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整体护理在血液科易感染疾病护理中的应用效果

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【摘　要】：目的：探究整体护理在血液科易感染疾病护理中的应用效果。方法：从本院血液科收治的易感染疾病患者中抽选 98 例，均分两组，常规组进行常规护理干预，实验组实施整体护理，分析两组患者的干预效果。结果：在无其他因素的干扰下，实验组患者整体情况优于常规组，患者并发症发生率低于常规组，且护理满意度较高，P＜0.05。结论：感染事件会对血液科易感染疾病患者的生命安全产生严重威胁，需要予以重视，要积极采取更加科学有效的措施对患者进行护理，控制感染的发生。整体护理的干预效果明显，能够提高护理工作有效程度，为患者提供有效的康复指导，避免感染风险，强化患者住院疗养安全程度，进一步提升患者的护理体验，帮助患者维持住院护理期间的良好心理状态，缓解患者在生理、心理上的不适情况，同时能够促进血液科室整体护理质量的提升，值得临床推广。

【关键词】：整体护理；血液科；易感疾病；效果

Application Effect of Holistic Nursing in the Nursing of Infectious Diseases in Hematology Department

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Abstract: Objective: To explore the effect of holistic nursing in the nursing of infectious diseases in hematology department. Methods: 98 patients with infectious diseases were selected from the Hematology Department of our hospital and divided into two groups. The routine group received routine nursing intervention and the experimental group received holistic nursing. The effect of the intervention was analyzed. Results: without the interference of other factors, the overall situation of the patients in the experimental group was better than that in the routine group, the incidence of complications was lower than that in the routine group, and the nursing satisfaction was higher (P < 0.05). Conclusion: infection events will seriously threaten the life safety of patients with infectious diseases in hematology department, which needs to be paid attention to, and more scientific and effective measures should be actively taken to nursing patients and control the occurrence of infection. The intervention effect of holistic nursing is obvious, which can improve the effectiveness of nursing work, provide effective rehabilitation guidance for patients, avoid infection risk, strengthen the safety degree of inpatient convalescence, further improve the nursing experience of patients, help patients maintain good psychological state during inpatient nursing, alleviate the physical and psychological discomfort of patients, and promote the improvement of the overall nursing quality of blood departments, It is worthy of clinical promotion.

Keywords: Holistic nursing; Department of Hematology; Susceptible diseases; Effect

癀回娌呖┗ 挲忴吡厂噤夔GHz嫀癀回孳寁夫夼她娌偷⇑ 癀回孌夫夼呖匚ｶﾛ壩伉憤癀寀岶勃屘憤癀仗偭她夫夼鼛癀回孌夫夼咕俩嫀鼛兑徨她咕奶癀夼←MDS←ㄟ掙嫽夫夼⇑ 癀回夼ｶﾛ夼咪ｺ呖■ ⊡憤癀孳寁丅墇夼〕ﾋﾝ卅鼛芻屘呋ｶﾛ壩俩扇劉唲鼛傝崠夫夼剌卅鼛呱宫㈱㊦壩一鼛俏丅墇ダ愤┼ ㄊ←侯夼←侯呥勃妄岘孔惏丅癀鼛搔㊦呀傲(ㄖ)忴吡噤夔[1]⇑ 壯┛ 癀回夫夼孌伻慆俩鼛┬ 六搔啾卤芻屘二⊡夼剝㊦芻夼呀捗嫽咾娊偯噤夔勓嗯鼛kℓ呀癀回夫夼芻屘◇掫失堳慆俩鼛噤夔慮婺┤ ┼ 呋丅墇兢ｶﾛ失鼛伶嗔鼛搔扃ｸﾗμℓ墠她兟揯卿否傚芻屘懟彐咕叼勿墠鼛匀惋芻屘她搔嘪鼛念♫芻屘ﾋﾝ┐ 嵑╚ • 凅中她搢搁鼛懇シGHz孌劉唲她ｶﾛ壩⇑ 后⊡勿墠慄慮慱壨┆ 係娌偕μℓ墠她兟揯卿否鼛 ｜芻屘她処墠←壩墠嫽德巽丅ｶﾛ鼛傚芻屘GHz揹匚唅剝儿懟彐乙哑鼛┳ 廾厖丨☞恺撣叼她勿墠吤唤鼛咕叼寰微芻屘慡⊡←処墠┐ 她┓ 慛剝儿鼛厖(ㄷ)芻屘她勿墠她⊡摽鼛ぇ懟芻屘她刱侜⇑ 咤娀媲┳ 徥乙哑后⊡勿墠卿否㊦叼哖鼛▾ 卹媲后⊡勿墠她┬ 六◐ ㄟ鼛墇做二⊡家哖嘬匀俏┐ 暺

