

肉芽肿性小叶性乳腺炎的临床病理观察

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【摘要】:目的: 分析不同分期肉芽肿性小叶性乳腺炎临床病理特点以及 CD4+/CD8+ 比值变化情况。方法: 选择医院 2020 年 1 月到 2022 年 1 月接收的肉芽肿性小叶性乳腺炎为研究对象, 共 60 例, 将其按照肉芽肿性小叶性乳腺炎临床特点进行分组, 分别为肿块期, 脓肿期以及溃后期, 各 20 例。将其进行病理诊断和病理特点观察, 观察组织学形态, 计算三组 CD4+、CD8+ 比值。**结果:** 肿块期, 脓肿期以及溃后期病理表现和超声表现均不同。三组 CD4+/CD8+ 表达存在明显差异, ($P < 0.05$) 为差异显著, 有统计学意义。溃后期 CD4+、CD8+ 表达最高。溃后期正常标准范围例数明显更少, ($P < 0.05$) 为差异显著, 有统计学意义。**结论:** 分析不同分期肉芽肿性小叶性乳腺炎的临床病理观察及 CD4+/CD8+ 比值的改变能够为肉芽肿性小叶性乳腺炎临床治疗提供参考依据, 能够提高治疗效果, 值得临床重视。

【关键词】: 肉芽肿性小叶性乳腺炎; CD4+/CD8+ 比值; 病理诊断; 病理观察

Clinicopathological Observation of Granulomatous Lobular Mastitis

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Abstract: Objective: To analyze the clinicopathological characteristics of granulomatous lobular mastitis in different stages and the change of CD4+/CD8+ ratio. Methods: A total of 60 patients with granulomatous lobular mastitis accepted by the hospital from January 2020 to January 2022 were selected as the study objects. They were divided into three groups according to the clinical characteristics of granulomatous lobular mastitis: mass stage, abscess stage and ulceration stage, 20 patients in each group. The pathological diagnosis and pathological characteristics were observed, the histological morphology was observed, and the CD4+/CD8+ ratio of the three groups was calculated. Results: Pathological and ultrasonic findings were different in mass stage, abscess stage and ulceration stage. The expressions of CD4+ and CD8+ in the three groups were significantly different ($P < 0.05$). The expression of CD4+ and CD8+ was the highest in the post ulceration period. The number of cases in the normal standard range in the late ulceration stage was significantly less ($P < 0.05$), which was statistically significant. Conclusion: Analyzing the clinicopathological observation of granulomatous lobular mastitis in different stages and the change of CD4+/CD8+ ratio can provide reference for clinical treatment of granulomatous lobular mastitis, and can improve the therapeutic effect, which is worthy of clinical attention.

Keywords: Granulomatous lobular mastitis; CD4+/CD8+ ratio; Pathological diagnosis; Pathological observation

CD4+/CD8+

1 资料与方法

1.1

	Kessler	2020	1	2022	1
1972				60	
(1)		20			
		20	40		CD4+/CD8+ 30.33± 2.33
	CD4+ CD8+	22	42		30.37± 2.46
CD4+/CD8+		44			30.40± 2.47
			P 0.05	60	33 55%

19 31.67%

8 13.33%

1.2				22		CD4+	CD8+
60		HE		CD4+/CD8+			
		CD4+		CD4+	23.66± 1.66 %	CD8+	21.33± 1.32 %
CD8+	CD4+/CD8+	60		CD4+	26.33± 1.33 %	CD8+	23.11± 1.44 %
	CD4+/CD8+			CD4+	29.78± 1.67 %	CD8+	26.12± 1.47 %
1.3				CD4+	t=3.201 p=0.022	CD8+	t=2.901 p=0.027
1							P 0.05
					CD4+	CD8+	20
2		CD4+	CD8+	1.5 13	1.5 25	7	25 0
	CD4+/CD8+	CD4+/CD8+	1.5 25	1.5 15	1.5 25	5	25 0
1.4				1.5 10	1.5 25	10	25 0
	SPSS20.0		t	1.5 25			P 0.05
	$\bar{x} \pm s$		2	1.5 25			P 0.05
%	P 0.05						P 0.05

2 结果

21

1

3 讨论

[2]

[3]

[4]

2

CD4 CD8
 CD8 T

P 0.05

T CD4 T

CD4
 CD8 CD8

CD8 CD8

CD4+ CD8+ CD4+/CD8+

CD4+/CD8+

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CD4+ CD8+ CD4+/CD8+
 CD4+ CD8+

P 0.05

CD4+ CD8+