

急性心肌梗死并发恶性心律失常的早期识别与急救护理

黄小芳

首都医科大学附属北京安贞医院心脏外科 北京 100029

【摘 要】:目的:分析过往急性心肌梗死并发恶性心律失常的患者临床资料,并对其早期识别方法以及急救护理内容进行整理与阐述。方法:随机从我院急性心肌梗死患者中抽选出 17 例并发恶性心律失常表现的患者进行研究,抽选时间 2019 年4 月~2020 年 11 月,对患者进行实施心电图检测操作,对检测得出结果进行研究与分析,识别患者恶性心律失常具体表现,并依据患者实际病情给予患者相应护理内容,最终将患者护理疗效表现进行观察与记录。结果:17 名患者均接受心电图检测操作,并对其心电图检测结果进行识别后实施相应护理措施,护理工作实施后患者疾病症状均得以改善,因此本次研究的护理总有效患者所占比例为 100%。结论:对急性心肌梗死患者实施心电图检测操作,研究与分析检测结果得出患者实际患病状况以及存在风险因素,据此对患者护理内容进行优化并对患者实施优化后护理内容,能够有效缓解患者疾病状况,全面保证患者健康。

【关键词】: 急救护理内容; 护理疗效; 恶性心律失常; 早期识别方法; 急性心肌梗死

Early Recognition and Emergency Care of Acute Myocardial Infarction Complicated with Malignant Arrhythmia

Xiaofang Huang

Department of Cardiac Surgery Beijing Anzhen Hospital Capital Medical University Beijing 100029

Abstract: Objective: To analyze the clinical data of patients with acute myocardial infarction complicated with malignant arrhythmia in the past, and to sort out and elaborate the early identification methods and emergency nursing contents. Methods: 17 cases of patients with malignant arrhythmia were randomly selected from patients with acute myocardial infarction in our hospital for research. The selected time was from April 2019 to November 2020. The patients were detected by ECG, and the results were studied and analyzed. The specific manifestations of malignant arrhythmia were identified, and the patients were given corresponding nursing according to their actual conditions Finally, the patients' nursing efficacy was observed and recorded. Results: All the 17 patients received ECG detection operation, and the corresponding nursing measures were implemented after the ECG detection results were identified. After the implementation of nursing work, the disease symptoms of the patients were improved, so the total effective proportion of patients in this study was 100%. Conclusion: The implementation of ECG detection operation in patients with acute myocardial infarction, research and analysis of the detection results, get the actual disease status and risk factors of patients, according to the optimization of patient care content and the implementation of optimized nursing content, can effectively alleviate the disease status of patients, and comprehensively ensure the health of patients.

Keywords: Emergency nursing content; Nursing effect; Malignant arrhythmia; Early identification method; Acute myocardial infarction

 彙墇她剓屗慸∃娀媲儩× 暬二□ピ傃匀kΩ俏¶↑↑

- 1 资料与方法
- 1.1 婦悚吗



1.2 阶噱

1.2.1 吹咟忱はい鳴

暨1際μθ墠偦尥勢屗↑ 憔疹刚怜媈偷┪ 儩× 兡揍呖 3~5 兡她勿墠■ Gy慸彐咤暚勿墠儩× 暬徥嘪勿墠■ Gy二咕慆┱ ┪ 傷地刚怜勿墠儩× 暬兢」 良侤傚勢屗她又伻処岌啂鳴夬夰彙境失堳←揓又伻処岌啂鳴夬夰彙境失堳慸彐ㄲ吡↑ 偳否勿墠儩× → 本暬勿墠■ Gy掹徥傚勢屗勢夰kA慸彐॥ 徼暬□ 来呼妧勢屗↑ 六悚吗暬兢怋挷勢屗; 崹悚吗⑵↑ 傚勢屗愥⊙慸彐ダ揖(山)偕啌哹儩× 暬的效懹で撣兾敻◆二咕刚刜処岌啂嗚彚境失堳她勢屗暬勿墠■ 猛徥【壨兠愫勿憎剓屗暬兢傚勢屗慸彐 18 傝屾処売仾啌嚭叡×↑的傚儲宲娧忴她刚刜処岌啂嗚勢屗暬勿墠■ Gy掹徥こ忬ナ旬」 (五六圖刻堳分暬椒nmkΩ姫へ墜勿墠■ Gy依公吀儩× 慸⇒) 供暬傊さデ噻勢屗愥⊙堳ル↑

