

人性化护理在慢性胃炎患者中的作用

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【摘要】目的: 探究人性化护理在慢性胃炎患者中的作用效果。方法: 选取在 2019 年 1 月-2021 年 1 月本院收治的 73 例慢性胃炎患者, 随机分为观察组 37 例(人性化护理)、对照组 36 例(常规护理)。结果: 观察组临床症状、不良情绪、疼痛症状、疾病认知程度改善更明显 ($P < 0.05$)。结论: 人性化护理在慢性胃炎患者中的作用效果十分显著。

【关键词】: 人性化护理; 慢性胃炎; 作用效果

The Role of Humanistic Nursing in Patients with Chronic Gastritis

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Abstract: Objective: To explore the effect of humanistic nursing in patients with chronic gastritis. Methods: 73 patients with chronic gastritis admitted to our hospital from January 2019 to January 2021 were randomly divided into observation group (37 cases) (humanistic nursing) and control group (36 cases) (routine nursing). Results: The clinical symptoms, bad emotions, pain symptoms and disease cognition in the observation group were improved more significantly ($P < 0.05$). Conclusion: The effect of humanized nursing in patients with chronic gastritis is very significant.

Keywords: Humanized nursing; Chronic gastritis; Effect

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[1-2]

3

4

[3-4]

1 资料与方法

5

1.1

2019 1 - 2021 1 73
37 36
23 14 55.26± 6.13 20
16 55.87± 6.19
P 0.05

1.2

1

1.3

1

SAS SDS

[6]

3

[5]

2

VAS VRS

PPI

4

2 结果

2.1

1.4

P 0.05

1

SPSS22.0

1 $\bar{x} \pm s$

	37	1.39± 0.27	4.55± 0.39	1.33± 0.18	4.69± 0.41	1.28± 0.21	4.47± 0.39	1.63± 0.12	4.49± 0.22
	36	1.38± 0.24	3.27± 0.30	1.32± 0.20	3.11± 0.31	1.27± 0.19	3.12± 0.25	1.60± 0.21	3.55± 0.23
<i>t</i>		6.032	11.525	5.295	14.855	6.002	13.022	2.338	10.547
<i>p</i>		0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05

2.2 SAS SDS

P 0.05

2

2 SAS SDS $\bar{x} \pm s$

		SAS		SDS	
	37	59.84± 5.11	41.47± 4.16	60.18± 5.33	40.33± 4.12
	36	60.15± 5.47	50.14± 4.11	60.05± 5.29	50.39± 5.02
<i>t</i>		1.055	16.254	3.655	25.241
<i>P</i>		0.05	0.05	0.05	0.05

2.3 VAS VRS PPI

P 0.05

3

3 VAS VRS PPI $\bar{x} \pm s$

		VAS		VRS		PPI	
	37	5.84± 1.24	4.01± 1.01	35.18± 1.35	25.34± 1.02	4.64± 0.74	2.35± 0.36
	36	5.88± 1.25	4.74± 1.11	35.21± 1.64	28.39± 1.38	4.66± 0.59	3.52± 0.44
<i>t</i>		0.023	40.674	0.471	21.492	0.105	21.957
<i>P</i>		0.05	0.05	0.05	0.05	0.05	0.05

2.4

P 0.05

4

4 $\bar{x} \pm s$

	37	74.52± 5.68	90.11± 6.35	75.21 ± 4.57	91.66± 6.33	72.33± 5.16	92.65± 6.04	75.28± 5.17	91.58± 7.25
	36	74.65± 5.10	81.84± 5.67	74.96 ± 5.02	80.48± 6.58	71.98± 4.98	79.36± 5.99	75.48± 5.05	83.24± 6.95
<i>t</i>		0.142	8.128	0.308	10.245	0.408	13.071	0.231	6.948
<i>P</i>		0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05

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