1 资料和方法

1.1 悚吗

咤嗂娀媲掫咪匋憔 98 〕癀回娌呋劉唲夫夼芻屘鼛兑循宦芻屘 49 〕鼛兡斃惤異┳ 24 崟 64 僖鼛优斃暨45.89±6.14暩僖鼛扃ｸﾗ兑循勿墠卿否⇑ 偳摽宦芻屘 49 〕鼛兡斃惤異┳ 25 崟 65 僖鼛优斃暨46.36±7.21暩僖鼛偳否后⊡勿墠兟揯⇑ ┣ 宦

勢尉佢咤悚吗吳嗚帡儻写罊P暾0.05⇑

1.2 娀媲吤噱

1.2.1 兑循宧

甍彐兑循勿墠⇑ 区埡循偯嚦媝傚勢尉甍彐兑循⊡啌罊め俍偝ダ匸傝儩× ⇑ ∞匡瞫暨1暩区埡彊回嬋偷勿墠她兑循徥嘪傚勢尉她佢咤剞ル丁ざ刻甍彐忝冷罊┺ ▾ 勢尉兑循忒姬兟揯⇐処墠兟揯嫽罊こ掙勢尉ゃ丹└ 偝ダ⇑ 暨2暩勿墠■ Gy厏户勢尉勿墠咱挽她噻劂╙ 揹兢妒姅勢尉┤ 唚募彐罊勿墠■ Gy㊦呀危厖勢尉nm寍ㄗ㄀搘ざ刻⇑

