察对象, 随机将其分为观察组与对照组, 其中对照组采用常规护理, 观察组采用心理护理, 将两组护理前后的负面情绪评分与护理后疼痛情况、患者满意度进行比较。结果: 护理后观察组负面情绪评分均低于对照组, 数据对比差异有统计学意义 ($P < 0.05$); 观察组患者的疼痛度低于对照组, 数据对比差异有统计学意义 ($P < 0.05$); 观察组对于护理的满意度高于对照组, 数据对比差异有统计学意义 ($P < 0.05$)。结论: 心理护理在肛肠疾病手术患者中有重要应用效果, 能有效改善负面情绪, 降低疼痛度, 提高满意度, 值得推广与应用于临床护理中。

【关键词】: 心理护理; 肛肠疾病手术; 应用效果

Analysis of the Effect of Psychological Nursing in Patients with Anorectal Diseases Undergoing Operation

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Abstract: Objective: To analyze and discuss the application effect of psychological nursing in patients with anorectal diseases undergoing surgery. Methods: 820 patients with anorectal diseases who received surgical treatment in our hospital from 2019 to 2022 were selected as the observation objects. They were randomly divided into the observation group and the control group. The control group used routine nursing, and the observation group used psychological nursing. The negative emotion scores before and after nursing were compared with the pain situation after nursing and patient satisfaction. Results: The scores of negative emotions in the observation group were lower than those in the control group after nursing, and the difference was statistically significant ($P < 0.05$); The pain degree of the patients in the observation group was lower than that in the control group, and the difference was statistically significant ($P < 0.05$); The satisfaction of the observation group was higher than that of the control group, and the difference was statistically significant ($P < 0.05$). Conclusion: Psychological nursing has an important application effect in patients with anorectal diseases undergoing surgery. It can effectively improve negative emotions, reduce pain, and improve satisfaction. It is worth popularizing and applying in clinical nursing.

Keywords: Psychological nursing; Operation for anorectal diseases; Application effect

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[1]

1 资料及方法

1.1

2019 - 2022

820

[2]

191 35 -68 49± 4.14
 410 221 189 34 -69
 51± 5.34
 (P>0.05)

24 48

1.2
 1.2.1

8 12

1.2.2

1.3

HAMA HAMD

0-10 0 1-3 4-6
 7-10
 60 79- 80
 59

1.4

SPSS 20.0

± x ± s t
 % 2 P 0.05

2 结果

2.1

HAMA HAMD 29.02± 3.01
 25.67± 3.58 HAMA HAMD
 28.96± 2.95 25.98± 3.62 P 0.05
 HAMA HAMD 9.26±
 2.18 10.49± 1.06 HAMA HAMD
 15.64± 3.65 17.03± 2.21

P 0.05

2.2

410
 193 196 21
 410 87 210
 113

P 0.05
2.3
410
269 121 20
95.1% 410
87 213 110 73.2%
P
0.05
3 讨论

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