暨2際処売仾忱△↑ 端扇忂暬 六峎侤慄慮傚剓屗啂 嗚懷♪她¶kℓ傚剓屗処凔侮兑二□冢智⑷仱慸彐ㄲ吡└忱 以↑ 俏哖剓屗啂嗚懹♪旬』 処岌ス侍←劺屗呖処岌亡侍暬儿 勢屗処凔侮兑彙墇侧俑┱ 击幡伻暬二□彙墇┱ 勢屗処偸搞↓ 療勢的性質學処倉侮免勢屗勢(□)偕→ 六! 婦傚ナ慸ヨ売舟倉 噤夔叡×↑ 俏哖剓屗啂嗚懹♪旬」処岌,侍←処岌nm侍暬儿 勢屗処凔侮兑彚墇侧侢┱ 寰劔伻暬傚嗔孌剓屗慸彐処壳仾啌 嚭兢娧忴剓屗処凔侮兑孌伻nm暬儿掹徥伉剓屗妒勿咟挽【壨 掃搞売哌-- 冱勢屗妒嚭儩× 暬【壨嗔孌妒嚭阶冟峎侤【澤(H) 勿■ Gv(下)呀ョ 徼に勢屗她愥ご堳ル暬▼ う勢屗媹恕夬介失堳 兢噻劂哹妧剓屗処壳仾妒嚭家哖暬扇垱復傒剓屗 S-T 嗯妒嚭 同鹵←Q-T 嗯妒嚭同鹵⑤ナゼルピ傃暬兢峎侤伉慆姰呀挽ピ ン娧で哑妒嚭同鹵澤工勢屗偳捴堳ル↑傚」刚刜処岌啂嗚勢 屗屚忂暬禹伉┆┪慆┱掦┪她処凔侮兑搏恕呀挽嗯暬仱嗔勿 墠■ Gy L 是 Cop L 搄捨勿墠ピ傃慸ヨ列展暬傹吹傚剓屗偳否妠关兟搄卿否暬捻 ♬ 勢屗処凔侮兑啿塺↑ 処岌啂嗚剓屗勿墠咟挽暬伉剓屗丅墇 処倉侮兑彙境ス♂丁境如关→ 六彙境保凌暬〕俏暺剓屗丁境 搏弝偷刜咟ㅈ叵尅彚墇嫽↑仱嗔冶剓屗勿墠咟挽丅墇妠关┱ 六彙墇堡凌呀暬掹徥嫐何厑(E)傚剓屗她デ噻兾暬兢唙卥剓屗 備捴介剠偳否妠关刚吀卿否暬kℓ呀kΩ姫┲ 噤⑴壦慸彐勾吀儩 × ↑

暨3際侵さデ噻勢屗夰剠やμ↑ 勿墠咟挽侵さデ噻勢屗 砒揹匸唅へ暬kℓ呀Ţ ц L 二供卅 嚦峎刊她勢屗侵冗傚怆暬怋 挷勢屗ナ劅姫堳ル兢冢傝剓屗怜丅崜愥勿墠掹嘪ピ傃↑ 俏哖 了妻伉噤夔咟挽丅墇咕愥⊡匉厨←峋捀¶ 憏←妲呥劅姫←鷈

1.2.2 勿墠吤噱

暨1際壨巡勿墠↑ 壯勿墠■ GyŢ 勢屗冔嫐 ┗ 咽揑峑慄憺暬 壯 勢屗掹徥挱呀挽卻掌壨巡勿墠儩× 暬Ţ 一傥媷玤搏同掹 徥傚勢屗【壨壽尥扚[4]↑ 憔匪: 咽揑峑慄憺傚勢屗慸彐兑循 巡堜宻 □ 叡× 暬心侠: 咽揑峑慄憺儿壨 □ 勢屗勷処凔噤夔儩× ↑ 勷処凔噤夔儩× 憔匨峌娲戡巡堜 150mg暬心侠へ憔災際 扉帷帜預均回暨循侵Ţ 5%際暬傡 ┗ 媇巡堜区埡妠关媝兯慸 司成尥叡× 暬呱宫慄慮揑峑卽噻她阶冟傚剓屗慸彐宻巡叡× ← 密巡咟挽勿墠■ Gy掹徥傊さデ噻剓屗愥 □ 堳ル暬兢傹扉憔匨 勢屗□ ピニ咕: 依冰刜 」 彍嬝慆子 ←冽分慆妟她揑峑慸彐揑 峑慄憺冔嫐叡× 暬巡堜宻 □ 咟挽噻劂傚巡堜宻 □ 幡兾慸彐卼 □ 暬兢伉宻巡咟挽傚剓屗妄岘堳分慸彐復傒暬俏哖宻巡咟挽 努屗揑峑媷☳懷♪妄岘丅墇安岨嫽¶ 嵑彚墇失堳暬勿墠■ Gy 猛徥嫐侚も嗒揑峑卽噻宻巡叡× 斡兢伉¶ 嵑彚墇失堳刱侜nm暬 へ暚憔匨ナ፱懷♪ 慸彐宻巡叡× ↑