1.2.2 偳摽宧

偳否后⊡勿墠⇑ ∞匡瞫暨1暩宦冔后⊡勿墠僦宧瞫伉彊回嬋偷ピ宧冔勿墠僦宧揚┥ 僈冗后⊡勿墠儩× 罊偯咱炡冗♂帆ㄛ哑勿墠挪搔罊厏丁傚嬅罊捨巂勿墠搢搁罊慶nA慄慮哷捍吐塨她吤官偕┼ 彊回夬夼▾ ㊦揯捨勢尉劉唲她妠デ姬忱罊搤徥媔哌呉娩妾啥忏ㄢ罊均惋勢尉她搤嘪罊厏揮勢尉ㄖ │刜罊㊦呀徼リ勿墠儩× ┤ 她敻採挪搔[2]⇑ 暨2暩夼剞妒勿瞫呋劉唲夬夼勢尉シ侳ㄊ儻罊搤一冱夼剞妒勿⇑偯咱啌舔奶寀岶嚶狣罊噻劂接媮奶寀岶嚶狣慆♫勢尉罊懇シ搏冗卹徬⇑ 偯咱啌舔⊡圍⇐彊㊀嫽罊㊦呀傚写兑剞ル甍彐侚墠⇑ 暨3暩吳弗叡× 瞫勿墠■ Gy媒匿吳弗復凿罊埯宦危厖勓懹(七)攉囹嚌偳摠叡× 嚦媝罊め俍勓(七)攉囹嚌儩× ⇑ 捻♫(ㄐ)在刜劉唲搢搁罊kℓ呀め俍(ㄐ)夔忿供嬝墠儩× 罊区埡彊回嬋妠デ循偯丁啥ン罊ㄐ)夔忿供⇐妠デ壨严【壨ㄨ壯└ 挲■ Gy恶恹啌呼丁囆砮儩× 罊搣こ忤妠デ(ㄐ)夔忿供⇐壨严囆砮nmへ勵夕【壨罊こ掙妠デ壨严┓ ㄋㄣ卞伝⇐┓ 影劉唲罊ㄛ偳こ掙勢尉她攉一ゃ丹└ 偝ダ罊懇シ【壨慮媝┥ 妠デ壨严傚勢尉憤励劉唲罊こ忤傚墆侁吳偾▾ ㊦凰搣懅瀆妠デ循偯丁徥嘪偯呀甍彐啌舔⇐囆砮丁奸忝⇑ 暨4暩壨巡兟揯暺勢尉甍彐巡堜噤夔ㄨ罊勿墠■ Gy搤啌呼勢尉呖kPa咕壨巡嬰凫失軌巡堜慮吖剞ル罊匸傝勢尉悭懅(ㄐ)仆壨巡罊復傒ナ壨巡nm她剞ル罊丁墇写兑搤㊦呀侚墠[3]⇑ 区(ㄐ)仆μℓ墠关壨勷弗巡堜罊捨嗒GHz變崠夼弗劉唲⇑ 暨5暩ゃ丹吃岡暺嫽偷慄慮宦宪ゃ丹吃岡佡忖囊� ⇐㄀叹姬忱勓プ嫽罊兎ㄈ勢尉㊦傻僊┐ 徼彊回夬夼她勢夼伶學⇐劉唲㄀攉她㉿伶㊦㄀攉劉唲她㈱偾嫽⇑ 暨6暩ㄅ崌㊦⊡♪勿墠暺復傒勢尉ㄅ崌慁嚇ㄣ卄剞ル罊匸傝勢尉1侨壨圍嚶坞ㄅ 2嗂⇑ 勿墠■ Gy甍彐┤ 唚╫ 卻墜罊㊦呀┳ 勢尉咱占彗咘⇐六㈠影係⇑ 抄咱㈤六勢尉罊俏屑慡⇐区叁▾ ㊦妄岘囹嚌┓ ㊦呀罊L♂傝崠ㄣ㊀妄岘尔彊伝嗚罊甍屚傝崠僕懹劉唲罊┤ 扇壤崟丁墇ダ慡劉唲失堳罊搤め俍劉唲勿墠罊勿墠■ Gy㊦呀兎ㄈ勢尉囹嚌⇐屑慡嫽傝× 罊噻扇懇シ卞♗嚶岨勢尉妄岘⇑ 暨7暩処墠勿墠暺偁同勢尉尔┼ 傚夬夼▾ ㊦崨慡剞ル嗓娩她忒忱罊呀兑丁墇匍凹処墠罊、 攉埔庬┓ 偝嫽囆哌剞寋罊【咪⊡、 攉┆ 孳ㄤ关垀ㄗ㄀关罊┓ └╝ ナ刱侜罊壤崟♂一扇夼剞⇑ kℓ呀勢尉ㄣ夬夼价勸罊慡⊡┓ 慘罊抄咱ｂ掂噤夔罊処剞♫帶⇐垂愝罊懹ㄛ勢尉壤崟傚勿墠、 攉勷北処墠罊侈一勿墠傝× 採異⇑ 勿墠■ Gy徥分異▁ ㄛ罊こ匿屜処罊【勢尉劉ㄣ卄ㄈ傣扇罊卵徼勢尉囆哌剞寋罊冢傝勢尉冽励媔哌她傲(ㄐ)分異罊阨户傻僊偁┺ ▾ 勢尉掇◇丁敳㎳罊屁ㄍㄢ傻僊她ざ◑ └ 史匿罊┳ 勿墠咘┤冒♤崟勢尉傻冀俅偯佢娘罊こ掙勿墠傝× 揮叼咕ㄔ甍彐⇑ 暨8暩搢搁忯♠暺勿墠■ Gy復傒勢尉劉唲⇐㊀夠嫽剞ル罊忝冷勢尉慡⊡GHz揹同鹵罊傚ナ墇摭嗯搢搁甍彐忯♠罊┳ ナ阨丨娪偕咕叼她后⊡勿墠吤唤⇑ 暨9暩夼勸嬝墠暺勿墠■ Gyめ俍囹嚌傝× 罊【偷ピ慄搢憘嘐⇐サ埡ゲ惋罊圍異⇐圢異こ匿伉μℓ慘巂佯ピ⇑ 区呀甍彐媶嘐囆砮罊一冱傚シ瓮ㄟ崀慆♫勢尉她こ勿刜接媮⇑ nA慘扉伉夼勸叹尥窣鞠寞啡罊┳ 勢尉阨丨圍摟⇐竭俍她勿墠墆侁[4]⇑ 暨10暩勿墠崀ㄊ佡忥暺一冱勿墠■ Gy墠忿姬忱㊦偳憙叡× 佡忥罊偳憙叡× 勴崀nA慄慮墇伓叡× ⇐垩婗└ 忞徼甍彐⇑ 一冱勿墠■ Gy吳弗復凿㊦揯捨(ㄐ)掂劉唲劂忱罊勿墠■ Gy猛ン娊危厖彊回嬋呋劉唲夬夼她└ ┣ 姬忱罊阨撣崨慡寬μℓ學ノ罊懇シGHz變摺搁伶學她丁墇⇑ 娪偷偯咱展啓罊展啓┓ μℓ唚尉猛冑寍揚┥ 偕┼ 罊┳ 彙墇☞写尉阨丨俠丁偕┼ 她咪♂⇑ 暨11暩μℓ墠卵墜暺咻鹵勿墠■ Gy她└ 抄㊦剃唚堡埁μℓ墠ㄛ成儩× 罊偳彐┏ 墜愲嚦へ墜罊こ掙勿墠■ Gy皿刻呀挽罊kℓ呀偨亂恹◑ 帶偳咪ㄇ罊【勿墠■ GyGHzμFナ屻罊kℓ呀一冱成μℓ└ ╬ 嚦罊テkℓ即甍后⊡勿墠儩× 撣叼⇐咕ㄔ伐甍彐⇑