暨2際売侜滄丆売掃搞勿墠↑俏哖剓屗処滄侮兑二□彙埠¶処偷刜処ഥ慮憣暬【【壨: 崎巡堜傚剓屗慸彐噤夔¶六夔叼彙墇慆儯暬仱嗔掹徥宻┗剓屗売侜凔叡×暬噤夔咟挽傡売侜凔她峎扉(□)挽慸彐怫后 L 卼□暬【ナ旬』100J~200J↑俏哖剓屗処滄侮兑二□彙埠¶吳峑刜処偷刜処ഥ慮憣暬兢」仿処ഥ慮憣咱挽慶二供処偷搞ഥ彙墇暬做偈崠剓屗処旹Ⅲ崀丁埠写兑暬【ナ卵礦Ⅲ崀ジ□捭娭暬仱嗔剓屗吳噱噪兑慸彐礦回凟墆Ⅲ崀暬傚嗔勿墠■Gy掹徥傚剓屗惴否売掃搞噤夔叡×暬叡×咟挽掹徥傡ナ峎扉(□)挽慸彐怫后 L 卼□暬【ナ旬』150J~200J暬兢【壨⑥㎝噸↑卤如デ仱兡宑悚吗呜婗暬治剓屗処偷搞ഥ丁埠㎜ L 卻對學夔儩×挽她呀挽嗷侈—1 乙扮暬鹁屗処偷搞ഥ丁埠㎜ L 卻對學夔儩×挽她呀挽嗷侈—1 乙扮暬鹁屗処偷搞ഥ丁埠㎜ Gy猛徥嫐侑宻 B 努屗如关刚仟卿否暬兢傹吹忱以勿墠咟挽傌伉峎侤傝崠剓屗処凔侮兑她仱學暬厑(E)勿墠夔叼[5]↑



2 结果

3 讨论

京 慰娀媲彙呉暬傚刚刜処岌啂嗚剓屗偳否処売仾啌嚭 叡× 暬娀媲 L 乙哑啌嚭家哖凙T剓屗偳捴剓夰堳ル▼ ①偶伉 搢掆仱學暬鹵嗔傚剓屗勿墠ピ傃慸ヨ☞ 井兢傚剓屗偳否☞ 中 nm勿墠ピ傃暬峎侤咕叼寰徼剓屗夬夰堳ル暬ダ揖こ忬剓屗ゃ 冄↑

参考文献:

[1] **∠**填個,log冷,敖個.拒徨刜勿墠伉刚刜処岌啂嗚兢恕

処滄侮兑剓屗┪ 她关壨叼哖乙哑[J].呴劕ゃ冄,2020,6(36):131 -132.

- [3] 摠凲蔃.24 傤呀ப分処売仾屾μθ NLR 傚刚刜処岌啂 鳴兢型判刜処滄侮兑她搄嚭• ヘ[J].噡㈜(Ξ)(Ξ)偕娀媲,2020,29 (22):4172-4174.
- [4] 恈蔃,咳。.刚刜処岌啂嗚兢恕剌刜処凔侮兑她吹咟 忱坛 L 刚吀勿墠娀媲[J].処売仾咭凲(売偄堏),2019,8(01):152-153
- [5] 嘷〒 嫚, 敐堅嗃. 刚刜処岌啂嗚兢智剌刜処滄侮兑她吹咟忱坛 L 刚吀勿墠[J]. 偳壨〒 六勿墠偕売偄咭凲, 2018, 3(13):19.