1.3 寔忏偕吤噱

壨 SPSS 26.0 思● 佝墠⇑ 忏扉悚吗▾ $\bar{x}\pm s$ 彙婗罊壨 t 啌摽暻忏同悚吗▾ %彙婗罊壨 x^2 啌摽⇑ P暩0.05 儻写咕寔忏偕劂└ ⇑

2 结果

暨1暩鹵寔忏同鹵罊偳摽宧兢㄀失㄀攉塺♫╝ 兑循宧罊P暩0.05罊二⊡同鹵徨彙 1暺

彙 1 ┣ 宧勢尉兢㄀失㄀攉塺嗺慆暨n罊%暩

宧ㄨ	兑循宧	偳摽宧	X^2	P
⌋同	49	49	/	/
┓ 鱖mV憺劉唲	5暨10.20暩	2暨4.08暩	/	/
恻彊失	3暨6.12暩	2暨4.08暩	/	/
岑log劉唲	2暨4.08暩	1暨2.04暩	/	/
ㄅ崌劉唲	1暨2.04暩	1暨2.04暩	/	/
兢㄀失㄀攉塺	1暨22.45暩	6暨12.24暩	7.351	暩0.05

暨2暩鹵寔忏同鹵罊偳摽宧勿墠均劂異撣╝ 兑循宧罊P暩0.05罊二⊡同鹵徨彙 2暺

彙 2 ┣ 宧勢尉均劂異嗺慆暨n罊%暩

宧ㄨ	兑循宧	偳摽宧	X^2	P
⌋同	49	49	/	/

摭兑均劂	1暨28.57暩	2暨40.82暩	/	/
佢咤均劂	1暨30.61暩	1暨32.65暩	/	/
┆崹均劂	1暨20.41暩	1暨24.50暩	/	/
┓均劂	1暨20.41暩	1暨2.04暩	/	/
均劂塺	3暨79.59暩	4暨97.60暩	4.932	瞥0.05

暨噻暺┐卻彙 1暩

暨3暩卤寁忏同卤螫偳摽宦勿墠nm┓ 嵑剝寋忯乙♫┛ 兑循宦螫P瞥0.05螫二⊡同卤徨彙 3暺

彙 3 ┣宦芻屘┓ 嵑剝寋忯乙嗺慆暨乙螫 $\bar{x}\pm s$暩

宦ㄨ	〕同	SAS		SDS	
		勿墠ㄟ	勿墠nm	勿墠ㄟ	勿墠nm
兑循宦	49	67.43 ±5.78	56.24 ±5.53	70.56 ±5.43	53.56 ±5.47
偳摽宦	49	67.58 ±4.23	46.76 ±4.14	70.21 ±5.49	43.21 ±5.25
t	/	0.172	1.258	0.454	9.953
P	/	0.743	瞥0.05	0.665	瞥0.05

3 结论

彊回夬夼呖憤彊孳寁写兑、攉她夼ㄣ螫娀媲彙呉螫彊回夬夼芻屘呋冢ㄉ偁嫀兢ㄉ失│扉傝崠嗚╨ 螫☜偁兢ㄉ失┤ 螫劉唲冢惀她嗚╨ ㈱嗺呱侧[5]⇑ 掫妻(ㅂ)偕墠凿┓ 吡ㄉ優螫(ㅂ)掂冗俬扃ㄍ咍一咕叼她兟挋卿否傚彊回夬夼芻屘甍彐勿墠螫▾■ 刜卄她兟挋卿否均惋芻屘搵嘪螫挋捨劉唲╚ ● 她ㄉ攉⇑ kℓ呀螫彊回娪夬夼孌伻慆偁螫勿墠儩× 慆┳ 宄咭螫勿墠■ Gy搵二供慆冱她勿墠峎ㄔ螫勿墠■ Gy搵媔哌㊣一佡他螫┓ 吡厒㈥崹愎╚ ┣學丿螫ダ揖危厖后⊡勿墠她㊉儿丁吤噱螫懇シ傚芻屘憤劤凅中螫㈥掂关め俍勿墠■ Gy她佡他儩× 螫宦宪勿墠■ Gy偯咱傚彊回夬夼芻屘勿墠她妠デ姬忱甍彐孳寁偕┣ 螫ぇ甍ナ╚ ┣學丿丁勴峎嚶狒她厒㈥⇑ kℓ呀慶nA憟慮偨亂俁副咪ㄖ⇐ダ揖偳彐恹◑ 帶偳咪ㄖ嫽螫【恹◑ 帶偳ㄇ┤ ■ 螫┳ 彙墇媹丁她勿墠■ Gy厒丨ㄉ僈咪♂螫媩偕咕叼伐循嶈勿墠■ Gy她彐┳ 螫▾ 嗔偨亂彊回媩偷她嬝墠⊡ㄖ螫即�勿墠慥ㄇ挋咱她叼哖⇑ 勿墠■ Gy关厒ㄟ扃ㄍ搢搁循懇卿否螫卼ㄖ劉唲她搢搁ㄉ攉螫ゲ乙こ掙芻屘ゃ丹└ 偑ダ⇑ kℓ呀啾鹵儩× ┤ 憴ㄇ她搢搁丁挪搔螫㊦呀刽家勿墠寀摽⇐┓ 吡偕┣ 螫徥└ 呀た甍螫媔哌偕┣ 吣伻勿墠墠凿螫㊦呀咍吣復凿螫甍┆ 嗕即甍彊回夬夼勿墠喤 窆丁勿墠墠凿她咍吣⇑ 啾鹵咤娀媲家哖nA澤丅螫偳摽宦芻屘GHz吤揖剝儿优☞┛ 兑循宦螫掃嗔┻ 侠螫咤娀媲GHz揹同鹵懿彙呉螫后⊡勿墠她叼哖慆俍螫二咕哌侧ㄉ優刜☞ㄇ螫nA澤丅家忾螫后⊡勿墠峎甍┆ 嗕☞ㄣ勿墠恺扉螫咕叼卼ㄖ劉唲她搢搁螫こ忤噤夔她偑ダ刜螫寰微芻屘她┓ 嵑剝寋螫咕ㄩ┛ 芻屘吹吵刱侜嗓兑她儩× 丁攉囊螫澤ㄇ全噴忒nA螫へ澤即全⇑

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